

MINDY KIMMEL, MSN, APRN, FNP-C

Loveland, Colorado

Professional Summary

Dedicated and patient-focused Family Nurse Practitioner with proven strengths in acute patient care, outpatient care, staff development, and patient advocacy. Displays an exceptional aptitude to deliver positive patient outcomes in a fast-paced environment while simultaneously building productive relationships. Demonstrates the ability to lead and motivate outstanding health care teams. Known for exceptional interpersonal and communication skills, the ability to manage competing priorities, and maintaining accurate and efficient documentation.

Skills

- Ultrasound Guided Joint Injections, upper and lower extremities
- Trigger Point Injections
- Nerve Blocks
- Botox Injections for Chronic Migraine
- Insertion/ removal of IUDs and Nexplanon implants
- Computer proficiencies in MS Word, MS Excel, Outlook, and EMR

Certifications

- American Academy of Nurse Practitioners, FNP-C, issued 01/2020, current
- American Heart Association, BLS Instructor, 08/2014, current
- American Heart Association, BLS and ACLS, both current

Education

Master of Science in Nursing, 12/2019

West Texas A&M University, Canyon, Texas

- Family Nurse Practitioner Specialty

Bachelor of Science in Nursing, 05/2016

West Texas A&M University, Canyon, Texas

- Summa Cum Laude
- Texas Nurses Association: District 2 Panhandle's Best Student Nurse, 2015
- Senior Class President, WTNSA President, WTNSA Treasurer

Associates Degree of Science, 12/2014

Mid-Plains Community College, North Platte, Nebraska

Licensure

- Advanced Practice Nurse, State of Colorado, issued 02/2020, current
- DEA License, 02/2022, current
- Registered Nurse, State of Colorado, issued 08/2019, current
- Registered Nurse, State of Texas, issued 08/2016 to 08/2020

Professional Experience

Nurse Practitioner

University of Colorado School of Medicine, Department of Neurology

Aurora, Colorado, 12/2022 to current

- Coordinate care, treat, and manage complex neurological patients, emphasizing patient autonomy, independence, and safety
- Recognize clinical changes in patient status and discuss different therapies and treatments to optimize patient outcomes
- Counsel women regarding reproductive desires and concerns in relation to Multiple Sclerosis and other neuroimmunology conditions
- Collaborate with the team to improve systems and enhance the delivery of care to improve patient outcomes
- Identify areas of research and collaborate with the team to formulate and conduct studies that best answer the posed questions

Nurse Practitioner/Instructor

Injection University, AANP Accredited

Denver, Colorado, 05/2021 to current

- Implement procedural education for: ultrasound-guided joint injections, suboccipital nerve blocks, trigger point injections, CMC joint, carpal tunnel, lateral and medial epicondyle of elbow, shoulder (3 approaches), hip (2 approaches), intra-articular knee and ankle joints, MTP joint, and plantar fascia
- Teach advanced injection curriculum to MDs, NPs, and PAs covering: ultrasound diagnostics, platelet rich plasma, De Quervain's, meniscus, MCL, LCL, supraspinatus, infraspinatus, and labrum injections
- Implement and monitor safety protocols to enhance safety of all participants during the course from a dirty needle stick
- Coordinate and instruct medical providers on the following Esthetic procedures trademarked by Dr. Charles Runnels: vampire facial, vampire face lift, hair restoration, a-shot, and p-shot
- Manage administrative tasks to ensure a smooth, successful course, including obtaining documents for AANP certifications, coordinating meal sponsors, oversee the volunteer schedule, and tracking inventory
- Collaborate with the team to enhance the delivery of the course based off our observations and attendee feedback

Nurse Practitioner

Mountain View Pain Center

Loveland, Colorado, 01/2022 to 09/2022

- Coordinate care and treat complex personal injury patients, identifying the need for appropriate referrals
- Collaborate with the interdisciplinary team and patients with the focus on optimizing patient outcomes through evidence-based care
- Diagnose, treat, and monitor patients with post-traumatic headaches and chronic migraines, identifying candidates for Botox therapy
- Perform nerve blocks and trigger point injections as indicated to improve function and pain
- Evaluate patient progress in a systematic, ongoing manner, modifying the treatment plan as indicated
- Empower patients through education to be involved and confident making care decisions
- Organize educational opportunities on a variety of topics for our office staff based on staff needs and interests

Nursing Faculty

Front Range Community College

Larimer County, Colorado, 11/2021 to 12/2022

- Collaborate with colleagues to develop the first Certified Nursing Aide - Medication Assistant program at the Community College level in the state of Colorado
- Develop and implement curriculum that exceeds the State Board of Nursing requirements, while meeting the individual needs, interests, and abilities of students
- Create student-centered assignments for each class to ensure maximum learning and knowledge retention
- Evaluate the effectiveness of teaching methods and modify methods as needed to enhance student success

Nurse Practitioner

Signify Health, PRN

Colorado, 07/2020 to 12/2022

- Complete comprehensive health history, health risk assessment, physical exam, medication reconciliation, and recommend the most effective treatment plan utilizing available resources for Medicaid and Medicare patients
- Collect detailed information that allows for comparison of the member's care management with evidence-based guidelines
- Collaborate with families and members of the health care team to improve patient outcomes
- Maximize patient satisfaction through compassionate, person-centered care with open communication

Nurse Practitioner

Square One Health

Fort Collins, Colorado, 02/2021 to 11/2021

- Establish protocols, intake forms, and billing/coding sheets to transform a chiropractic office into a medically integrated practice
- Provide direct assessment, history and physical, diagnosis, and formulation/implementation of treatment plans for patients presenting with illness or injury
- Perform ultrasound-guided joint injection, nerve blocks, and trigger point injections, PRP joint injections, and tissue transplant/human cellular tissue products
- Evaluate patient progress toward expected goals in a systematic and ongoing manner

Nursing Faculty/ Certified Nurse Aide

Front Range Community College,

Larimer County, Colorado, 07/2020 to 05/2021

- Achieve certification exam pass rate: first semester 90%; second semester 100%; the state average for students is 75%
- Collaborate with college and high school administration to develop and implement health science programs for dual credit courses
- Plan and implement programs that meet individual needs, interests, and abilities of students while complying with the State Board of Nursing and Department of Education standards
- Provide instruction, demonstration, and facilitation of clinical skills for students
- Establish and maintain open communication with students and parents concerning students' academic, social, and behavioral progress

Registered Nurse/ Agency/ Lead Nurse/ ICU / Medical Surgical Units

Banner Health

Sterling & Greeley, Colorado, 12/2017 to 08/2019

- Provide highly skilled care grounded in evidence-based care guidelines and clinical knowledge to acutely ill and critically ill patients
- Respond skillfully in urgent situations with appropriate and timely nursing interventions to ensure patient safety and optimal patient outcomes for all patients
- Serve as a preceptor and clinical resource to student nurses
- Provide cardiac monitoring and closely observe patients receiving multiple complex medications, including titrating IV drips

Registered Nurse/ Medical Intensive Care Unit/ Cardiac ICU/ Certified Stroke Center

Northwest Texas Hospital

Amarillo, Texas, 05/2016 to 12/2017

- Provide quality care to critically ill patients through the implementation of evidence-based nursing assessment, nursing diagnosis, interventions, and ongoing evaluation
- Collaborate with health professionals and interdisciplinary team members to ensure optimal patient outcomes
- Assist physicians and residents with bedside procedures such as central lines, arterial lines, paracentesis, thoracentesis, pericardiocentesis, chest tube insertion, tracheostomy, and PEG tubes
- Recognize clinical changes in patient status and implement appropriate interventions with concise communication of assessment and plan of care to physician
- Contribute to strategic plans and initiatives to advance standards of care excellence, improve workflow processes and positively impact patient outcomes as a leader on the Patient Satisfaction Committee and as a Zoll superuser
- Serve as a preceptor and clinical resource to nursing staff and student nurses
- Advanced knowledge of stroke symptoms and appropriate evidence-based interventions
- Provide therapeutic listening, emotional support, and education to patients while providing compassionate care

Substitute Teacher

Lazbuddie Independent School District

Lazbuddie, Texas, 08/2013 to 05/2016

- Adhere to school philosophy, curriculum, program outcomes, and course objectives through didactic lectures and teaching for students
- Follow student-centered assignments for each class to enhance learning and knowledge retention

Affiliations

- Colorado Society of Advanced Practice Nurses, CSAPN (SIG 30)
 - President 06/2022 - current
 - President-Elect: 06/2021 - 06/2022
 - Program Coordinator: 07/2020 - 06/2021
- American Association of Nurse Practitioners, AANP
- Colorado Nurses Association, CNA
- Sigma Theta Tau International Honor Society of Nursing, STTI
- American Association of Critical Care Nurses, AACN
- National Honor Society of Leadership and Success, NHSLS
- Golden Key National Honor Society, GKNHS

Interests

- Quality improvement projects including, enhancing efficiency of processes
- Community outreach programs
 - Meals on Wheels – delivering meals to those in need
- I enjoy spending time outside: hiking, gardening, sledding, paddle boarding, swimming, horseback riding, and rodeoing. This love for the outdoors developed throughout my childhood. I grew up on a 32,000-acre ranch in Nebraska, with plenty of live water and sandhills to be explored.
- I am an avid reader and enjoy mysteries, books on WWII, and self-development