

Jarrold M. Ellingson, Ph.D.

Curriculum Vitae

1. Biographic Sketch

Associate Professor
Division of Addiction Science, Prevention, and Treatment
Department of Psychiatry
School of Medicine
University of Colorado Anschutz Medical Campus
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2. Education

<u>Institution</u>	<u>Degree</u>	<u>Date</u>
U. Northern Iowa	B.A.	2006
San Diego State U.	M.A.	2008
U. Missouri Columbia	Ph.D., Clinical Psychology Minor in Psychological Statistics and Methods	2016
Yale U.	Predoctoral Clinical Internship	2016
U. Colorado Boulder	Postdoctoral Research Training	2016-2019

3. Academic Appointments

<u>Employer</u>	<u>Rank</u>	<u>Date</u>
U. Colorado Anschutz	Assistant Professor	2019-2024
U. Colorado Boulder	Faculty Fellow (Inst. for Behavioral Genetics)	2019-Present
U. Colorado Anschutz	Associate Professor	2024-Present

Basic Responsibilities

As a clinical researcher, I have developed a research program on substance use disorders and co-occurring problems. This work uses family-controlled designs that account for familial confounds (e.g., genetic factors) and longitudinal designs that account for individual differences, allowing me to rigorously test potential causes and effects of substance use while controlling confounds that are not part of the putative

effect of interest (e.g., of pain on alcohol use). Further, I am a clinical psychologist in residential care at the Center for Dependency, Addiction, and Rehabilitation (CeDAR), where I provide psychological evaluations and consult with a multidisciplinary treatment team. As a teacher, I provide lectures on Mindfulness-Based Relapse Prevention (for Addiction Medicine Fellows and Psychiatry Residents), substance use disorder treatments (for Predoctoral Psychology Interns), and Behavior Genetics (for undergraduates). Regarding service, I have served on dissertation and thesis committees, Department of Psychiatry committees, the School of Medicine Faculty Senate, and as an ad-hoc reviewer for peer-reviewed journals and federal funding agencies.

4. Hospital Positions

<u>Employer</u>	<u>Position</u>	<u>Date</u>
U. Colorado School of Medicine	Clinical Psychologist	2020-2021
Center for Dependency, Addiction, and Rehab.	Clinical Psychologist	2021-Present

5. Honors, Special Recognitions, and Awards

<u>Award, Institution</u>	<u>Date</u>
Graduate Grant Writing Fellowship, <i>University of Missouri</i> Awarded to students who demonstrate promise in research and a commitment to pursuing grant funding.	2012
Mark Thelen Outstanding Clinical Graduate Student Award <i>University of Missouri</i> Awarded to students whose achievements exemplify the goals of the Academy of Psychological Clinical Science.	2014
Graduate Student Excellence Award, <i>University of Missouri</i> Awarded by the Department of Psychological Sciences to a student with outstanding research scholarship.	2015
Internship Leadership Award, <i>Yale University</i> Awarded by internship faculty at the School of Medicine for outstanding contributions to the doctoral internship program.	2016
Loan Repayment Program Award, <i>National Institutes of Health</i> Awarded by NIH/NIAAA to offset the cost of university loans for individuals pursuing a research career.	2017
Alcohol Medical Scholars Program Fellow <i>University of California San Diego</i> Awarded to productive alcohol researchers to promote education about alcohol use disorder in medical school settings.	2020-2021

6. Membership in Professional Organizations

<u>Organization</u>	<u>Date</u>
Research Society on Alcoholism	2007-Present
American Psychological Association	2009-Present
Behavior Genetics Association	2011-Present

7. Major Committee and Service Responsibilities

International

<u>Committee</u>	<u>Date</u>
Research Society on Alcoholism Program Committee This committee reviews symposia applications for the international meeting of the Research Society on Alcoholism.	2024-Present

Department of Psychiatry

<u>Committee</u>	<u>Date</u>
Anschutz Wellbeing Support Line, Clinician This phone line provided support services for healthcare workers and educators during the first year of the COVID-19 pandemic.	2020 – 2021
Incentive Committee, Co-Chair I co-lead this committee, which manages faculty funds in the Department of Psychiatry. This includes evaluating applications for travel awards and growth/development projects. I'm specifically responsible for coordinating award submissions, reviews, and progress reports.	2023-Present
Wellness Committee, Division of Addictions Representative This committee supports wellness across the department's divisions. This work includes assessing and identifying the drivers of burnout, mitigating burnout, and measuring general faculty/staff wellbeing.	2024-Present

School of Medicine

<u>Committee</u>	<u>Date</u>
Junior Faculty Committee, Subcommittee on Promotion Develop guidelines to clarify and improve the promotion process in the School of Medicine.	2021-2022
Predoctoral Psychology Internship, Training Committee Member I supervise predoctoral psychology interns at the Center for Dependency, Addiction, and Rehabilitation (CeDAR) and provide feedback to the internship training committee.	2021-2024

Faculty Senate, School of Medicine

2022-2024

I serve as a liaison between the Department of Psychiatry faculty and School of Medicine administrators. My primary focus has been on mitigating burnout.

8. Licensure

License

Date

Clinical Psychologist Candidate in Colorado

2017-2020

Clinical Psychologist in Colorado

2020-Present

10. Review and Referee Work

Ad-hoc Grant Reviewer

Institution, Study Section

Date

National Institutes of Health, *Addiction Risk Mechanisms*

2021, 2024

Ad Hoc Reviewer

National Institutes of Health, *Neural Basis of Psychopathology, Addictions and Sleep Disorders*

2025

Ad Hoc Reviewer

United Kingdom Research & Innovation, *Medical Research Council* 2021

Ad Hoc Reviewer

Ad-hoc Journal Referee

Addictive Behaviors

Alcohol & Alcoholism

Alcoholism: Clinical & Experimental Research

American Journal on Addictions

American Journal of Medical Genetics Part B: Neuropsychiatric Genetics

Behavior Genetics

Biology of Sex Differences

Child Development

Clinical Psychological Science

Criminal Behavior and Mental Health

Depression and Anxiety

Drug and Alcohol Dependence

Emotion

Health Psychology

Journal of Adolescent Health

Journal of Cannabis Research

Journal of Personality

Journal of Studies on Alcohol and Drugs

Neurotoxicology
Nicotine & Tobacco Research
Personality and Individual Differences
PLOS ONE
Psychiatry Research
Psychological Science
Psychology of Addictive Behaviors
Scientific Reports

11. Invited Extramural Lectures and Presentations

- 11) **Ellingson, J. M.** (2025, May). Do modifiable risk factors reduce the effect of ApoE on dementia? A study of three independent samples. Presented to the Colorado Center for Personalized Medicine, Anschutz, CO.
- 10) **Ellingson, J. M.**, Klawitter, J., & Hopfer, C. J. (2024, August). The importance of confounds in cannabis research. Presented at the Governor's Board Reception at the 8th Annual Meeting of the Cannabis Research Conference, Fort Collins, CO.
- 9) Hinckley, J. D., Bhatia, D., **Ellingson, J. M.**, Molinero, K., & Hopfer, C. J. (2022, July). Cannabis use and youth wellness: What's legalization gotta do with it? Paper presented at the 6th Annual Meeting of the Research Society on Marijuana, Boston, MA.
- 8) Carpenter, R. W., Boissoneault, J. & **Ellingson, J. M.**, (2022, June). Use and co-use of alcohol and cannabis following physical pain in the daily life of community adults. Paper presented at the 45th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.
- 7) **Ellingson, J. M.** (2022, April). Investigating Shared Mechanisms in Alcohol Use Disorder and Depression Across The Microbiota-Gut-Brain Axis. Invited presentation to the Grand Rounds Seminar for the Department of Psychiatry at the University of Connecticut [Virtual Presentation].
- 6) **Ellingson, J. M.** (2021, December). Familial factors explain some, but not all, mental health effects of cannabis use. Presented to the Professional Development Seminar for the Clinical Psychology area at the University of Colorado Boulder.
- 5) **Ellingson, J. M.**, Karoly, H. K., Watson, K. Mueller, R. & Hutchison, K. E. (2021, June). Associations between gut microbiota and resting state functioning connectivity in a sample of treatment-seeking heavy drinkers. Paper presented at the 44th Annual Meeting of the Research Society on Alcoholism [Virtual Presentation].

- 4) **Ellingson, J. M.**, Border, R. C., Lessem, J. M., Llewellyn, D. J., & Keller, M. C. (2020, June). Dementia risk as a function of alcohol use and the ApoE gene in the UK Biobank. Paper presented as an Abstract Competition Winner at the 5th Annual Department of Psychiatry Research Day at the University of Colorado Anschutz Medical Campus, Aurora, CO [Virtual Presentation].
- 3) **Ellingson, J. M.** (2020, June). Leveraging multilevel models to understand the nature of substance abuse correlates. Paper presented at the annual meeting of the College on Problems of Drug Dependence, Hollywood, FL [Virtual Presentation].
- 2) **Ellingson, J. M.**, Border, R. C., Lessem, J. M., Llewellyn, D. J., & Keller, M. C. (2020, June). Do modifiable risk factors moderate the effect of APOE on cognitive decline? Paper presented at the 50th Annual Meeting of the Behavior Genetics Association, Los Angeles, CA [Virtual Presentation].
- 1) **Ellingson, J. M.**, Ross, J. M., Winiger, E., & Hopfer, C. J. (2019, December). Familial risk factors may not explain the link between heavy adolescent cannabis use and cognitive functioning. Presented to the Developmental Psychobiology Research Group at the University of Colorado Anschutz Medical Campus, Aurora, CO.

12. Teaching Record

Medical/Graduate Student Presentations

<u>Course/Number</u>	<u>Date</u>
Addiction Medicine Fellowship Discuss the evidence base of mindfulness of substance use disorders, provide an overview of a manualized treatment including practices, and discuss hypothesized mechanisms of mindfulness.	2020-2022
3rd Year Psychiatry Residency, Addiction Course Discuss the evidence base of mindfulness for substance use disorders, provide an overview of a manualized treatment, and discuss hypothesized mechanisms of mindfulness.	2020-Present
Predoctoral Psychology Internship Discuss the epidemiology of substance use disorders (SUDs), including Colorado-specific data. Also, provided an overview of mindfulness treatments for substance use disorders.	2021-Present

Graduate Student Teaching

<u>Course</u>	<u>Date</u>
Predoctoral Psychology Internship Provide clinical supervision to predoctoral psychology interns at the Center for	2021-2024

Dependency, Addiction, and Rehabilitation (CeDAR) and external supervision for interns at other rotations, including guidance through the postdoctoral/faculty job search process.

Undergraduate Student Teaching

<u>Course/Number</u>	<u>Date</u>
Psychiatry Undergraduate Research Program and Learning Experience (PURPLE)	2021-2023
Discuss how the gene-environment interplay underlies neuropsychiatric disorders, including its relevance to personalized medicine and recent ethical concerns.	

13. Grant Support

Current Federal Grants

<u>Title, Number</u>	<u>Date</u>
Combining laboratory and ecological momentary assessment-based methods to determine age-related differences in the relationship between alcohol use, pain, and inflammation, R01AA031494-A	2025-2030
Role: Principal Investigator (30% FTE; \$2,609,101 UCD, \$ 2,881,366 total budgeted)	
The effects of cannabis legalization and persistent use: A longitudinal study of two twin cohorts, R01DA042755-06	2024-2029
Role: Contact Principal Investigator (30% FTE; \$487,482 UCD, \$ 6,734,214 total budgeted)	
MPI: Ellingson, Rhee, Vrieze, Wilson	
Rocky Mountain Cannabis Research Center, P50DA056408	2023-2028
Role: Co-Investigator (10% FTE; \$15,319,979 total budgeted)	
PI: Hutchison	
Understanding effects of high-potency cannabis products on mental health and psychosocial functioning: A longitudinal co-twin study, R01DA054096	2023-2028
Role: Co-Investigator (10% FTE; \$3,889,326 total budgeted)	
PI: Hopfer	
Adult progression of adolescent-onset substance use disorder in a high-risk sample, R01DA053693	2022-2027
Role: Co-Investigator (10% FTE; \$1,263,038 UCD, \$3,240,690 total)	
MPI Hopfer, Stallings, Wall	
Colorado Adoption/Twin Study of Lifespan behavioral development & cognitive aging (CATSLife2), R01AG046938	2020-2026
Role: Co-Investigator (10% FTE; \$23,295 UCD, \$7,700,010 total)	
MPI Reynolds, Wadsworth	

Submitted Grants

<u>Title, Number</u>	<u>Date</u>
Understanding alcohol use and co-occurring externalizing problems: A longitudinal sibling-comparison study of high-risk individuals, R01AA031971	2026-2031
Role: Principal Investigator (20% FTE; \$1,721,139 UCD, \$3,929,367 total budgeted)	
Relapse Prevention for Alcohol Use Disorder: Neurocognitive Mechanisms, R01AA031957	2026-2031
Role: Multiple Principal Investigator (20% FTE; \$3,508,688 UCD, \$ \$3,508,688 total budgeted)	
MPI: Gowin, Ellingson	

Prior Federal Grants

<u>Title, Number</u>	<u>Date</u>
Graduate Psychology Education Programs, D40HP33359	2022-2025
Role: Co-Investigator (0% FTE; \$282,965 UCD, \$282,965 total)	
PI Blakeley-Smith	
Common mechanisms of the microbiota-gut-brain axis in alcohol use disorder and depression: A genetically informed investigation, K23AA026635	2018-2025
Role: Principal Investigator (30% FTE; \$838,850 UCD, \$838,850 total)	
Common risk mechanisms and treatment mechanisms of alcohol use and major depressive disorder, Loan Repayment Program	2017-2019
Role: Principal Investigator (0% FTE; \$53,200 total)	
Investigating how bottom-up and top-down processes relate to alcohol use disorder, F31AA022294	2013-2015
Role: Principal Investigator (100% FTE; \$67,888 total)	

Prior Institutional Grants

<u>Title, Funder</u>	<u>Date</u>
Short-term effects of cannabis use and cannabinoids in youth: A sibling-comparison study, Institute for Cannabis Research	2021-2024
Role: Principal Investigator (5% FTE; \$215,613)	
Establishing a data workflow for collaborative research in a psychiatry clinic, Psychiatry Research Innovations	2020-2023
Role: Multiple Principal Investigator (0% FTE; \$10,000)	
MPI: Ellingson, Ritvo	
Cytochrome P450 and subjective cannabis response in youth cannabis use disorder, Medical University of South Carolina	2021-2023

Role: Co-Investigator (0% FTE; \$0 UCD, \$10,000 total)
PI Tomko

14. Bibliography

Peer-Reviewed Articles

- 69) Ren Z., **Ellingson J. M.**, Hopfer C. J., Krueger, R. F., Krizan, Z., Markon, K. E., ... & McGue, M. (in press). Sleep and maladaptive personality traits: A twin study. *J Sleep Res*. DOI: [10.1111/jsr.70242](https://doi.org/10.1111/jsr.70242)
- 66) McCool M. W., Carpenter R. W., **Ellingson J. M.** (in press). The role of distress tolerance in the momentary relationship between negative affect and drinking in daily life. *Psychol Addict Behav*. DOI: [10.1037/adb0001099](https://doi.org/10.1037/adb0001099)
- 68) McCabe C. J., **Ellingson J. M.**, Hinckley J. D., Stallings, M., Hopfer, C., ... & Wall, T. L. (2025). Directional associations between antisocial behavior and alcohol use disorder symptoms from adolescence through adulthood: A sibling comparison cross-lagged approach. *Alcohol Clin Exp Res*, 49(9), 2092-2102. DOI: [10.1111/acer.70134](https://doi.org/10.1111/acer.70134)
- 67) Hooper J. F., **Ellingson J. M.**, Hutchison K. E. (2025). Preliminary validation and refinement of the psychedelic aesthetic experience questionnaire. *Front Psychol.*, 16, 1648968. DOI: [10.3389/fpsyg.2025.1648968](https://doi.org/10.3389/fpsyg.2025.1648968)
- 65) Nance M., Miller M. B., **Ellingson J. M.**, & Carpenter R.W. (2025). Sleep quality and duration following the use and co-use of alcohol and cannabis in the daily life of community adults. *Drug Alcohol Depend*, 277, 112946. DOI: [10.1016/j.drugalcdep.2025.112946](https://doi.org/10.1016/j.drugalcdep.2025.112946)
- 64) **Ellingson, J. M.**, Zabelski, A. E., Skrzynski, C. J., Gowin, J. L., Bryan, A. D., & Hutchison, K. E. (2025). Mindfulness, alcohol use disorder, and depressive symptoms after outpatient alcohol treatment. *Mindfulness*, 16, 1950-1959. DOI: [10.1007/s12671-025-02604-w](https://doi.org/10.1007/s12671-025-02604-w)
- 63) Stern, E. F., **Ellingson, J. M.**, Shaefer, J. D., Hinckley, J. D., Stallings, M. C., Corley, R. P., Hopfer, C., Wall, T. L., Rhee, S. H. (2025). Associations between cannabis use frequency and suicidal thoughts and behaviors: A clinical longitudinal sibling study. *Addictive Behaviors Reports*, 22, 100620. DOI: [10.1016/j.abrep.2025.100620](https://doi.org/10.1016/j.abrep.2025.100620)
- 62) McNamara, I. A., Boissoneault, J., **Ellingson, J. M.**, Sauer, J., & Carpenter, R. W. (2025). Associations of physical pain, alcohol use, and related factors in the daily

lives of patients with chronic low back pain. *Alcohol*, 127, 73-83. DOI: [10.1016/j.alcohol.2025.06.002](https://doi.org/10.1016/j.alcohol.2025.06.002)

- 61) Panchal, Z., Sakai, J., Goldstein-Piekarski, A. N., **Ellingson, J. M.**, Iacono, W., Corley, R. P., ... & Ross, J. M. (2025). Mental Health, Substance Use, and Related Factors Associated with Recent Use of Cannabis for Sleep: A Co-Twin Control Study. *Behavioral Sleep Medicine*, 23(5), 648–660. DOI: [10.1080/15402002.2025.2508770](https://doi.org/10.1080/15402002.2025.2508770)
- 60) Mueller, R. L., Hooper, J. F., **Ellingson, J. M.**, Olsavsky, A. K., Rzasa-Lynn, R., Bryan, A. D., ... & Hutchison, K. E. (2025). A preliminary randomized trial of the safety, tolerability, and clinical effects of hemp-derived cannabidiol in alcohol use disorder. *Frontiers in Psychiatry*, 16, 1516351. DOI: [10.3389/fpsyt.2025.1516351](https://doi.org/10.3389/fpsyt.2025.1516351)
- 59) Panchal, Z., Sakai, J. T., **Ellingson, J. M.**, Zellers, S., Wright Jr, K. P., McGue, M. K., ... & Ross, J. M. (2025). Association of Recreational Cannabis Legalization with Frequency of Using Cannabis for Sleep. *Journal of Psychoactive Drugs*, 1-10. DOI: [10.1080/02791072.2025.2484379](https://doi.org/10.1080/02791072.2025.2484379)
- 58) Gowin, J. L. **Ellingson, J. M.**, Karloy, H. C., Manza, P., Ross, J. M., Sloan, M. E., Tanabe, J. L., & Volkow, N. D. (2025). Brain function outcomes of recent and lifetime cannabis use. *JAMA Network Open*, 8(1)e2457069. DOI: [10.1001/jamanetworkopen.2024.57069](https://doi.org/10.1001/jamanetworkopen.2024.57069)
- 57) Bruellman, R., Pahlen, S., **Ellingson, J. M.**, Corley, R. P., Wadsworth, S. J., Reynolds, C. A. (2024). A twin-driven analysis on early aging biomarkers and associations with sitting-time and physical activity. *PLOS One*, 19(9), e0308660. DOI: [10.1371/journal.pone.0308660](https://doi.org/10.1371/journal.pone.0308660)
- 56) Davis, C. N., Markowitz, J. S., Squeglia, L. M., **Ellingson, J. M.**, McRae-Clark, A. L., Gray, K. M., Tomko, R. L. (2024). Evidence for sex differences in the impact of cytochrome P450 genotypes on early subjective effects of cannabis. *Addictive Behaviors*, 153, 107996. DOI: [10.1016/j.addbeh.2024.107996](https://doi.org/10.1016/j.addbeh.2024.107996)
- 55) Zik, J., Hawks, J., **Ellingson, J. M.**, Elliotte, E., Penner, A., Malaska, C., Trujillo, T., & Stoddard, J. (2024). Family and peer functioning mediate associations between COVID-19 impact and child mental health. *Current Psychology*, 43(27), 23344–23351. DOI: [10.1007/s12144-024-05780-5](https://doi.org/10.1007/s12144-024-05780-5)
- 54) Carpenter, R. W., Nance, M., Frumkin, M. R., Boissoneault, J., & **Ellingson, J. M.** (2024). Use and co-use of alcohol and cannabis following physical pain in the

daily life of community adults engaged in regular substance use. *Psychology of Addictive Behaviors*, 38(7), 747-758.

- 53) Waddell, J. T., Carpenter, R. W., Frumkin, M. R., McNamara, I. A., & **Ellingson, J. M.** (2024). Modeling momentary reciprocal associations between negative affect and craving for alcohol and cannabis using dynamic structural equation modeling. *Psychology of Addictive Behaviors*, 38(5), 591–600. DOI: [10.1037/adb0000994](https://doi.org/10.1037/adb0000994)
- 51) Zellers, S. M., Alexander, J., **Ellingson, J. M.**, Schaefer, J. D., Corley, R. P., Iacono, W. G., Hewitt, J. K., Hopfer, C. J., McGue, M., & Vrieze, S. I. (2024). Limited psychological and social effects of lifetime cannabis use frequency: Evidence from a 30-year community study of 4,078 twins. *Journal of Psychopathology and Clinical Science*, 133(1), 115. DOI: [10.1037/abn0000867](https://doi.org/10.1037/abn0000867)
- 50) Hinckley, J., Bhatia, D., **Ellingson, J.**, Molinero, K., & Hopfer, C. (2024). The impact of recreational cannabis legalization on youth: The Colorado Experience. *European Child & Adolescent Psychiatry*, 33(3), 637-650. DOI: [10.1007/s00787-022-01981-0](https://doi.org/10.1007/s00787-022-01981-0)
- 49) Ross, J. M., Karoly, H. C., Zellers, S. M., **Ellingson, J. M.**, Corley, R. P., Iacono, W. G., Hewitt, J. K., McGue, M., Vrieze, S. I., & Hopfer, C. J. (2023). Evaluating substance use outcomes of recreational cannabis legalization using a unique co-twin control design. *The American Journal of Drug and Alcohol Abuse*, 49(5), 630-639. DOI: [10.1080/00952990.2022.2163177](https://doi.org/10.1080/00952990.2022.2163177)
- 48) Skrzynski, C. J., Karoly, H., **Ellingson, J. M.**, Haggerty, S., Bryan, A. D., & Hutchison, K. E. (2023). Comparing the efficacy of mindfulness-based relapse prevention versus relapse prevention for alcohol use disorder: A randomized control trial. *Journal of Studies on Alcohol and Drugs*, 84(4), 560-569. DOI: [10.15288/jsad.21-00392](https://doi.org/10.15288/jsad.21-00392)
- 47) Hinckley, J. D., Mikulich-Gilbertson, S. K., He, J. P., Bhatia, D., **Ellingson, J. M.**, Vu, B. N., ... & Sakai, J. T. (2023). Cannabis use is associated with depression severity and suicidality in the National Comorbidity Survey– Adolescent Supplement. *JAACAP Open*, 1(1), 24-35. DOI: [10.1016/j.jaacop.2023.02.002](https://doi.org/10.1016/j.jaacop.2023.02.002)
- 46) Zellers, S. M., Ross, J. M., Saunders, G. R., **Ellingson, J. M.**, Walvig, T., Anderson, J. E., ... & Vrieze, S. (2023). Recreational cannabis legalization has had limited effects on a wide range of adult psychiatric and psychosocial outcomes. *Psychological Medicine*, 53(14), 6481-6490. DOI: [10.1017/S0033291722003762](https://doi.org/10.1017/S0033291722003762)

- 45) Rhee, S.H. & **Ellingson, J. M.** (2023). Alternative hypotheses regarding the association between early engagement in gambling and gambling-like activities and later problem gambling: A commentary on Richard and King. *Journal of Child Psychology and Psychiatry*, 64(4), 689-692. DOI: [10.1111/jcpp.13760](https://doi.org/10.1111/jcpp.13760)
- 44) Zellers, S. M., Ross, J. M., Saunders, G. R., **Ellingson, J. M.**, Anderson, J. E., Corley, R. P., ... & Vrieze, S. (2023). Impacts of recreational cannabis legalization on cannabis use: a longitudinal discordant twin study. *Addiction*, 118(1), 110-118. DOI: [10.1111/add.16016](https://doi.org/10.1111/add.16016)
- 43) Ross, J. M., **Ellingson, J. M.**, Frieser, M. J., Corley, R. C., Hopfer, C. J., Stallings, M. C., Wadsworth, S. J., Reynolds, C. A., & Hewitt, J. K., (2022). The effects of cannabis use on physical health: A co-twin control study. *Drug and Alcohol Dependence*, 230(1), 109200. DOI: [10.1016/j.drugalcdep.2021.109200](https://doi.org/10.1016/j.drugalcdep.2021.109200)
- 42) Zik, J., Deveney, C. M., **Ellingson, J. M.**, Haller, S. P., Kircanski, K., Cardinale, E. M., Brotman, M. A., & Stoddard, J. (2022). Understanding Irritability in Relation to Anger, Aggression, and Informant in a Pediatric Clinical Population. *Journal of the American Academy of Child and Adolescent Psychiatry*, 61(5), 711-720. DOI: [10.1016/j.jaac.2021.08.012](https://doi.org/10.1016/j.jaac.2021.08.012)
- 41) Watson, K. K., Bryan, A.D., Thayer, R. E., **Ellingson, J. M.**, Skrzynski, C. J., & Hutchison, K. E. (2022). Cannabis use and resting state functional connectivity in the aging brain. *Frontiers in Aging Neuroscience*, 14, 804890. DOI: [10.3389/fnagi.2022.804890](https://doi.org/10.3389/fnagi.2022.804890)
- 40) Gibson, L. P., Karoly, H. C., **Ellingson, J. M.**, Klawitter, J. Sempio, C. Squeri, J. E., Bryan, A. D., Bidwell, L. C., & Hutchison, K. E. (2022). Effects of cannabidiol in cannabis flower: Implications for harm reduction. *Addiction Biology*, 27, e13092. DOI: [10.1111/adb.13092](https://doi.org/10.1111/adb.13092)
- 39) **Ellingson, J. M.**, Hinckley, J. D., Ross, J. M., Schacht, J. P., Bidwell, L. C., Bryan, A. D., Hopfer, C. J., Riggs, P., & Hutchison, K. E. (2021). The neurocognitive effects of cannabis across the lifespan. *Current Behavioral Neuroscience Reports*, 8, 124-133. DOI: [10.1007/s40473-021-00244-7](https://doi.org/10.1007/s40473-021-00244-7)
- 38) **Ellingson, J. M.**, Littlefield, A. K., Wood, P. K., & Sher, K. J. (2021). Delineating developmental periods in adulthood suggests age-related shifts in the correlates of alcohol use and problems. *Alcoholism: Clinical & Experimental Research*, 45(2), 446-456. DOI: [10.1111/acer.14535](https://doi.org/10.1111/acer.14535)

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- 2) **Ellingson, J. M.**, Silbaugh, B. C., & Brasser, S. M. (2009). Reduced oral ethanol avoidance in mice lacking transient receptor potential channel vanilloid receptor 1 (TRPV1). *Behavioral Genetics*, 39(1), 62-72. DOI: [10.1007/s10519-008-9232-1](https://doi.org/10.1007/s10519-008-9232-1)
- 1) Sim, L. A., Homme, J. H., Lteif, A. N., Vande Voort, J. L., Schak, K. M., & **Ellingson, J.** (2009). Family functioning and maternal distress in adolescent girls with anorexia nervosa. *International Journal of Eating Disorders*, 42(6), 531-539. DOI: [10.1002/eat.20654](https://doi.org/10.1002/eat.20654)

Book Chapters

- 3) **Ellingson, J. M.**, Littlefield, A. D., Vergés, A., & Sher, K. J. (2018). Psychopathy and substance use disorders. In C. J. Patrick (Ed.), *Handbook of Psychopathy* (pp. 635-661): Guilford Press.
- 2) Gizer, I. R., Otto, J. M., & **Ellingson, J. M.** (2015). Molecular genetic approaches to studying the externalizing spectrum. In T. P. Beauchaine & S. P. Hinshaw (Eds.), *The Oxford Handbook of Externalizing Spectrum Disorders* (pp. 125-148): Oxford University Press.
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Other Products of Scholarship

Ellingson, J. M. (2021). *Mindfulness Interventions for Alcohol Use Disorder*.
<http://www.alcoholmedicalscholars.org/home>.

Conference Poster Presentations

- 24) Blake, G., **Ellingson, J. M.**, Corley, R. P., Rhee, S., Stallings, M., Wall, T., Hopfer, C. J., & Hinckley, J. D. (2023, August) *Investigation of life events associated with development of OUD in young adults: A longitudinal study of a high-risk clinical population*. Accepted for presentation at the Annual Meeting of the College on Problems of Drug Dependence, Denver, CO.
- 23) Stern E. F., Schaefer, J.* , **Ellingson, J. M.***, Zellers, S., Corley, R. P., Elkins, I., Hopfer, C. J., Iacono, W. G., Kilmes-Dougan, B., Malone, S. M., McGue, M., Rhee, S. H., Ross, J. M., Vrieze, S., & Wilson, S. (2023, March) *Cannabis use and suicidality: A multi-site, co-twin control study from adolescence through middle adulthood*. Presented at the Biennial Meeting of the Society of Research on Child Development, Salt Lake City, UT. (*co-lead authors on publication)
- 22) Hinckley, J. D., Bhatia, D., **Ellingson, J. M.**, Molinero, K., & Hopfer, C. J. (2022, July) *The impact of recreational cannabis legalization on youth: The Colorado experience*. Presented at the 6th Annual Meeting of the Research Society on Marijuana, Boston, MA.
- 21) Bidwell, L. C. Gibson, L. P., Karoly, H. C., Gust, C. L., **Ellingson, J. M.**, Sempio, C., Klawitter, J., Bryan. A., Hutchison, K. E. (2020, July). *Sex-specific intoxication, affective, and psychomotor responses in cannabis concentrate users*. Paper accepted for the 30th Annual International Cannabinoid Research Society Symposium on Cannabinoids, Galway, Ireland. Canceled due to COVID.
- 20) **Ellingson, J. M.**, Mueller, R., & Hutchison, K. E. (2018, July). *Oral Microbiota Characteristics of Cannabis, Cigarette, and Alcohol Use and Co-Use*. Paper presented at the 2nd Annual Meeting of the Research Society on Marijuana, Fort Collins, CO.
- 19) **Ellingson, J. M.**, YorkWilliams, S., Hagerty, S. L., Bryan, A.D., & Hutchison, K. E. (2018, June). *Is mindfulness a mechanism of change for co-occurring AUD and internalizing symptoms: A pilot study of individual MBRP*. Paper presented at the 41st Annual Meeting of the Research Society on Alcoholism, San Diego, CA.
- 18) **Ellingson, J. M.**, C. Bidwell, L. C., Hutchison, K. E., & Bryan, A. D. (2017, July). *Correlates and trajectories of cannabis withdrawal in adolescence*. Paper presented at the 1st Annual Meeting of the Research Society on Marijuana, Fort Collins, CO.

- 17) **Ellingson, J. M.**, Koljack, C., Hagerty, S. L., & Hutchison, K. E. (2017, June). *Methylation of VTRNA2-1 gene is associated with differential heart rate during intravenous alcohol infusion*. Paper presented at the 40th Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- 16) Hagerty, S. L., Bidwell, L. C., **Ellingson, J. M.**, & Hutchison, K. E. (2017, June). *Gene network-based methylation risk scores associated with AUD status in postmortem human brain tissue samples*. Paper presented at the 40th Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- 15) Otto, J. M., Gizer, I. R., **Ellingson, J. M.**, Ehlers, C. L., & Wilhelmsen, K. C. (2015, June). *Association of common and rare exonic variants with alcohol dependence: a pathway-based approach*. Paper presented at the 38th Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 14) **Ellingson, J. M.**, Littlefield, A. K., Wood, P. K., & Sher, K. J. (2015, March). *Investigating developmental processes underlying alcohol use and facets of impulsivity*. Paper presented at the 13th Guze Symposium, St. Louis, MO.
- 13) Otto, J. M., Gizer, I. R., **Ellingson, J. M.**, Ehlers, C. L., & Wilhelmsen, K. C. (2015, March). *Association of common and rare exonic variants with alcohol dependence: a pathway-based approach*. Paper presented at the 13th Guze Symposium, St. Louis, MO.
- 12) **Ellingson, J. M.** & Sher, K. J. (2014, June). *Does working memory capacity moderate associations between reasons for not drinking and alcohol involvement?* Paper presented at the 37th Annual Meeting of the Research Society on Alcoholism, Seattle, WA.
- 11) Otto, J. M., Gizer, I. R., **Ellingson, J. M.**, Wilhelmsen, K. C., & Ehlers, C. L. (2014, June). *Association of exonic variants with alcohol and tobacco use phenotypes in the UCSF Family Alcoholism Study*. Paper presented at the 37th Annual Meeting of the Research Society on Alcoholism, Seattle, WA.
- 10) **Ellingson, J. M.**, Vergés, A., Littlefield, A. K., Martin, N. G., & Slutske, W. S. (2013, June). *Are bottom-up and top-down processes in dual-process models of personality genetically distinct?* Paper presented at the 36th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.
- 9) **Ellingson, J. M.**, Långström, N., Lichtenstein, P., D'Onofrio, B. M. (2011, June). *Disentangling the relationships between maternal smoking during pregnancy and co-occurring risk factors*. Paper presented at the 41st Annual Meeting of the Behavior Genetics Association, Newport, RI.

- 8) **Ellingson, J. M.**, Slutske, W. S., & Martin, N. G. (2009, February). *The reliability and validity of the family history method for assessing gambling involvement and pathological gambling*. Paper presented at the 9th Annual Samuel B. Guze Symposium on Alcoholism, St. Louis, MO.
- 7) **Ellingson, J. M.**, Castro, N., Reyes, N., Wagoner, D., Robinson, R. J., Hoffman, A., Lemon, C. H., & Brasser, S. M. (2008, November). *Microstructural analysis of long-term alcohol intake and preference in mice lacking the transient receptor potential channel vanilloid receptor (TRPV1)*. Paper presented at the 38th Annual Meeting of the Society for Neuroscience, Washington, DC.
- 6) **Ellingson, J. M.**, Silbaugh, B. C., Kazemi, S. D., Robinson, R. J., & Brasser, S. M. (2007, November). *Orosensory Responding to Ethanol in Mice Lacking the Transient Receptor Potential Channel Vanilloid Receptor 1 (TRPV1)*. Paper presented at the 37th Annual Meeting of the Society for Neuroscience, San Diego, CA.
- 5) **Ellingson, J. M.**, Silbaugh, B., & Brasser, S. M. (2007, May). *Does insensitivity to alcohol's oral trigeminal component contribute to orosensory alcohol preference?* Paper presented at the 20th Annual California State University Research Conference, Dominguez Hills, CA.
- 4) **Ellingson, J. M.**, Silbaugh, B., & Brasser, S. M. (2007, February). *Does insensitivity to alcohol's oral trigeminal component contribute to orosensory alcohol preference?* Paper presented at the 20th Annual San Diego State University Research Competition.
- 3) Castro, N., **Ellingson, J. M.**, Silbaugh, B.C., Kazemi, S.D., Robinson, R.J., & Brasser, S.M. (2007, April) *Reduced Orosensory-Mediated Alcohol Avoidance in Mice Deficient for Transient Receptor Potential Channel Vanilloid Receptor 1 (TRPV 1)*. Poster presented at the 26th annual National Institute of Mental Health (NIMH) Career Opportunity in Research (COR) Conference, Albuquerque, New Mexico.
- 2) Friedrich, W. N., Sim, L. A., Zeman, J., & **Ellingson, J. M.** (2005, July). *Maltreatment history and self-injurious behavior in psychiatrically hospitalized adolescents*. Paper presented at the 9th Annual International Family Violence Research Conference, Portsmouth, NH.
- 1) **Ellingson, J. M.**, Thompson, B., & Wallace, K. (2005, April). *Saliency of gender, ethnicity, and facial expressions in children's classifications*. Paper presented at the 12th Annual University of Northern Iowa College of Social and Behavioral Sciences Student Research Conference, Cedar Falls, IA.