

Lindsay E. Schroeder

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OBJECTIVE	A motivated Nurse Practitioner candidate seeking to expand knowledge and gain more autonomy as a healthcare provider and nursing leader. Compassionate and dedicated Registered Nurse with over six years of experience providing quality care for complex medical and surgical patients. Passionate about preventative and integrative modalities, and empowering patients to make informed decisions regarding their health and wellness.		
EDUCATION	MASTER OF SCIENCE IN NURSING, ADULT-GERONTOLOGY PRIMARY CARE NURSE PRACTITIONER <i>University of Colorado Anschutz Medical Campus</i> Aurora, CO		5/27/22
	BACHELOR OF SCIENCE IN NURSING <i>Michigan State University</i> East Lansing, MI		12/15/15
WORK EXPERIENCE	Registered Nurse <i>UCHealth Highlands Ranch Hospital, Medical-Surgical Unit, Highlands Ranch, CO</i>		12/2019-Present
	<ul style="list-style-type: none">• Preceptor of students and new graduate nurses• Active member of Trauma Committee and Unit Based Council		
	Registered Nurse <i>University of Colorado Hospital, Acute Care of the Elderly Unit, Aurora, CO</i>		2/2016-12/2019
	<ul style="list-style-type: none">• Relief charge Nurse and Preceptor of students and New Graduate Nurses• Graduate of the Post-Baccalaureate Nurse Residency Program• Evidence based research and quality improvement project on the effects of animal-assisted therapy on hospitalized elderly patients		
CLINICAL EXPERIENCE	Registered Nurse & Health Coach <i>Resilience Code, Englewood, CO</i>		8/2019-2/2020
	<ul style="list-style-type: none">• Provider of functional medicine including assessment, medication reconciliation, lab monitoring, and treating the root cause of disease to optimize health and wellness.• Provided individualized coaching to patients including diet and exercise regimens, medication and supplement optimization, and mental health improvement.		
	UCHEALTH INFECTIOUS DISEASE CLINIC, HIV Clinic Aurora, CO		Spring 2021
	<ul style="list-style-type: none">• Provided primary and specialty HIV care to underserved populations, including disease prevention, health maintenance, and education.		
	ROCKY MOUNTAIN SENIOR CARE, Home Health Agency, Golden, CO		Summer 2021
	<ul style="list-style-type: none">• Provided primary care to elderly individuals living in assisted living, skilled nursing facilities, memory care, and long-term care facilities in Denver and surrounding areas.		
	UCHEALTH SPINE CLINIC, Spine Surgery Clinic, Aurora, CO		Fall 2021
	<ul style="list-style-type: none">• Assessed and treated spine patients and provided education, conservative treatments including injections and PT, and surgical interventions to improve quality of life. Experience in performing bursa injections.• Assisted spine surgeons in surgery and provided care to patients both pre- and post-operatively.		
	UCHEALTH ORTHOPEDICS CLINIC, Orthopedic Surgery Clinic, Aurora, CO		Spring 2022
	<ul style="list-style-type: none">• Performed thorough HPI and physical exam of patients with orthopedic concerns.• Treated knee and hip OA with surgery, injections, PT, and lifestyle modifications.		

VOLUNTEER	American Red Cross	2014
	Rainbow Connection, supporting children with life-threatening illnesses	2013
	Race for the Place 5k, supporting women experiencing relationship violence	2012
	Service-learning tutor for 3 rd and 4 th grade science class	2011
	Girls Get Going Sports Camp, supporting young girls staying active	2011
PROFESSIONAL ACTIVITIES	Masters Comprehensive Project & Presentation	Spring 2022
	• <i>Blood flow restriction therapy for the prevention and treatment of sarcopenia among older adults</i>	
	HeartMath Certified	May 2017-Present
	American Holistic Nurses Association Member	December 2017- present
	ACE of Base Committee	12/2020
	• <i>Activity coordinator of Unit based council that promotes team building and employee engagement</i>	
	Shared Pregnancy; Class Director and Educator	5/2015
	• <i>Coordinated a labor and delivery education program for low-income expecting mothers and families</i>	
	TeamSTEPPS certified (Team Strategies and Tools to Enhance Performance and Patient Safety)	2015
	NICHE (Nurses Improving Care for Health System Elders) conference Attendee, Atlanta, Georgia	2018
	Basic Life Support Provider	8/2021
SELECTED HONORS	Margery Swanson Scholarship	Fall 2020
	Chiyoko Furukawa, PHD, RN Scholarship	Fall 2020
	Margery Swanson Scholarship	Spring 2021
	Rose McKay Scholarship	Spring 2021
	Bea Taplin Scholarship	Spring 2021
	The National Society of Collegiate Scholars, Dean's List	Fall 2012-Fall 2016
LICENSURE	Registered Nurse, Colorado License	2020-present
	Adult-Gerontology Primary Care Nurse Practitioner License	July 2022-present
REFERENCES	Amy Bond, MS, NP, RN <i>Advanced Practice Registered Nurse & Instructor, UCHealth Spine Center</i> UCHealth Spine Center Anschutz Medical Campus 12605 E. 16 th Ave Anschutz Inpatient Pavilion, 1 st floor, Aurora, CO 80045 720-232-4582 Amy.Bond@cuanschutz.edu	
	Erin Hieb-Muller, MSN, RN, VA-BC <i>Medical-Surgical Nurse Manager at UCHealth Highlands Ranch</i> 1500 Park Central Dr. Highlands Ranch, CO 80129 253-797-8342 Erin.Hieb@uchealth.org	
	Kim Paxton, DNP, APRN, ANP-BC <i>Adult Gerontology Primary Care Specialty Director at CU Anschutz</i> CU Anschutz Education II North 13120 E 19 th Ave. Aurora, CO 80045 303-724-2708 Kim.Paxton@cuanschutz.edu	