**Leah Ariana Grande, Ph.D.**

4125 Briargate Parkway, Colorado Springs, CO 80920

Phone: 719-305-9439; leah.grande@childrenscolorado.org

**BIOGRAPHICAL SKETCH**

***Current Position***

Integrated Psychologist, Colorado Springs Division, Pediatric Mental Health Institute, Children’s Hospital Colorado

Senior Instructor, Department of Psychiatry, University of Colorado School of Medicine

Phone: 719-305-9439

Email: leah.grande@childrenscolorado.org

**EDUCATION**

2011 - 2014 **B.A. with Highest Distinction**

Psychology and Cognitive Science

University of Virginia, Charlottesville, VA

2018 **M.A., Clinical Psychology**

University of Denver, Denver, CO

*APA Accredited*

2016 - 2022 **Ph.D., Clinical Psychology**

Major Area of Study in Clinical Child Psychology

University of Denver, Denver, CO

*APA Accredited*

2021 - 2022 **Pediatric Psychology Pre-doctoral Internship**

Children’s Hospital of Orange County, Orange, CA

*APA Accredited*

2022 - 2023 **Postdoctoral Fellowship, Pediatric Solid Organ Transplant**

Children’s Hospital Colorado, Aurora, CO

*Member of APPIC*

**ACADEMIC APPOINTMENTS**

2023 - Present **Senior Instructor**

Department of Psychiatry, Division of Child and Adolescent Psychiatry

University of Colorado School of Medicine

**HOSPITAL AND OTHER PROFESSIONAL POSITIONS**

2016 - 2018 *Research Assistant*, Neurodevelopmental Research Program, University of Denver

2016 - 2022 *Research Assistant*, Family and Child Neuroscience Lab, University of Denver

2017 - 2018 *Clinical Trainee*, Developmental Neuropsychology Clinic, University of Denver

2017 - 2021 *Clinical Trainee*, Center for Child and Family Psychology, University of Denver

2018 - 2019 *Research Evaluator*, ADHD Twins Project, University of Denver  
2018 - 2019 *Clinical Trainee*, Comprehensive Assessment Clinic, University of Denver

2018 - 2019 *Clinical Trainee*, Couples Clinic, University of Denver

2018 - 2020 *Research Evaluator*, Antenatal Late Preterm Steroids (ALPS) Neurodevelopmental

Follow-up Study, University of Colorado Anschutz

2019 - 2020 *Extern*, Pediatric Rehabilitation Psychology, Children’s Hospital Colorado

2020 - 2021 *Extern*, Pediatric Psychology Consultation: Kidney Transplant & Urology, Children’s

Hospital Colorado

2020 - 2021 *Clinic Assistant*, Developmental Neuropsychology Clinic, University of Denver

2021 - 2022 *Pre-doctoral Intern*, Children’s Hospital of Orange County

2022 - 2023 *Postdoctoral Fellow*, Pediatric Solid Organ Transplant, Children’s Hospital Colorado

2023 - Present *Faculty*, Children’s Hospital Colorado, University of Colorado School of Medicine

**HONORS, SPECIAL RECOGNITIONS, & AWARDS**

2015 *Maury Pathfinder Prize in Psychology*, Recognizing excellence in the

Distinguished Majors thesis, University of Virginia

2016 - 2017 *Graduate Studies Doctoral Fellowship*, Recognizing outstanding academic and research

achievement among the entering student class, University of Denver

2017, 2019 *Lawrence Miller Fellowship Award,* Supporting graduate student research and training

endeavors, University of Denver

2017 - 2019 *Inclusive Engagement Fellowship Award*, Recognizing outstanding students contributing

to inclusive excellence through ongoing engagement with diversity in their academic,

professional, and personal lives, University of Denver

*2018 – 2019 Psychology Department Outstanding Service Award,* Recognizing students contributing

to the Psychology Department through programming and service, University of Denver

2021-2022 *Equanimity Award*, Recognizing emotional calmness, stability, and composure under

stress and across challenging clinical situations, Children’s Hospital of Orange County

2023 *Student Poster Award*, Society of Pediatric Psychology

2023 *Student Poster Award for Cardiology,* Cardiology Special Interest Group, Society of

Pediatric Psychology

2023 *Student Poster Award for Nephrology,* Nephrology Special Interest Group, Society of

Pediatric Psychology

2023 *Student Poster Award for Solid Organ Transplant,* Solid Organ Transplant Special

Interest Group, Society of Pediatric Psychology

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

2014 Psi Chi, International Honor Society in Psychology

2014 Phi Beta Kappa, National Academic Honor Society

2020 Society of Clinical Child and Adolescent Psychology (Division 53)

2020 Society of Pediatric Psychology (Division 54)

Special interest groups: Diabetes, Nephrology, Solid Organ Transplant, Cardiology

**MAJOR COMMITTEE AND SERVICE RESPONSIBILITIES**

2020 - 2023 *Student Representative*, Nephrology Special Interest Group, Society of Pediatric

Psychology

2024 - Present *Online and Advocacy Committee Co-chair*, Diabetes Special Interest Group, Society

of Pediatric Psychology

2024 - Present *Member*, DEI Communications Subcommittee, Department of Psychiatry, University

of Colorado

2024 - Present *Member*, Psychology Training Committee, Department of Psychiatry, University of

Colorado

**LICENSURE AND BOARD CERTIFICATION**

2023 - Present *Licensed Psychologist*, State of Colorado

**TEAcHING AND SUPERVISION RECORD**

2017 - 2020 *Teaching Assistant,* University of Denver

*Courses:* Introduction to Statistics, Introduction to Cognitive Neuroscience, Cognitive

Science Proseminar, Research Methods

2019 - 2020 *Practicum Teaching Assistant,* Cognitive Assessment, University of Denver

2020 - 2021 *Clinic Assistant*, Developmental Neuropsychology Clinic, University of Denver

2021 - 2022 *Extern/Practicum Student Supervisor*, Children’s Hospital of Orange County

2022 - 2023 *Extern/Practicum Student Supervisor,* Children’s Hospital Colorado

**BIBLIOGRAPHY**

***Peer-Reviewed Publications***

1. Allen, J.P., **Grande, L.**, Tan, J., & Loeb, E. (2018). Parent and peer predictors of change in attachment security from adolescence to adulthood. *Child Development, 89*(4), 1120-1132.
2. Swales, D.A.\*, **Grande, L.\***, Wing, D.A., Edelman, M., Glynn, L.M., Sandman, C.A., Smith, R., & Davis, E.P. (2018). Can placental corticotropin-releasing hormone inform timing of antenatal corticosteroid administration? *Journal of Clinical Endocrinology and Metabolism*, *104*(2), 443-450.
3. Atzl, V.M.\*, **Grande, L.A.**\*, Davis, E.P., & Narayan, A.J. (2019). Perinatal promotive and protective factors for women with histories of childhood abuse and neglect. *Child Abuse and Neglect*, *91*, 63-77.
4. **Kim, P., Tribble, R., Olsavsky, A., Dufford, A. J., Erhart, A., Hansen, M., Grande, L., & Gonzalez, D. M.**(2020). Associations between stress exposure and new mothers' brain responses to infant cry sounds. *NeuroImage, 223.*
5. **Grande, L.,** Olsavsky, A.K., Erhart, A., Dufford, A.J., Tribble, R., Phan, K.L., & Kim, P. (2021). Postpartum stress and neural regulation of emotion among first-time mothers. *Cognitive, Affective, & Behavioral Neuroscience, 21,*1066-1082.
6. **Grande, L.**, Flewelling, K., De Jesus, S., Vemulakonda, V., Walker, J., & Buchanan, C. (2021). Satisfaction and shared decision-making in a multidisciplinary care clinic for patients with differences in sex development. *Urology Practice,* 682-691.
7. **Grande, L.A.** Swales, D.A., Sandman, C.A., Glynn, L.M., & Davis, E.P. (2022). Maternal caregiving ameliorates the consequences of prenatal maternal psychological distress on child development. *Development and Psychopathology,*1-10.
8. Simpson, T.S., **Grande, L.A.,** Kenny, J.J., Wilson, P.E., & Peterson, R.L. (2022). Child, parent, and family adjustment for patients followed in a multidisciplinary spina bifida clinic, *Topics in Spinal Cord Injury Rehabilitation, 28*(3), 41-58.
9. Capistrano, C.\*, **Grande, L.\*,** McRae, K., Phan, K.L., & Kim, P. (2022). Maternal socioeconomic disadvantage, neural function during volitional emotion regulation, and parenting. *Social Neuroscience, 17*(3),276-292.
10. Kim, P., **Grande, L.A.**, Dufford, A.J., Erhart, A., Tribble, R., & Yeh, T. (2022). Trait coping styles and the maternal neural and behavioral sensitivity to an infant. *Scientific Reports.*
11. **Grande, L.\*,** Xie, Y.\*, Zagoory-Sharon, O., Watamura, S., Yeh, T., Feldman, R., Kim, P. (2024). Parental neural response to infant cry: Moderating effects of oxytocin and perceived childhood care. Social Cognitive and Affective Neuroscience.

\* = authors contributed equally

***Book Chapters***

1. **Grande, L., Tribble, R. C., & Kim, P.** (2020). Maternal and paternal brain plasticity, In H. E. Fitzgerald, K. von Klitzing, N. Cabrera, T. Skjothaug, & J. S. de Nendonca (Eds.), Handbook of fathers and child development - prenatal to preschool. Springer Nature.
2. **Grande, L.,** River, L., & Wheat, E. (2020). Tackling separation and social anxiety during COVID-19. *Association of Psychology Training Clinics (APTC) Bulletin.*
3. Christofferson, E., **Grande, L.**, & Bock, M. (2024). Psychosocial concerns and quality-of-life considerations in pediatric CKD, In A.E. Dawson, K. Amatya, & V.F. Norwood (Eds.), Psychosocial considerations in pediatric kidney conditions – Guidance for collaborative practice. Springer Nature.

***Conference Poster & Oral Presentations***

1. Allen, J.P., Tan, J.S., & **Grande, L.A.** (2015, March). *Predictors of changing attachment security from 14 to 24: Autonomy struggles, supportive behaviors & parental marital quality.* Presented at the Biennial Meetings of the Society for Research in Child Development, Philadelphia, PA.
2. Hessel, E.T., Tan, J.S., Loeb, E.L., **Grande, L.A.**, & Allen, J.P. (2016, April). *Externalizing behaviors in adolescence as a stepping stone on the trajectory to young adult poor physical health.* Poster presented at theSociety for Research on Adolescence, Baltimore, MD.
3. **Grande, L.A.**, Tan, J.S., Allen, J.P., & Nagel, A. (2016, April). *Does adolescent attachment security have long-term implications for functioning in adulthood?,* Poster presented at the Society for Research on Adolescence, Baltimore, MD.
4. **Grande, L.A.**, Tan, J.S., Allen, J.P., Cannavo, L., & Coe-Odess, S. (2016, April). *Does preoccupied attachment in adolescence have long-term implications for physical health in adulthood - and how?,* Poster presented at the Society for Research on Adolescence, Baltimore, MD.
5. Swales, D., **Grande, L.**, & Davis, E.P. (2016, October). *Fetal origins of health*. Poster presented at the Knobel Institute for Healthy Aging, Denver, CO.
6. **Grande, L.**, Olsavsky, A., & Kim, P. (2017, April). *Intergenerational transmission of emotion: How does childhood parental care influence emotional reactivity in new mothers?* Poster presented at the Wisconsin Symposium on Emotion, Madison, WI.
7. **Grande, L.**, Sandman, C., Glynn, L., & Davis, E. P. (2017, June). *Does high quality maternal care ameliorate the effects of prenatal maternal distress?* Poster presented at the Annual Meeting of the Developmental Neurotoxicology Society, Denver, CO.
8. **Grande, L.**, Swales, D.,Edelmann, M., Sandman, C., Glynn, L., Wing, D., & Davis, E. P. (2017, June). *Placental CRH predicts risk of preterm imminent delivery: Implications for the timing of betamethasone administration.*Poster presented at the Annual Meeting of the Developmental Neurotoxicology Society, Denver, CO.
9. **Grande, L.**, Sandman, C., Glynn, L., & Davis, E.P. (2017, November). *Can high quality maternal care ameliorate the effect of prenatal maternal distress?* Poster presented at theInternational Society for Developmental Psychobiology, Washington, DC.
10. **Grande, L.**, Morgan, A.A., Vegetabile, B.G., Stern, H.S., Glynn, L.M., Sandman, C.A., & Davis, E.P. (2017, November). *Fragmented maternal sensory signals predict low effortful control in childhood.* Poster presented at theInternational Society for Developmental Psychobiology, Washington, DC.
11. **Grande, L.A.** (2018, May). *Can maternal sensitivity ameliorate cognitive and emotional consequences of prenatal maternal psychological distress?* Presented at the Developmental Psychobiology Research Group, Denver, CO.
12. **Grande, L.,** Olsavsky, A., Tribble, R., & Kim, P. (2019, March). *Perceived stress and emotion regulation among first-time mothers.* Poster presented at theSociety for Research in Child Development, Baltimore, MD.
13. Kim, P., Tribble, R., Dufford, A., Erhart, A. Hansen, M., Olsavsky, A., & **Grande, L.** (2019, October). E*xposure to environmental and psychological stress and neural response to own infant among mothers.* Poster presented at theMarce of North America Perinatal Mental Health Conference, Chapel Hill, NC.
14. **Grande, L.,** Olsavsky, A., Tribble, R., & Kim, P. (2019, October). *Postpartum stress, emotion regulation, and the maternal brain.* Poster presented at theMarce of North America Perinatal Mental Health Conference, Chapel Hill, NC.
15. **Grande, L.,** Buchanan, C., De Jesus, S., Flewelling, K., Vemulakonda, V., Walker, J. (2021, April). *Multi-disciplinary care for children with differences in sex development: Patient satisfaction and shared decision making.* Poster presented at theSociety of Pediatric Psychology Annual Conference.
16. Morse, A.B., Bouche, V.A., **Grande, L.A.,** Casados, A.T., Ruiz, S.K., Alvarado, N., Estrada, M., & Min, C. (2022, April). *Increasing access to mental health services in primary care: A hybrid model of health promotion.* Poster presented at theSociety of Pediatric Psychology Annual Conference, Phoenix, AZ.
17. Ruiz, S.K., **Grande, L.A.,** Casados, A.T., Estrada, M., Morse, A.B., Alvarado, N., & Min, C. (2022, April). *Understanding ACEs in pediatric primary care at CHOC.* Poster presented at theSociety of Pediatric Psychology Annual Conference, Phoenix, AZ.
18. Ruiz, S.K., **Grande, L.A.,** Casados, A.T., Alcantara, D., Alvarado, N., Morse, A.B., Estrada-Alas, M., & Min, C. (2022, October). *Bridging care for underserved patients with ACEs: Integrated pediatric primary care psychology visit outcomes.* Poster presented at theNational Latinx Psychological Association Annual Conference, Denver, CO.
19. **Grande, L.**, Arcona, Z., Reiman, L., & Christofferson, E.S. (2023, March). *Universal screening for adherence and mental health during the transition to adult medical care for solid organ transplant recipients.* Poster presented at theSociety of Pediatric Psychology Annual Conference, Chicago, IL.
20. Xie, Y., **Grande, L.**, Yeh, T., & Pilyoung, K. (2023, March). *Oxytocin level during the third trimester is related to dampened postnatal neural responses to infant crying sounds.* Poster presented at theBiennial Meetings of the Society for Research in Child Development. Salt Lake City, UT.
21. Lelakowska, G**.,** Dammann, A**.,** Reinman, L., **Grande, L.,** & Christofferson, E. (2024, April). *Rates of substance use in pediatric solid organ transplant candidates: The role of pediatric psychology.* Poster presented at the Society of Pediatric Psychology Annual Conference, New Orleans, LA.
22. Dammann, A.,Lelakowska, G., Reinman, L., **Grande, L**., & Christofferson, E. (2024, April). *Associations between substance use and mental health among pediatric patients awaiting solid organ transplant.* Poster presented at the Society of Pediatric Psychology Annual Conference, New Orleans, LA.

***Presentations and Resources for Trainees, Professionals, Patients, and Community Members***

1. O’Reilly-Treter, M.,Dominguez, A., **Grande, L.,** & Wright, N. (2018, January). *Your response matters: How to effectively respond to disclosures of interpersonal violence, harassment, or other tough topics.* Presented at the Diversity Summit, University of Denver, Denver, CO.
2. Christofferson, E., & **Grande, L.** (2020). Supporting your health and wellbeing before, during, and after kidney transplant. *Dialysis Patient Citizens Education Center*.
3. **Grande, L**. (2021, May). *Talking to kids about DSDs: Disclosure at different ages & stages.* Presented at the Differences of Sex Development SOAR Support Group Meeting, Children’s Hospital Colorado.
4. **Grande, L.** & Christofferson, E. (2022, November). *Supporting pediatric patients and families.* Presented at the American Society of Pediatric Nephrology (ASPN) 10th Annual Multidisciplinary Symposium.
5. **Grande, L.** (2023, February). *Supporting Transition to Adult Medical Care in Solid Organ Transplant Recipients*. Presented at the Pediatric Mental Health Institute (PMHI) Grand Rounds, Children’s Hospital Colorado.
6. Bautzmann, C., **Grande, L**., & Zaderaka, D., (2024, March) *Careers in Pediatric Mental Health Panel Event,* Academy District 20 Home School Academy