

## CURRICULUM VITA

**Celeste St. John-Larkin, M.D.**

Date CV Prepared: July 2023

### **1. Personal History**

Name: Celeste St. John-Larkin, M.D.

Current Position: Assistant Professor  
University of Colorado School of Medicine (UC SOM)

The Anschutz Chair in Perinatal Mental Health and  
Medical Director of the Healthy Expectations Perinatal  
Mental Health Program at Children's Hospital Colorado

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### **2. Education**

1994 – 1998 **Northwestern University**  
B.A., History

**University of Munich**  
Junior Year in Munich Study Abroad Program (1996-1997)

1998 – 2002 **Michigan State University College of Human Medicine**  
(MSU-CHM)  
M.D. - Alpha Omega Alpha Honors Medical Society  
Rural Physician Program, Upper Peninsula Campus (Years 3-4)

**SMS Medical College**  
Jaipur, India (April 2002)  
International elective in Pediatric Infectious Diseases

2002 – 2003 **University of Colorado School of Medicine**  
Internship in Community Medicine/Psychiatry

2003 – 2005 **University of Colorado School of Medicine**  
Residency in Adult Psychiatry

2005 – 2007      **University of Colorado School of Medicine**  
Child and Adolescent Psychiatry Fellowship,  
Chief Resident, 2006-2007

### **3. Academic Appointments**

2008 – 2014      Senior Instructor in Child and Adolescent Psychiatry and  
University of Colorado SOM

2014 – Present      Assistant Professor in Child and Adolescent Psychiatry,  
University of Colorado SOM

2015- Present      Assistant Professor in Obstetrics and Gynecology, University of  
Colorado SOM

### **4. Professional Positions**

2005 – 2006      Psychiatric Emergency Service Attending Physician,  
Moonlighting Position, Denver Health Medical Center

2007 – 2008      Child, Adolescent and Adult Psychiatrist  
Outpatient Position in Community Mental Health  
Community Reach Center, Thornton, CO

2008 – Present      Attending Psychiatrist, Child and Adolescent Psychiatry, Pediatric  
Mental Health Institute (PMHI), Children's Hospital Colorado  
Intensive Psychiatric Services: 2008-2011  
Outpatient Clinic: 2011-Present  
CAPA (Child/Adolescent Psychiatry Access) Project 2012-2015

2010      Acting Medical Director, Intensive Psychiatric Services,  
Children's Hospital Colorado (CHCO)

2012 – 2013      Interim Medical Director, Healthy Expectations Program

2012 – Present      Consulting Psychiatrist, Project CLIMB (Consult Liaison in  
Mental Health and Behavior), Child Health Clinic (Pediatrics)

2014 – Present      Medical Director, Healthy Expectations Perinatal Mental Health  
Program, PMHI Ambulatory Division, CHCO

2015 – 2017      Attending Psychiatrist, PROMISE Clinic integrated mental health  
in OB and Midwifery clinics, University of Colorado Hospital

2019	Consultant, MyStrength, for development of parenting, pregnancy and postpartum mood and anxiety disorders online modules
2019 – 2020	Psychiatrist, Connections Program for High-Risk Infants and Families at Colorado Fetal Care Center, Maternal-Fetal Care Unit, NICU (CHCO)
2019 – Present	Colorado Pediatric Psychiatry Consultation and Access Program (CoPPCAP) – real-time phone or e-consultation to primary care practices
2022 – Present	Perinatal Psychiatrist, Women’s Behavioral Health and Wellness Service Line Clinical Services and Connections Program for High-Risk Infants and Families

## **5. Honors, Special Recognition & Awards**

1998	Doris J. Giddey Trust Scholarship
2000	Bernard H. Smookler, M.D. Endowed Scholarship
2001	Alpha Omega Alpha Honors Medical Society
2001	Loren O. Gettel Scholar in Rural Health
2001	Richard and Lenor Burson Memorial Scholarship
2002	Upper Peninsula Health Education Corporation Senior Student Award
2002	Wright Family Endowed Scholarship
2002	Sue Rex Award of Merit – top performing medical student at MSU-CHM
2003	American Academy of Child & Adolescent Psychiatry (AACAP) Outstanding General Psychiatry Resident Travel Grant Award
2005	AACAP Outstanding Child and Adolescent Psychiatry Resident Travel Grant Award
2006	Appointed Chief Resident, Child and Adolescent Psychiatry Fellowship
2006	AACAP Outstanding Child and Adolescent Psychiatry Resident Educational Outreach Award
2014	Named Anschutz Endowed Chair in Perinatal Mental Health, CHCO
2016	Women’s Leadership Training Awardee – Professional Development Program through CU SOM Office of Women in Medicine, Academy of Medical Educators, Center for Women’s Health Research

## **6. Membership and Service in Professional Organizations**

1998 – 2002 2022 – Present	American Medical Women’s Association (AMWA)
2002 – 2011	American Psychiatric Association & Colorado Psychiatric Society
2004 – Present	American Academy of Child and Adolescent Psychiatry (AACAP)
2005 – 2007	Resident Member, Native American Child Committee
2018 – Present	Adjunct member, Infant & Early Childhood Committee
2021 – Present	Colorado Rep. to the AACAP Assembly
2004 – Present	Colorado Child and Adolescent Psychiatric Society, (CCAPS)
2007-17; 2021+	Executive Board Member
2008	Junior Councilor
2009	Senior Councilor
2010-2017	Liaison to Colorado Chapter of the American Academy of Pediatrics
2012 – Present	Colorado Association for Infant Mental Health (COAIMH)
2017 – Present	Marcé Society of North America (MONA; formerly Perinatal Mental Health Society) + International Marcé Society
2018 – Present	Postpartum Support International (PSI)
2019 – Present	World Association for Infant Mental Health (WAIMH)
2019 – Present	Lifeline4Moms Network Member – Support for existing and emerging Perinatal Psychiatric Access Programs

## **7. Major Committee & Service Responsibilities**

### **Hospital Committees/Service**

2014 – 2021	Mental Health Family Advisory Committee, PMHI, CHCO 2014-2017: Founding member and Faculty Co-Chair
2021	PMHI Ambulatory Division EPIC BOOST Subject Matter Expert
2022 – Present	Diversity, Equity, and Inclusion Committee, PMHI, CHCO

### Departmental Committees/Service

2003 – 2004	Residency Psychotherapy Curriculum Committee
2003 – 2005	Psychiatry Residency Education Committee
2003 – 2005	Psychiatry Resident Night Call Committee
2004 – 2005	Psychiatry Residency Training Director Search Committee
2005 – 2007	Child and Adolescent Psychiatry Fellowship Education Committee
2019 – Present	Colorado Center for Women’s Behavioral Health and Wellness Leadership Team, Department of Psychiatry
2020 – 2021, 2023	Child and Adolescent Psychiatry Fellowship Recruitment Committee – revision of interview invitation and evaluation process re: unconscious bias and implement anti-racist practices
2020 – Present	Child and Adolescent Psychiatry Fellowship Program Evaluation Committee

### Service to Community

2005 – 2007	Sibling Multi-Family Support Group – developed curriculum and co-facilitated therapy group for siblings of children with cancer in Oncology Clinic at The Children’s Hospital; collaboration with The Leukemia and Lymphoma Society
2014 – 2016	Colorado Perinatal Mental Health Initiative, Steering Committee Member
2014 – 2020	Colorado Department of Public Health and Environment (CDPHE) Pregnancy Related Depression State Advisory Committee
2017 – 2020	Maternal Mental Health (MMH) Collaborative Leadership Steering Committee – contributed to Colorado Maternal Mental Health Framework <a href="http://www.coloradomaternalmentalhealth.org/">www.coloradomaternalmentalhealth.org/</a>
2018 – Present	Metro-Denver Perinatal Mental Health Action Network (PAN) – county public health departments, Medicaid organizations, community advocates, therapists, and health care providers.
2018 – 2022	Postpartum Support International (PSI) Perinatal Psychiatry Consultation Line Volunteer

2019 – 2020	Middle School Capstone Mentor, Mental Health Topics, Denver Language School, Denver Public Charter School
2019 – 2021	Healthy Expectations collaboration with the Carnegie Hall Lullaby Project at UC Boulder School of Music and Dept of Psychology
2019 – Present	PSI Postpartum Psychosis Taskforce
2020 – Present	Maternal Behavioral Health Policy and Financing Coalition coordinated by Colorado Perinatal Care Collaborative (CPCQC)
2023	Colorado Maternal Health Task Force – HRSA-funded State Maternal Health Innovation & Data Capacity Program grant

## 8. Licensure and Board Certification

2002 – 2005	Colorado Physician Training License
2005 – Present	State of Colorado Medical License
2008 – Present	Diplomate of the American Board of Psychiatry and Neurology Initial Board Certification in Adult Psychiatry, May 2008 Passed Recertification Exam, October 2018
2010 – Present	Board Certified in Child and Adolescent Psychiatry Completed Maintenance of Certification - 2022

## 9. Inventions, Intellectual Property and Patents – N/A

## 10. Review and Referee Work

2018	Judge for Poster Session at the Developmental Psychobiology Research Group (DPRG) Annual Conference: <i>From Identifying Pathways to Implementing Policy</i>
2019 – Present	Ad hoc Reviewer, Infant Mental Health Journal
2022 – Present	Ad hoc Reviewer, Archives of Women's Mental Health

## 11. Invited Extramural Lectures and Presentations

### Invited Lectures: National

March 2016	<b>Families as Allies - SAMSHA Systems of Care Grant Training</b> Jackson, Mississippi <i>Perinatal Mental Health Training – provided a two-day seminar.</i> St. John-Larkin, C. & Paul, J. J.
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- June 2016      **American Family Therapy Academy 38th Annual Meeting and Open Conference**, Denver, Colorado  
*Mother Infant Therapy Group for Postpartum Depression and Anxiety*. St. John-Larkin, C. & Paul, J. J.
- August 2016      **American Psychological Association 124<sup>th</sup> Annual Convention**  
Denver, Colorado  
*Turning Baby's Frown Upside-Down: Skills for Addressing Perinatal Mood and Anxiety Disorders Collaborating with Medical Providers to Treat PMADs* (invited follow up to 2015 symposium- see bibliography)  
Paul, J., St. John-Larkin, C., Lovell, J., & Ward-Zimmerman, B.
- October 2017      **Postpartum Support International (PSI) Certificate Training, Perinatal Mood and Anxiety Disorders: Components of Care**, Loveland, Colorado  
*Pharmacologic Treatment of Mood Disorders in Pregnancy, Postpartum and Lactation*. St. John-Larkin, C.
- August 2018      **Postpartum Support International (PSI) Certificate Training, Perinatal Mood and Anxiety Disorders: Components of Care**, Aurora, Colorado  
*Pharmacologic Treatment of Mood Disorders in Pregnancy, Postpartum, and Lactation*. St. John-Larkin, C.
- December 2020      **National Perinatal Association Annual Conference**  
Denver, Colorado  
*Healthy Expectations: Treating Perinatal Mood and Anxiety Disorders through an Infant Mental Health Lens*.  
St. John-Larkin, C. & Paul, J. J. (Co-Presenters)  
[www.youtube.com/watch?v=BfU19eK3D2U&feature=youtu.be](http://www.youtube.com/watch?v=BfU19eK3D2U&feature=youtu.be)
- May 2022      **Postpartum Psychosis Awareness Day**  
Lactation Panelist – live virtual webinar, lecture and discussion.  
*Intensive Mental Health Treatment Options in the Postpartum Period*. Wissmann, C., Reichenbacker, O., St. John-Larkin, C., Hafken, L. <https://pppawarenessday.org/event-videos/>

Invited Lectures: State/Regional

- October 2015      **38th Annual Joseph L. Butterfield Perinatal Conference, Children's Hospital Colorado**  
Ft. Collins, Colorado  
*Perinatal Mental Health: Bearing Hope for the Journey into Motherhood*. St. John-Larkin, C. & Paul, J. J.

- August 2017      **ECHO and Family Center Early Childhood Launch Together Grant**  
Canyon City, Colorado  
*Perinatal Mental Health: Mood and Anxiety Disorders During Pregnancy and Postpartum.* St. John-Larkin, C. & Paul, J. J.
- November 2019      **CCAPS Fall Meeting: Perinatal Mental Health and its Impact on Parent and Childhood Outcomes**  
Denver, Colorado  
*Mother-Infant Relationships in the Context of Perinatal Mood and Anxiety Disorders.* St. John-Larkin, C.

## 12. Teaching Record

### Course Director and Teaching Innovation

- 2011 – 2012      **Psychopharmacology - Child & Adolescent Psychiatry Fellowship**
- 2013 – Present      **Overview of Psychopathology & Psychopharmacology - Child & Adolescent Psychiatry Fellowship** – revised based on ACGME survey feedback in 2014. Co-director with G. Rajendran, MD
- 2017 – 2022      **The Healthy Expectations Community Professional Perinatal Mental Health Training Program, CHCO** – collaborated to develop and implement this 8-month clinical experience for licensed community therapists and psychiatrists in the Harris Infant MH training program
- 2021 – Present      **Perinatal and Infant Mental Health Elective, UC SOM** - developed a curriculum and clinical rotations in multiple clinic and hospital sites for 4<sup>th</sup> year medical students  
[Elective in Perinatal and Infant Mental Health CU Anschutz SOM](#)

### Grand Rounds and Faculty Lectures

- September 2010      **Department of Psychiatry Grand Rounds, UC SOM**  
*Adolescent Fratricide - Villain or Victim: Diagnostic, Cultural, and Sleep Pathology Considerations*  
St. John-Larkin, C., Lurie, S., Halbower, A. (Co-Presenters); Dolgan, J. and Wamboldt, M. (Discussants)
- May 2014      **Department of Psychiatry Grand Rounds, UC SOM**  
*A Tragedy of Postpartum Depression and Child Death: Presentation and Panel Response*  
St. John-Larkin, C. (Panelist); Martinez, R. (Discussant)



- February 2015      **Department of OB/GYN Grand Rounds, UC SOM**  
*Pregnancy Related Depression and Anxiety: Update on Diagnosis and Treatment*
- March 2015      **Colorado Institute for Maternal Fetal Health Grand Rounds, Children's Hospital Colorado/University of Colorado Health**  
*Pregnancy Related Depression and Anxiety in High-Risk Pregnancies*
- September 2017      **Pediatric Mental Health Institute (PMHI) Grand Rounds, CHCO**  
*Postpartum OCD: Making Meaning Through Music*  
St. John-Larkin, C. and Notareschi, L. (Co-Presenters)
- June 2019      **PMHI Grand Rounds with Children's Hospital MH Family Advisory Council and Youth Advisory Board Members**  
*Expanding the Conversation: Youth and Family Perspectives on Mental Wellness*  
St. John-Larkin, C., and family presenters
- September 2019      **Schwartz Center Rounds at Children's Hospital Colorado (and statewide via webinar to affiliated providers)**  
*Coping with Postpartum Depression*  
St. John-Larkin, C., Paul, J. J., & James-Banks, T. (Co-Presenters)
- April 2021      **Child Psychiatry Grand Rounds, PMHI, CHCO**  
*Supporting Maternal and Infant Well Being in African American Families: Addressing Racial Disparities in Perinatal Mental Health*  
Dardar, S., Paul, J. J., St. John-Larkin, C. (Co-Presenters)
- CME and Community Lectures
- May 2012      **CAPA (Child/Adolescent Psychiatry Access) Project**  
*Update on Medications for Child and Adolescent Depression.*  
Centennial Pediatrics
- February 2014      **Rocky Mountain Youth Clinics**  
*Pregnancy Related Depression: Engaging Mothers in Treatment for Postpartum Depression – Pediatricians & Integrated Clinicians*  
St. John-Larkin, C. & James-Banks, T. (Co-Presenters)
- September 2014      **Denver Early Childhood Council SEED Leadership Meeting**  
*Early Childhood Mental Health Services at Children's Hospital*  
St. John-Larkin, C. & Paul, J. J. (Co-Presenters)

- November 2015      **Colorado Doulas Association Conference, Colorado Institute for Maternal Fetal Health, CHCO**  
*Pregnancy Related Depression and the Healthy Expectations Perinatal Mental Health Program*  
St. John-Larkin, C. & Paul, J. (Co-Presenters)
- April 2016      **Perinatal Mental Health Consultation and Training with the Mental Health Center of Denver (MHCD) (2-day seminar)**  
*Perinatal Mental Health: Mood and Anxiety Disorders During Pregnancy and Postpartum*  
St. John-Larkin, C. & Paul, J. J. (Co-Presenters)
- Spring 2016      **Perinatal Mood and Anxiety Disorders: Screening and Treatment with the Healthy Expectations Perinatal Mental Health Program**, training for medical providers, integrated behavioral health clinicians and staff  
- Greenwood Pediatrics, Children's Medical Center
- September 2017      **Chamber Music America Artist in Residence at Children's Hospital Colorado** - Loretta Notareschi, PhD, Professor of Music at Regis University  
*Journeys in Maternal Mental Health: Meaning Through Music*  
Performances and panel discussions – at Regis University, Family Star Montessori School, and for patients with The Playground Music Ensemble: *String Quartet OCD* composed by Notareschi about her experience with postpartum OCD.  
St. John-Larkin, C., Paul, J.J., Notareschi, L. (Co-Presenters)
- February 2021      **Colorado HealthySteps® Learning Collaborative**  
*Healthy Expectations Program: Perinatal Mental Health and Mother-Infant Relationships*  
St. John-Larkin, C. & Harned-Adams, J. (Co-Presenters)
- April 2021      **Perinatal Mental Health ECHO Colorado (Extension for Community Health Outcomes)**  
*ADHD in the Perinatal Period*  
St. John-Larkin, C. (series led by Nagle-Yang, S., and Scott, S.)
- September 2021      **CoPPCAP Annual Learning Collaborative**  
*Maximizing your Impact: Best practices for Effective Collaboration with CoPPCAP*  
4 sessions throughout the one-day training program for PCP's  
Keller, D., St. John-Larkin, C., Peterson, J., Whistler, P.
- October 2021      **CPCQC Community Webinar: Maternal Mental Health: a critical component of maternal and infant health.** Nagle-Yang, S.,

Dempsey, A., Panelists: St. John-Larkin, C., Glaze, K., Ehmer, A., Warner, B.

2021 – Present      **CoPPCAP ECHO Pediatric Psychiatry in Primary Care: Core Essentials and Beyond/Above and Beyond Core Essentials**  
*Presenter for Depression, Anxiety or ADHD topics, and Panelist Developed Complex ADHD lecture materials.*  
Both ECHO series offered three times per year.

September 2022      **CoPPCAP Annual Learning Collaborative**  
*Assessment and Treatment of Mild to Moderate Depression Presenting in Youth in Primary Care*  
4 sessions given during the one-day training program for PCP's  
Kenny, J., Klott, A., St. John-Larkin, C., Keller, D.

April 2023      **Annual Rural Health Forum 2023, Colorado State Office of Rural Health**  
*Psychiatric Consultation to Address Youth Mental Health in Primary Care*  
Fritsch, S., Keller, D., St. John-Larkin, C.

#### Graduate/Medical School and Undergraduate Lectures

2015 – 2016      *Anxiety and Depression in Primary Care and Medication Treatment for ADHD*  
Monthly Lecture for Medical and Physician Assistant Students, and Family Practice and Pediatric Residents rotating in the Child Health Clinic

2016 – 2019      *Perinatal Mood and Anxiety Disorders and The Healthy Expectations Perinatal MH Program*  
Lecture to PMHI Summer Research Program (PURPLE) Undergraduate Students.

2010 – 2016      *Child and Adolescent Depression and Pediatric Mood Disorders*  
Annual Lecturer for General Psychiatry Residents in Child, Adolescent and Family Psychiatry Survey Course

2011– 2020      *Psychopharmacology and Psychosocial Treatment of Depression in Children and Adolescents*  
Overview of Psychopathology and Psychopharmacology Course for Child and Adolescent Psychiatry Fellows

2012 – 2015      *Transition to Practice Lecture – Child and Adolescent Psychiatry Fellows*

March 2014 & 2016	<i>Pediatric Mood Disorders: Diagnostic Dilemmas and Treatment Options</i> – Developmental-Behavioral Pediatric Fellows
April 2015	<i>Pregnancy Related Anxiety and Depression Seminar</i> – Psychiatric Mental Health Nurse Practitioner Students, UC School of Nursing
2017 – Present	<i>Perinatal Mood and Anxiety Disorders and Perinatal Psychopharmacology</i> - Two Lecture Series, First Year Child and Adolescent Psychiatry Fellows
2018 – Present	<i>Evaluation and Management of Anxiety and Depression in Primary Care</i> Monthly Lecture for Medical and Physician Assistant students, Family Practice and Pediatric Residents on Pediatric rotation in the Child Health Clinic
2020, 2022-23	<i>Psychopharm Treatment of Mental Health Disorders in Pregnancy, Postpartum and Young Children</i> - Harris Infant Mental Health Program Community-Based Fellows
April 2020	<i>Child and Adolescent Depression and Anxiety</i> Seminar for Child Health Advocate-Physician Assistant Students
2020 - 2023	<i>Impact of Perinatal Mood and Anxiety Disorders on Mother-Child Interaction and Perinatal Psychopharmacology</i> Two Lecture Series – Second Year Child Psychiatry Fellows, Infant Mental Health Seminar
May 2021	<i>Program Development: Healthy Expectations</i> Harris Infant Mental Health Program Psychology Post-Doctoral Fellows - Three-hour seminar with Paul, J., PhD
2021 – 2022	<i>Mother-Infant Attachment in Perinatal Mood and Anxiety Disorders</i> - WBHW Psychology Post-Doctoral Fellows
2021 – 2022	<i>Perinatal OCD</i> <i>Infertility and Mental Health</i> Women's Mental Health/Reproductive Psychiatry Series- General Psychiatry Residents
2021 – 2023	<i>Mother Infant Dyadic Treatments; Peripartum OCD</i> WBHW Reproductive Psychiatry Track Residents Interdisciplinary Course
2022	Mind and Behavior Small Group Facilitator, Cognitive Behavioral Therapy, First year medical students, CU SOM

- 2022 – Present      *Diagnosis, Psychopharm and Psychosocial Treatment of Depression in Children and Adolescents* - Two Lecture series with Schiel, M., MD, First Year Child and Adolescent Psychiatry Fellows
- 2023                      *CLIMB: Showcasing a Pediatric Integrated Care Model*  
Integrated Care Course, Third Year General Psychiatry Residents

Clinical Teaching and Supervision

- 2008 – 2011              Supervision of Child and Adolescent Psychiatry Residents in the Children's Hospital Mood and Psychotic Disorders Clinic
- 2008 – 2015              Supervision of PGY-II General Psychiatry Residents, Child and Adolescent Residents, and Medical Students on IS (inpatient and day treatment) at Children's Hospital Colorado
- 2011 – 2016,  
2019 – 2021              Individual and Therapy Supervisor for 1<sup>st</sup> year Child Psychiatry Fellows
- 2012 – Present              Project CLIMB - precepting and teaching PGY 1-3 general pediatric residents, medical and PA students in the Child Health Clinic
- 2014, 2018 – 2020      Foundations of Doctoring Preceptor for 3<sup>rd</sup> and 4<sup>th</sup> year medical students with interest in child/adolescent psychiatry and perinatal mental health
- 2014 – Present              Coordinator/Supervisor for Child and Adolescent Psychiatry Residents elective in Perinatal Mental Health
- 2015 – 2016              Preceptor for Nurse Practitioner students in Perinatal Mental Health and Child Psychiatry, UC School of Nursing
- Fall 2018                      Preceptor for advanced Nurse Practitioner student in Perinatal Mental Health
- 2018                          University of Colorado Denver - BA/BS-MD Program  
Preceptor for an undergraduate student from the CU Denver-Anschutz program for students accepted both degrees programs.
- 2018 – 2019              Project CLIMB – individual supervision and precepting with a Child and Adolescent Psychiatry Fellow

2018 – Present	Pediatric and Family Practice Residents – one on one teaching for an afternoon during their Peds clinic month, or with PGY3 residents during elective time
2019 – Present	Attending supervisor in weekly Outpatient Clinic, PMHI, CHCO, first year Child and Adolescent Psychiatry Fellows (5-7 per year)
2019 – 2021	Pediatric Residency Centennial Block (Mental Health and Development) Psychiatry Experience –Individual teaching for Peds Interns one-half day per week
2021 – Present	Supervisor for PGY2 General Psychiatry Residents in the Reproductive Psychiatry Track elective months
2022 – Present	Preceptor for 2 <sup>nd</sup> year medical student – Longitudinal Integrated Curriculum, Psychiatry Experience (10 months per student)
Jan – June 2022	Clinical Supervisor for Consult/Liaison Psychiatry Fellow, WBHW and Connections Program, CU SOM Psychiatry Clinics

#### Scholarly Project Mentorship for Medical Students and Residents

2018 – 2019	Judge for Mentored Scholarly Activity (MSA) poster sessions, UC SOM
2019 – 2021, 2023	Research Elective Supervisor - perinatal mental health 4 <sup>th</sup> year medical student, PGY2 residents, psychology trainees
2019-2021	MSA Program Mentor, UC SOM student: Rachel Martin Project Title: “Impact of the Mother-Infant Therapy Group (MITG) on Mental Health and Parenting Stress for Female Participants and their Partners.”

#### Teaching Experience During Residency

2002 – 2003	Supervisor/Preceptor for Medical Students on Internal Medicine, Neurology and Psychiatry, University of Colorado Hospital, Denver Health Medical Center and Denver Veterans Affairs Medical Center
2003 – 2007	Supervisor/Preceptor for Medical Students on Inpatient, Outpatient and Consult-Liaison services in Adult and Child and Adolescent Psychiatry, UCHSC and The Children’s Hospital, Denver
2005 – 2006	Supervisor for on-call PGY-I Residents in Inpatient and Emergency Psychiatry, Denver Health Medical Center

2006 – 2007                      Instructor for Inpatient PGY-II Residents in Child and Adolescent Psychiatry, The Children’s Hospital, Denver

### **13.     Fellowship and Grant Support**

2001 – 2002                      Co-Principal Investigator, Blue Cross Blue Shield of Michigan Foundation Grant Award, \$10,000, “PICCing Vancomycin: How Accurate are Drug Level Draws?” (a prospective, controlled study examining the accuracy of blood levels drawn through PICC lines versus peripheral venipuncture).

2014 – Present                      Anschutz Chair in Perinatal Mental Health – Endowed Chair Holder. \$2 Million endowment at Children’s Hospital Colorado Foundation. Annual disbursement of approximately \$100,000. Additional one-time donations of \$5000-10,000. Responsible for working with hospital and university department administrators for use of funds to cover non-billable services to support clinical care and programs on the Anschutz Medical Campus.

2019 – Present                      Received \$148,000 grant from Zoma Foundation to catalyze formation of a state-wide perinatal psychiatry consultation and access program (to be adapted from MCPAP for Moms model). Currently implementing perinatal services. PI: C. St. John-Larkin, MD

2021 – 2022                      Caring for Colorado - Healthy Beginnings Focus Area, \$40,000 to start Black Mama’s Circle: a free peer support group for mothers in the pregnancy and postpartum periods who identify as Black or African American. The group is facilitated by race concordant co-facilitators, a psychiatrist on the Healthy Expectations team, and community mentor mom. PI: Shaleah Dardar, MD, MSW.

### **14.     Bibliography**

Complete List of Published Works Available at My Bibliography:

[https://www.ncbi.nlm.nih.gov/myncbi/1nchtP6O\\_qw1fH/bibliography/public/](https://www.ncbi.nlm.nih.gov/myncbi/1nchtP6O_qw1fH/bibliography/public/)

#### Peer Reviewed Journal Articles

(\* denotes trainee or mentee)

1. Meden, T., **St John-Larkin, C.**, Hermes, D., & Sommerschild, S. (2002). MSJAMA. Relationship between travel distance and utilization of breast cancer treatment in rural northern Michigan. *JAMA*, 287(1), 111. PMID: 11754721  
<https://www.ncbi.nlm.nih.gov/pubmed/11754721>

2. **St John-Larkin, C.** and Allen, M.H. (2004). Bipolar disorder for the primary care physician. *Journal of Clinical Outcomes Management*, 11(9): 595-606.  
[https://www.researchgate.net/publication/288724252\\_Bipolar\\_disorder\\_for\\_the\\_primary\\_care\\_physician](https://www.researchgate.net/publication/288724252_Bipolar_disorder_for_the_primary_care_physician)
3. **St. John-Larkin, C.** (2014). Normal Child and Adolescent Development: A Psychodynamic Primer. *American Journal of Psychiatry*, 171(9), 1003–1004. Book Review. <https://doi.org/10.1176/appi.ajp.2014.14050623>
4. **St. John-Larkin, C.,** Paul, J. J., Ashby, B. (2015) Perinatal, Infancy and Early Childhood Mental Health, *Colorado Journal of Psychiatry and Psychology*, 1(1), 69-83. [www.ucdenver.edu/docs/librariesprovider45/default-document-library/cjppv1n1.pdf](http://www.ucdenver.edu/docs/librariesprovider45/default-document-library/cjppv1n1.pdf)
5. Ashby B., Ranadive N.,\* Alaniz V.,\* **St John-Larkin C,** Scott S. (2016) Implications of Comprehensive Mental Health Services Embedded in an Adolescent Obstetric Medical Home. *Maternal and Child Health Journal*. 20(6):1258-65.  
DOI:10.1007/s10995-016-1927-y <https://pubmed.ncbi.nlm.nih.gov/26961142/>
6. Bekman, S., **St. John-Larkin, C.,** Paul, J.J. *et al.* Update on Screening, Referring, and Treating the Behavioral, Social, and Mental Health Problems of Very Young Children. *Curr Treat Options Peds* **3**, 15–31 (2017).  
<https://doi.org/10.1007/s40746-017-0076-x>
7. Paul J.J., Dardar S., River L.M.,\* **St. John-Larkin C.** (2022). Telehealth adaptation of perinatal mental health mother–infant group programming for the COVID-19 pandemic. *Infant Mental Health Journal*, 43(1):85-99).  
<http://dx.doi.org/10.1002/imhj.21960>
8. Batt, M.M., Olsavsky, A.K., Dardar, S., **St. John-Larkin, C.,** Johnson, R.L, Sammel, M. (2022). Course of Illness and Treatment Updates for Bipolar Disorder in the Perinatal Period. *Curr Psychiatry Rep* **24**, 111–120.  
<https://doi.org/10.1007/s11920-022-01323-6>
9. Klatzkow, H.,\* Gitomer, S., **St. John-Larkin, C.,** Scholes, M.A. and Cooper, E. (2023). Prevalence of Postpartum Depression in Mothers Presenting to a Pediatric Otolaryngology Clinic. *The Laryngoscope*. <https://doi.org/10.1002/lary.30901>

#### Book Chapters

1. Givrad, S., Paul, J. J., Whitmann, C., Nadal-Vincens, M., **St. John-Larkin, C.** (2022). Parent-infant relationships in the perinatal setting: Basics of assessment and treatment for the perinatal psychiatrist. In L. A. Hutner, L. Catapano, S. Nagle-Yang, K. E. Williams, & L. M. Osborne (Eds). *Textbook of Women's Reproductive Mental Health*. United States: American Psychiatric Association. Publishing. ISBN 978-1-61537-306-2.



Scientific Abstracts Presented at Scientific Meetings

*International Presentations (competitive)*

1. Lovell, J., Paul, J., **St. John-Larkin, C.**, Ward-Zimmerman, B., et al. (2015). *Addressing Perinatal Mood and Anxiety Disorders: Diverse Roles for Psychologists*, Symposium, American Psychological Association Annual Convention, Toronto, Canada.
2. **St. John-Larkin, C.** (Chair), Paul, J.J., & Carter, D. (2020). *Exploring Perinatal Mood and Anxiety Disorders: Implications for Mother-Infant Relationships and Treatment Options*, Symposium, World Association for Infant Mental Health (WAIMH) 17th World Congress, Brisbane, Australia.

*National Presentations (competitive)*

1. Clark, R., Perfetti, J., Paul, J., **St. John-Larkin, C.** (2015). *From Efficacy to Effectiveness: Translation of the Mother-Infant Therapy Group to Clinical and Community Settings*, Symposium, 2nd Biennial Perinatal Mental Health Conference, Chicago, IL.
2. **St. John-Larkin, C.** (Chair), Mitsch, D., DelFabbro, A., Paul, J., Kelsay, K. (Discussant) (2016). *The Integrative Child and Adolescent Psychiatrist: Novel Models of Perinatal Mental Health Care to Improve Maternal–Infant Outcomes*. Clinical Perspective Symposium, AACAP 63rd Annual Meeting New York City.
  - Illinois Doc Assist: A Consultative Statewide Program for Perinatal Primary Care Providers
  - The University of New Mexico Journeys Clinic- an Integrated Care Approach to Addressing Maternal Mental Health Needs,
  - The Heart Program: Integrated Mental Health Care in an Adolescent Obstetric and Teen-Tot Medical Home
  - A Comprehensive Treatment Program for Perinatal Mood and Anxiety Disorders: Implementation of Mother-Infant Therapy Group (M-ITG)
3. **St. John-Larkin, C. (Chair)**, Paul, J., Dardar, S., Olsavsky, A., & Carter, D. (Discussant). (2018). *Exploring Perinatal Mood and Anxiety Disorders from Pregnancy through the Postpartum Period*, Clinical Case Conference, AACAP 65<sup>th</sup> Annual Meeting, Seattle, WA.
4. **St. John-Larkin, C.**, Paul, J., & Dardar, S. (2019). *Differentiating Postpartum Psychosis from OCD and Intrusive Thoughts*, Symposium, 32<sup>nd</sup> Annual Postpartum Support International (PSI) Conference, Portland, OR.
5. Burnett, H., **St. John-Larkin, C.**, Bunik, M., et al. (2020) *Workshop: Identifying and Treating Maternal Mental Health Conditions In Pediatric Primary Care: Novel Behavioral Health And Pediatric Partnerships*. Pediatric Academic Society (meeting canceled due to COVID).

*Posters*

1. Herndon, A.,\* **St. John-Larkin, C.**, Reaven, J., Hepburn, S. (2006) Obsessions and Compulsions as Reported by Parents of Children with Autism Spectrum Disorders. Presented by Herndon and Hepburn at the 5th International Meeting For Autism Research (IMFAR) Montreal, Canada.
2. Scott, S., Ashby, B., Snavely, A., **St. John-Larkin, C.**, Kabir, K. (2014) Trends in Mood Scores Among Adolescent and Adult Perinatal Populations Referred for Mental Health Treatment. Presented by Scott at the International Marcé Society Biennial Scientific Conference, Swansea University, Wales, UK.
3. Scott, S., Ashby, B., **St. John-Larkin, C.** (2015) Mental Health Screening in a Maternity Teen-Tot Clinic with Integrated Mental Health Services. Presented by all at the 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Northwestern University, Chicago, IL.
4. Scott, S., Ashby, B., **St. John-Larkin, C.** (2015) “One Is Enough” Decreasing Repeat Pregnancy Rates in Adolescent Mothers with Mental Health Symptoms. Presented by all at the 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Northwestern University, Chicago, IL.
5. Scott, S., Ashby, B., **St. John-Larkin, C.** (2016). One is Enough: Decreasing Repeat Pregnancy Rates in Adolescent Mothers with Mental Health Symptoms. Presented by Scott at The North American Society for Pediatric and Adolescent Gynecology (NASPAG) 30th Annual Clinical Research Meeting, Toronto, ON, Canada.
6. Ashby, B., Huguelet, T., **St. John-Larkin, C.** Scott, S., (2016) Mental Health Diagnoses Among Older Versus Younger Pregnant Teens. Presented by Dr. Scott at The North American Society for Psychosocial Obstetrics and Gynecology (NASPOG) Biennial Meeting, New York City.
7. Wolcott, C.,\* Evans, L.,\* **St. John-Larkin, C.**, Paul, J.J. (2017) Initial Access and Treatment Engagement in a Perinatal Mental Health Outpatient Program. Presented by Wolcott and Evans at the Building Better Babies Symposium, University of Colorado.
8. Paul, J.J. Dardar, S., **St. John-Larkin, C.** (2018) Mother Infant Relationships in the Context of Perinatal Mood and Anxiety Disorders. Presented by all at Zero To Three Annual Conference; Denver, CO.
9. Shiferaw T.,\* Ariefdjohan M., **St. John-Larkin C.**, Paul J.J. (2018). Evaluating the Impact of Mother-Infant Therapy Group (M-ITG) in Treating Postpartum Mood and Anxiety Disorders. Shiferaw presented at Colorado School of Public

Health Capstone Presentations, and UC SOM 10<sup>th</sup> Annual Women's Health Research Day.

10. Ariefdjohan, M., Holmberg, J., Edelblute, A., Asherin, R.,\* **St. John-Larkin, C.**, Paul, J. (2018). Dads Need Support Too!: Men's Perspectives on Intervention for Perinatal Mood and Anxiety Disorders. Presented by Paul, St. John-Larkin and Ariefdjohan at AACAP 65<sup>th</sup> Annual Meeting. Seattle, WA.
11. Soniak, M.,\* Davis, T.,\* **St. John-Larkin, C.**, & Paul, J. J. (2020). Perinatal mental health: Impact of anxiety on mother-partner relationships of participants in Mother-Infant Therapy Group. Presented by all virtually at Postpartum Support International 33rd Annual Conference, New Orleans, LA.
12. Davis, T.,\* **St. John-Larkin, C.**, Dardar, S., and Paul, J. (2020). 20.5 Impact of Mother-Infant Therapy Group Intervention for Postpartum Mood Disorders on Mothers' Anxiety and Partner Relationships. Presented by all virtually at AACAP 67<sup>th</sup> Annual Meeting.
13. Glaze, K., Nsier, H.,\* Paul, J., **St. John-Larkin, C.**, (2023) Evolution of Group-Based Perinatal Mental Health Care During COVID-19. Presented by Glaze at World Association for Infant Mental Health (WAIMH) 18th World Congress, Dublin, Ireland.

#### Published Abstracts

1. **St. John-Larkin, C.** & Kelsay, K. (2016). The Integrative Child and Adolescent Psychiatrist: Novel Models of Perinatal Mental Health Care to Improve Maternal–Infant Outcomes. *Journal of the American Academy of Child & Adolescent Psychiatry*, 10(55), S6. <https://doi.org/10.1016/j.jaac.2016.07.455>
2. **St. John-Larkin, C.** (2016) The Heart Program: Integrated Mental Health Care In An Adolescent Obstetric And Teen-Tot Medical Home. *Journal of the American Academy of Child & Adolescent Psychiatry*, 10(55), S7. <http://dx.doi.org/10.1016/j.jaac.2016.07.458>
3. Scott, S., Ashby, B., **St. John-Larkin, C.** (2016). One is Enough: Decreasing Repeat Pregnancy Rates in Adolescent Mothers with Mental Health Symptoms. *Journal of Pediatric and Adolescent Gynecology*, 29(2), 167. <https://doi.org/10.1016/j.jpag.2016.01.021>
4. Ariefdjohan, M., Holmberg, J., Edelblute, A., Asherin, R.,\* **St. John-Larkin, C.**, Paul, J. (2018). Dads Need Support Too!: Men's Perspectives on Intervention for Perinatal Mood and Anxiety Disorders. *Journal of the American Academy of Child & Adolescent Psychiatry* 57 (10). <https://doi.org/10.1016/j.jaac.2018.09.353>
5. Davis, T.\*, **St. John-Larkin, C.**, Dardar, S., and Paul, J. (2020). "20.5 Impact of Mother-Infant Therapy Group Intervention for Postpartum Mood Disorders on

Mothers' Anxiety and Partner Relationships." Journal of the American Academy of Child & Adolescent Psychiatry 59 (10). <https://doi.org/10.1016/j.jaac.2020.08.206>.

#### Online Publications

1. Contributor to National Curriculum in Reproductive Psychiatry [ncrptraining.org/](http://ncrptraining.org/)  
Kalia, S., **St. John-Larkin, C.**, Nagle-Yang, S. (2019) *Psychopharmacology in Perinatal Period: Focus on Decision Making*.  
[ncrptraining.org/wp-content/uploads/2021/01/Primary-Psychotic-Dx\\_Psychopharmacology-Decision-Making\\_Self-Study\\_Trainee.pdf](http://ncrptraining.org/wp-content/uploads/2021/01/Primary-Psychotic-Dx_Psychopharmacology-Decision-Making_Self-Study_Trainee.pdf)
2. Pediatric Care Network Newsletter, CHCO:  
*Improving Care for Postpartum Depression and Anxiety*  
**St. John-Larkin, C.** (2019)  
[www.childrenscolorado.org/doctors-and-departments/departments/psych/mental-health-professional-resources/primary-care-articles/postpartum-depression-care/](http://www.childrenscolorado.org/doctors-and-departments/departments/psych/mental-health-professional-resources/primary-care-articles/postpartum-depression-care/)

#### **15. Diversity, Equity and Inclusion Work**

- |                |  |
|----------------|--|
| 2019 – Present | <b>Children's Hospital Colorado Black Health Initiative</b><br>Participated in collaboration with Child Health Advocacy Institute (CHAI) and community stakeholders to develop a comprehensive program to decrease maternal and infant mortality and address perinatal mental health in the African American community. Funded in FY2022 Consolidated Appropriations Federal Budget - \$500,000. |
| Jan-May 2021   | <b>Equity Certificate Program</b> – virtual training course at the University of Colorado Denver/Anschutz Medical Campus   |
| 2021 – 2022    | <b>Center for Advancing Professional Excellence (CAPE) Black Health Initiative Community and Provider Partnership Simulation Series</b> - two half-day training exercises to build skills in culturally responsive care for African American women and infants, working collaboratively with a community health navigator on simulated cases with actors.  |

#### **16. Media and Community Outreach**

1. **Colorado Public Radio - Colorado Matters**, *Exploring Postpartum OCD*, 2016.  
[www.cpr.org/show-segment/denver-composer-reflects-on-postpartum-ocd-in-new-piece/](http://www.cpr.org/show-segment/denver-composer-reflects-on-postpartum-ocd-in-new-piece/)  
[podknife.com/podcasts/colorado-matters](http://podknife.com/podcasts/colorado-matters) (search: February 10, 2016 at 17:00)

2. **The Denver Post**, *Colorado composer turns experience with postpartum OCD into powerful quartet*, 2016.  
[www.denverpost.com/2016/07/14/colorado-composer-turns-experience-with-postpartum-ocd-into-powerful-quartet/](http://www.denverpost.com/2016/07/14/colorado-composer-turns-experience-with-postpartum-ocd-into-powerful-quartet/)
3. **CBS4 TV, Denver**, *Mother, Composer Suffered Postpartum OCD*, 2017.  
[Mother, Composer Suffered Postpartum OCD: 'It Was Like A Private Hell' - CBS Colorado \(cbsnews.com\)](http://Mother,ComposerSufferedPostpartumOCD:'ItWasLikeAPrivateHell'-CBSColorado(cbsnews.com))
4. **5280 Magazine**, *A Local Composer Uses Music to Explain Her Struggles with Postpartum OCD*, 2017.  
[www.5280.com/2017/09/local-composer-uses-music-explain-struggles-postpartum-ocd/](http://www.5280.com/2017/09/local-composer-uses-music-explain-struggles-postpartum-ocd/)
5. **MyStrength**, *Pregnancy Related Depression and Anxiety Awareness and Treatment Options*, 2019. (Videos only available to member organizations)  
[mystrength.com/news/press-release/livongo-launches-pregnancy-and-early-parenting-digital-behavioral-health-program](http://mystrength.com/news/press-release/livongo-launches-pregnancy-and-early-parenting-digital-behavioral-health-program)
6. **KOAA TV, Colorado Springs**  
*Growing number of pregnant women, new mothers seeking mental health resources during COVID-19 pandemic*, 2021.  
[www.koaa.com/rebound/growing-number-of-pregnant-women-new-mothers-seeking-mental-health-resources-during-covid-19-pandemic](http://www.koaa.com/rebound/growing-number-of-pregnant-women-new-mothers-seeking-mental-health-resources-during-covid-19-pandemic)
7. **5280 Health**, *How to Raise a More Resilient Kid*, 2022.  
[www.5280.com/2021/12/how-to-raise-a-more-resilient-kid/#zerototwo](http://www.5280.com/2021/12/how-to-raise-a-more-resilient-kid/#zerototwo)