Kimberly Ndahayo, DNP, FNP-C, CNRN

University of Colorado School of Medicine

Curriculum Vitae

Current Position

Current Position: Senior Instructor

Division of Neurology, University of Colorado School of Medicine

Academic Address

Department of Neurology, Division of Epilepsy

University of Colorado Anschutz Medical Campus

12401 East 17th Avenue, Mail Stop L950

Aurora, CO 80045

Email: Kimberly.ndahayo@cuanschutz.edu

Phone: 719-648-9918

Education

2021-2023	University of Colorado College of Nursing, Auroa, CO
	Doctor of Nursing Practice
2017-2019	Chamberlain University, Downers Grove, IL
	Master of Science in Nursing, Family Nurse Practitioner
2009-2010	Chamberlain University, Downers Grove, IL
	Bachelor of Science in Nursing
2004-2007	Hannibal LaGrange University, Hannibal, MO
	Associate of Science in Nursing, Registered Nurse

Academic appointments

2020- Present	Senior Instructor, Division of Neurology
	University of Colorado School of Medicine, Aurora, CO

Hospital, government or other professional positions

2024-Present Associate Director Ambulatory Services, Office of Advanced Practice

2023-2025 Co-Lead APP Division of Neurology, University of Colorado School of Medicine

2020-Present Senior Instructor, Division of Neurology, University of Colorado School of Medicine

2012-2016 Registered Nurse, Children's Hospital Colorado, Aurora, CO

2008-2012 Registered Nurse, St. Louis Children's Hospital, St. Louis, MO

2007-2008 Registered Nurse, Barnes Jewish Hospital, St. Louis, MO

Honors, special recognitions and awards

2025 Foundations in Health Care Leadership Course, Institute for Healthcare Quality, Safety and Efficiency (IHQSE), University of Colorado

2023 Advanced Leadership Award, Sigma Alpha Kappa

2023 Kimford J. Meador Research in Women with Epilepsy Award, Excellence in Medicine

2021 J. Kiffin Penry Epilepsy Mini-Fellowship Program Award

2020 American Epilepsy Society Advanced Practice Provider Fellowship Award Recipient

2015 Nursing Excellence Award, Leadership Award, Children's Hospital, CO

Membership in professional organizations

2022-2025 Sigma Global Nursing Excellence, Member

2020-Present American Epilepsy Society (AES), APP Committee Chair

2017-Present American Association of Nurse Practitioners (AANP), Member

2014-Present American Association of Neurology Nurses (AANN), Memeber

Major committee and service responsibility

Departmental

2025-Present Member, Faculty Compensation Committee, University of Colorado, Division of Neurology

2024-Present Member, Synapse Committee, University of Colorado, Division of Neurology

2023-2025 Member, CFT Committee, University of Colorado, Division of Neurology

2023-Present Lead Epilepsy APP, University of Colorado, Division of Neurology

2023-2025 Lead APP for Neurology, University of Colorado, Division of Neurology

2022-Present Member, Epilepsy Quality Improvement Committee Member, University of Colorado, Division of Neurology

University of Colorado School of Medicine

2025-Present Co-Chair, APP Week planning committee

Office of Advanced Practice

2026 Chair, Engagement Committee, Advanced Practice Annual Conference 2026

2025 Chair, Engagement Committee, Advanced Practice Annual Conference 2025

2025 Co-chair, Inaugural APP Leadership Retreat

2024-2025 Member, Frontline Advisory Committee

2024-Present Member, Office of Advanced Practice Council

2024-Present Member, Office of Advanced Practice Lead Committee

Hospital

2013-2016 Member, Quality Improvement Counsil, Childrens Hospital Colorado, Aurora CO

2008-2009 Member, Fall Committee, Barnes Jewish Hospital, St Louis, MO

State and National Committees

2025-Present Advanced Practice Provider Committee Member, American Epilepsy Society

Community Service

2024, 2025 Presenter, Epilepsy Awareness Day Patient and Family Educational Expo

2024, 2025 Member/Key Presenter, PRETOLA Global Health & Consulting/Rest Of the World Foundation, Educational Assessment and Management Training Series presenter

2023-Present Planning Committee Member/ Medical Advisor, Purple Peaks, Epilepsy Foundation Colorado and Wyoming. Planning Committee, Onsite epilepsy medical care coordinator for annual retreat

2017-Present Chair, US Taekwondo Center Colorado, Medical Organizing Committee Chair

Licensure and board certification

Licensure

2019-Present RXN Prescriptive Authority, Colorado Department of Regulatory Agencies

2019-Present Advanced Practice Nurse, Colorado Department of Regulatory Agencies

2007-Present Registered Nurse, Colorado Department of Regulatory Agencies

Board Certification

2019-Present Board Certification, American Academy of Nurse Practitioners

2015-Present Certified Neurology Registered Nurse, American Board of Neuroscience Nursing

2013-Present Certified Pediatric Nurse, Pediatric Nursing Certification Board

Invited extramural lectures, presentations and visiting professorships

International meetings

- PRETOLA Global Health & Consulting Epilepsy Assessment & Management Course (EMAC 5.0), March 2025
    - Invited speaker. *Addressing the Complex Needs of Women with Epilepsy in Low-Resourced Countries*. **Ndahayo, K.**
- PRETOLA Global Health & Consulting Epilepsy Assessment & Management Course (EMAC 5.0), March 2025
    - Invited speaker. *Epilepsy treatment and management options*. **Ndahayo, K.**
- PRETOLA Global Health & Consulting Epilepsy Assessment & Management Course (EMAC 5.0), February 2025
    - Invited speaker. *Epilepsy care in puberty and transition*. **Ndahayo, K.**
- PRETOLA Global Health & Consulting Epilepsy Assessment & Management Course (EMAC 5.0), March 2024
    - Invited speaker. *Puberty and Transitions of Care for Youth and Young Adults with Epilepsy*. **Ndahayo, K.**
- PRETOLA Global Health & Consulting Epilepsy Assessment & Management Course (EMAC 5.0), February 2024
    - Invited speaker. *Epilepsy & Women in Low-Resourced Countries.* **Ndahayo, K.**

National meetings

- American Academy of Nurse Practitioners Annual Conference, Las Vegas, NV, June 2026
    - Invited Speaker, *Epilepsy 101: Understanding and Managing Epilepsy.* **Ndahayo, K.**
- Epilepsy Foundation, Epilepsy Awareness Day, Anaheim, CA, November 2025
    - Invited speaker. *Transitional Care: Growing up and out of Pediatrics and into Adult Epilepsy Care.* Ndahayo, K., Reyes, B.
- Advanced Practice Provider Leadership Summit, 2025
    - Poster Presentation, *Valuing Advanced Practice Providers To Support Well-Being and Workforce Success.* Dickerman, K., Emanuel, T., Rodgers, J., Alix, K., Blaine, C., **Ndahayo, K.,** Tyner, R.
- Advanced Practice Provider Leadership Summit, 2025

    - Poster Presentation, *Advancing APPs at Academic Medical Center Through Professional Growth And Academic Promotion.* Dickerman, K., Emanuel, T., Rodgers, J., Alix, K., Blaine, C., **Ndahayo, K.,** Tyner, R.
- Advanced Practice Provider Leadership Summit, 2025
    - Poster Presentation, *The Evolution of the Office of Advanced Practice: Driving APP Workforce Growth, Institutional Resilience and Leadership Integration.* Dickerman, K., Emanuel, T., Rodgers, J., Alix, K., Blaine, C., **Ndahayo, K.,** Tyner, R.
- National Association of Pediatric Nurse Practitioners, Chicago, IL, March 2025
    - Invited speaker. *Building a Bridge to Adult Care for Adolescents and Young Adults: Evidence-based and Novel Strategies for Success.* Disabito, J., **Ndahayo, K.**
- American Epilepsy Society National Conference, Los Angelas, CA, December 2024
    - Invited speaker, Special Interest Group Presentation. *APP-Lead Treatment of Functional Seizures*. **Ndahayo, K.,** Ralston, N.
- Epilepsy Foundation, Epilepsy Awareness Day, Anaheim, CA, November 2024
    - Invited speaker. Epilepsy *101: A guide to understanding and managing your epilepsy*. **Ndahayo, K.**
- American Academy of Nurse Practitioners National Conference, New Orleans, LA, June 2023
    - Invited speaker. *Bridging the Gap: Managing Complex Care Transition from Pediatric to Adult Care*. Disabato, J., **Ndahayo, K.**

Local meetings

- Bridging the Gap Annual Conference, Aurora, CO, February 2026
    - Invited Speaker, *Transitioning Care, Not Just Patients: Adult System Barriers Across Pediatric to Adult Transitions.* **Ndahayo, K.**
- Epilepsy Foundation Colorado, Ammons Horn Society Dinner, Aurora, CO, October 2025
    - Invited speaker. *Seamless Transitions: Optimizing Care for Complex Epilepsy Patient.* **Ndahayo, K.,** Stillman, C., Chaudhry, N.
- Office of Advanced Practice Annual Conference, Aurora, CO, September 2025
    - Poster Presentation, *The Epilepsy Transition Clinic (ETC): A Warm Handoff Bridging Pediatric to Adult Neurology on the Anschutz Medical Campus.* **Ndahayo, K.,** Croop, B., DiPetro, C., Stillman, C., Chaudhry, N., Gallegos, J., Disabato, J.
- University of Colorado School of Medicine Practice Operations Management Committee Annual Ambulatory Retreat, Aurora, CO, June 2025
    - Poster Presentation, *Improving Transition of Care Through IMPACT team.* Disabato, J., DiPetro, C., Stillman, C., **Ndahayo, K.**
- Bridging the Gap Annual Conference, Aurora, CO, February, 2025
    - Poster Presentation, *The Epilepsy Transition Clinic (ETC): A Warm Handoff Bridging Pediatric to Adult Neurology on the Anschutz Medical Campus.*

DiPietro, C., **Ndahayo, K.,** Stillman, C., Croop, B., Chaudhry, N., Gallegos, J., Disabato, J.

- Children's Hospital Colorado Organizational Research Risk & Quality Improvement Review Panel (ORRQIRP), Aurora, CO, November 2024
    - *Improving Transition From Pediatric to Adult Care for Adolescents and Young Adults (AYA) with Neurological Disorders.* Disabato, J., DiPetro, C., Stillman, C., **Ndahayo, K.**
- Office of Advanced Practice Annual Conference, Aurora, CO, September 2023
    - Poster Presentation, *Improving Folic Acid Supplementation for Women of Childbearing Age with Epilepsy.* **Ndahayo, K.,** Connolly, T., Baranoff, A., Pellinen, J.
- University of Colorado School of Medicine Department of Neurology Annual Research Retreat, May 2023.
    - Invited Speaker, *Improving Folic Acid Supplementation for Women of Childbearing Age with Epilepsy.* **Ndahayo, K.,** Connolly, T., Baranoff, A., Pellinen, J.
- Children's Hospital Colorado, Neurofibromatosis Symposium, Aurora, CO, October 2015
    - Conference Director & Invited Speaker. **Ndahayo, K.**
- Children's Hospital Colorado Neuroscience Education Series, October, Aurora, CO, 2013
    - Invited speaker. *Sudden Unexpected Death in Epilepsy Awareness and Prevention*. **Ndahayo, K.**

Teaching record

Didactic Presentations

2023 University of Colorado College of Nursing, Teaching Assistant, OER in Undergraduate Pathophysiology Course. Didactic Presenter. *Neurophysiology and Introduction to Epilepsy*

2023 University of Colorado College of Nursing, Teaching Assistant, OER in Undergraduate Pathophysiology Course. Didactic Presenter, *Nursing Care for Pediatric Neurology*

Clinical Teaching

2024-current Clinical Advisor to DNP Student, Brittany Croop, completing DNP within Department of Neurology, Epilepsy Section through QI research initiative project

2024-Present Neurology APP Fellowship Mentor, Epilepsy Section

2022-Present Epilepsy Section: Preceptor for all new APP hires

Course Development

2024-2025 Neurology APP Education Series Program coordinator

2023-Present Neurology APP onboarding program

Mentees:

- Brittany Croop, FNP-C
- Ashley Barnoff, DNP
- Allison Hernquist, NP
- Gargi Gupte, PA-C
- Jessica Mancinelli, PA-C
- Meggan Maccias, PA-C
- Yael Solomon, DNP
- Heather Roth, PA-C
- Brianna Dupre, PA-C

Research and Grant Support

2025-Present Lead, FAST (Fast Access Seizure Triage) Clinic QI initiative. New Patient Visit for Refractory Epilepsy Clinic development project. **Ndahayo,K.,** Lui, E., Mancinelli, J., Dupre, B., Kaye, L.

2025-Present Lead, Urgent Telehealth Clinic QI initiative. Epic in basket and patient triage clinic development project. **Ndahayo,K.,** Kaye, L.

2024-Present Co-Principal Investigator (Co-PI Jennifer Disabito, DNP), Pediatric Transition of Care in Complex Epilepsy Program. HCPF grant recipient

2024-Present Mentor, Improving the Transition of Young Adults with Complex Epilepsy from Pediatric to Adult Care: A Quality Improvement Project. Croop, B., **Ndahayo,K.**, Chaudhry, N., Gallegos, J., Stillman, C., Robinson, N., Disabito, J.

Bibliography

Ndahayo, K. A., Connolly, T., Simpson, J. R., Baranoff, A., & Pellinen, J. (2025). Improving folic acid supplementation for women of childbearing age with epilepsy. *Neurology Clinical Practice*, *15*(4). https://doi.org/10.1212/cpj.0000000000200485