Alison Ballard

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EDUCATION

Masters of Science in Nursing, Pediatric Nurse Practitioner, University of Colorado Health Sciences Center, Denver, CO • 2001-2003

Bachelors of Science Nursing, Loyola University of Chicago, Chicago, IL• 1999-2001

Bachelors of Science, Colorado State University, Fort Collins, CO • 1991-1994

PROFESSIONAL EXPERIENCE

Children’s Hospital Colorado • Aurora, CO 80045• September 2012 - Present

Pediatric Nurse Practitioner

Neuromuscular Clinical Care Coordinator

Coordinate the care and management of patients with neuromuscular disease in a multidisciplinary clinic and inpatient setting. Provide a central point of contact for patients and families. Collaborate with providers in the care of NM patients to provide a continuum of care, and support for patients with complex medical needs. Over the past 5 years, I have worked on creating this role and developing many new initiatives.

• Quality improvement initiatives: inpatient neuromuscular clinical care guidelines, grant awardee for quality improvement in care of patients with mobility impairments

• Inpatient consult service

• Created several new neuromuscular clinics including a young adult clinic for DMD, carrier clinic and new patient clinic

• Developing neuromuscular trach/vent pathway and NIV simulation lab

• Research – Aldosterone inhibition study in boys with DMD

• Follow up hospitalization visits

• Sick visits

• Satellite clinic

• Transitions program

Children’s Hospital Colorado • Aurora, CO 80045• January 2004-August 2012

Pediatric Nurse Practitioner

Heart Transplant Team

Manage heart transplant recipients and heart failure patients in the inpatient setting. Follow patients from the time of referral for orthotopic heart transplantation through the transplant process in the inpatient and outpatient setting. Examine patients in the clinic setting for surveillance of acute allograft rejection, manage baseline immune suppression, manage several aspects of primary care initially post transplantation, coordinate rejection therapies, cardiac catheterizations, and case management concerns. Provide patient and family emotional support and education. Work closely with attending transplant cardiologist and communicate with primary care physician and other sub specialties. Take on call responsibility.

* Developed Adolescent Transition Program
* Initiated Developmental Assessment and Testing
* Program Development

The University of Colorado Hospital• Denver, CO 80220 • August 2001 – January 2004

Registered Nurse, Level III

Neonatal Intensive Care Unit

Provided specialized nursing care to high-risk premature infants ranging from 24-25 weeks gestation to full-term infants. Attended high risk deliveries and assisted with neonatal resuscitation.

Children’s Memorial Hospital• Chicago, IL 60614 • March 1998-August 2001

Lung Transplant Rehabilitation Specialist/Exercise Physiologist

Development, design, and implementation of pre-operative and post-operative rehabilitation program for lung transplant recipients. Perform maximal graded exercise testing utilizing breath-by-breath gas analysis. Conducted exercise provocation studies and pulmonary function testing. Oversaw research projects including patient recruitment. Involved with site supervision of graduate student internships.

Children’s Memorial Hospital• Chicago, IL 60614 • July 1996 - March 1998

Electrocardiographic Technician, Level III/III

Performed diagnostic cardiac testing including holter monitor analysis, pacemaker checks and electrocardiograms. Received and analyzed transtelephonic monitoring for arrhythmia and pacemaker patients. Provided patient education, hospital in-services and staff training.

Boulder Community Hospital• Boulder, CO • October 1994 – February 1995

Exercise Physiologist, Volunteer

Participated in a unique, holistic approach to cardiac wellness. Assisted in exercise sessions, stress reduction classes, family support groups, and nutritional counseling.

The University of Chicago Hospitals• Chicago, IL • January 1994 – August 1994

Exercise Physiologist

Monitored Phase II, III, and IV cardiac rehabilitation patients during exercise sessions. Reviewed, wrote, and updated exercise prescriptions based on maximal graded exercise tests. Participated in a Wellness and Coronary Risk Factor Screening Program. Developed and implemented fitness program for hospital staff and employees.

Grants

CHCO Clinical and Operational Effectiveness and Patient Safety Small Grants Program

Project: Improve the Quality of Care of Patients with Mobility Impairments. Awarded 16,000

 DMD Liaison Grant holder

CDCC Research Liaison Grant

Presentations

Care Coordination: An Advance Practice Perspective. Duchenne Clinical Care Conference. Fort Meyers, FL January 2018

Research

Research Coordinator for Therapeutic Potential for Aldosterone Inhibition in Duchenne Muscular Dystrophy

Sub PI for Marathon Access Program

Factors that are predictors of recommendation adherence among carriers of dystrophinopathies, as a **poster presentation** at the NSGC 37th Annual Conference. The conference will be held in Atlanta, Georgia November 14-17, 2018.

ABSTRACTS

Education for Airway Clearance Treatment in Spinal Muscular Atrophy Type 1 2019 SMA Clinical Care Meeting

CERTIFICATIONS

Registered Nurse in the State of Colorado #140294 (2001- Current)

Certified Pediatric Nurse Practitioner #20040784 (2004-Current)

NP Prescriptive Authority  #RXP-4103 ( 2004-Current)

DEA (current)

Pediatric Advanced Life Support (2001-Current)