

**Kasey R. Bowden, MSN, FNP, AG-ACNP BC**  
Assistant Professor of Medicine, Division of Hospital Medicine  
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### **Education**

2005-2009            **University of Kansas Medical Center**  
Bachelor of Science in Nursing, Graduated with Highest Distinction and  
University/Departmental Honors  
Lawrence, KS

Jun-Jul 2006        **Veritas University**  
Intensive Spanish Language Study Abroad Program  
San Jose, Costa Rica

2009-2010           **Georgetown University**  
Master of Science in Nursing, Family Nurse Practitioner  
Washington, D.C.

2011-2012           **University of Colorado School of Medicine**  
Advanced Practice Fellowship – Year-long intensive training in hospital  
medicine and acute care medicine  
Aurora, CO

Jan-Dec 2016        **University of Colorado**  
Post-Graduate Certificate, Adult-Geriatric Acute Care NP  
Aurora, CO

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### **Academic Appointments**

2012-2018           **Instructor of Medicine**, University of Colorado School of Medicine

Apr 2018-Present   **Assistant Professor of Medicine**, University of Colorado School of Medicine

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### **Work Experience**

2006-2007           **Undergraduate Teaching Assistant in Biology and Microbiology**,  
University of Kansas

2007-2009           **Jr Nurse Associate**, University of Kansas Hospital

2009-2010           **Registered Nurse**, Summit Health

2011-2012           **Advanced Practice Fellow**, University of Colorado School of Medicine

2012-2018           **Instructor of Medicine**, University of Colorado School of Medicine

Apr 2018-Present   **Assistant Professor of Medicine**, University of Colorado School of Medicine  
University of Colorado Internal Medicine Hospitalist Faculty  
Associate Clinical Director, Division of Hospital Medicine

Lead APP, Division of Hospital Medicine  
Director of Extended Recovery Program  
University of Colorado Lead APP Committee  
Founding Faculty and Planning Committee, Best Practices in  
Pharmacotherapeutics and Primary Care Conference

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**Professional Positions:**

- 2012-2017**                    **APP Schedule Lead, Division of Hospital Medicine**  
Created schedule for DHM APPs  
Perform DSE calculations for APPs to ensure adequate service-line staffing.  
Create strategic plans to expand APP coverage of new service lines.
- 2017-Present**                **Lead APP, Division of Hospital Medicine**  
Identify and create opportunities for professional development and advancement for APPs within the Division of Hospital Medicine.  
Identify 'best practices' for MD-APP collaboration, care delivery models, and revenue capture.  
Assist with hiring and retaining talented APP faculty.  
Promote APP faculty leadership appointments within the DHM Advanced Practice Fellowship.  
Participate in MedCab, University of Colorado Advanced Practice Council and the University of Colorado Lead APP Committee.  
Mentor and advocate for DHM APPs.
- 2017-Present**                **Director of Extended Recovery Service, University of Colorado Hospital**  
Oversee development and daily operations of the Extended Recovery (ER)service, which utilizes APPs to provide nightly cross-cover for post-procedure extended recovery class patients from various service lines.  
Collaborate with procedural teams including Interventional GI, Renal, and Interventional Pulmonology.  
Implement QI initiatives, Collect/present data around service line utilization and financial viability of the service.  
Develop a vision for program growth and expansion.  
Maximize capacity on inpatient medicine services by ensuring appropriate utilization of ER service, thus allowing inpatient teams to care for inpatient and observation class patients.
- 5/2018-1/2019**                **Assistant Director of Clinical Operations, Division of Hospital Medicine**  
Strategic planning around day-to-day clinical operations with the DHM.  
Ensure appropriate utilization of APPs to maximize efficiency and patient safety while maximizing provider satisfaction and preventing burnout.
- 1/2019-Present**                **Associate Clinical Director, Division of Hospital Medicine**  
Establish strategic growth priorities to navigate increasing patient volumes, while optimizing hospital throughput and improving patient care.  
Create partnerships with UC Health and other divisions within the healthcare system.  
Create/improve upon current performance evaluation system.  
Identify opportunities to improve efficiency and maximize revenue.

Develop ideas for innovative and inventive care delivery models, specifically those that utilize APPs.  
Collaborate with the DHM Director of Diversity and Equity to ensure equity is at the core of DHM policies and initiatives.

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### **Awards and Honors**

2006-2009	University of Kansas Women's Club Scholarship
2007-2008	George and Martha Varnes Memorial Scholarship
2008-2009	Baptist Trinity Lutheran Legacy Foundation Scholarship
2008-2009	Pi Beta Phi Educational Foundation Scholarship
2008-2009	Mary Roberts Junior Nursing Award
2008-2009	Sigma Theta Tau Scholarship for Academic Excellence
2009	US Army Nurse Corp Spirit of Nursing Award
2009	Kay Schlicter Award
2014	Peak Performer Award for Excellence in Hospital-Based Medicine
2015	Division of Hospital Medicine Above and Beyond Award Recipient
2015	Division of Hospital Medicine Above and Beyond Award Recipient
2015-2016	DHM 'High-Octane' Clinical Excellence Award
2017	"UC Health takes aim at sickle-cell, a not so rare medical disorder." Featured article about Sickle Cell Transitions of Care Project in UC Health Today.
2017	Division of Hospital Medicine Above and Beyond Award Recipient
2013-Present	"Kasey Bowden Scholarship." \$1500 yearly scholarship founded by Professor Craig Martin at the University of Kansas. Provides funding towards a study abroad experience for undergraduate students interested in the medical profession.
2018	Div. of Hospital Medicine Above and Beyond Reward Recipient, Aug 2018
2018	University of Colorado, Department of Medicine Innovator Award

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### **Professional Memberships**

2006-2009	Pi Kappa Phi
2007-2009	National Society of Collegiate Scholars
2008-2009	Sigma Theta Tau, Delta Chapter
2012-Present	American Academy of Nurse Practitioners
2013-Present	Society of Hospital Medicine
2017-Present	Colorado Society of Advanced Practice Nurses

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### **Hospital/Division Committee Participation**

2012-2013	Lead, HMG Website Task Force (2012-2013)
2013-2014	9 <sup>th</sup> Floor Quality Improvement Task Force
2014-2016	HMS Longitudinal Scholarship Team
2014-2016	Division of Hospital Medicine, APP Workforce for Professional Contract Evaluation and Negotiation
Sept-Nov 2017	Clinical Educators Advisory Council, Division of Hospital Medicine
2015-2018	DHM Schedules Working Group
2017-2018	UC Health Complex Discharge Committee, Clinician Representative
2012-Present	Advanced Practice Council, University of Colorado Hospital

2016-Present	Founding and Planning Committee: 'Best Practices Primary Care and Pharmacotherapeutics Annual Conference'
2017-Present	Division of Hospital Medicine MedCab
2017-Present	UC Health Lead APP Committee, University of Colorado Hospital <ul style="list-style-type: none"> <li>- Monthly meetings with the Director of Advanced Practice and Lead APPs within the hospital to discuss current issues related to practice including: Hiring/onboarding/credentialing, professional performance evaluations, salary benchmarks, APP retention, faculty development and professional advancement</li> <li>- Invited to attend the CAP2 conference in 2017 &amp; 2018, which focuses on optimal utilization of APPs, as a UC Health APP representative</li> <li>- Sub-Committees: APP credentialing, Security and Violence Prevention, APP Value and Productivity</li> </ul>
2018-Present	Division of Hospital Medicine Billing Best Practices Committee
2018-Present	Division of Hospital Medicine APP-MD Best Practices Committee

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### **Additional Training**

October 2014	University of Colorado Department of General Internal Medicine Leadership Development Program
Jan-Dec 2015	Institute of Healthcare Quality, Safety and Efficiency – Certificate Training Program
October 2015	Society of Hospital Medicine Academic Hospitalist Academy
Jan-Dec 2016	Post-Graduate Certificate, Adult Geriatric Acute Care Nurse Practitioner
May 2017	UC Health, Excellence in Communication Course
May-June 2017	University of Colorado, Facilitative Leadership Course
October 2017	Society of Hospital Medicine Leadership Academy: Influential Leadership
July 2016-Present	DHM Hospitalist Faculty Scholars Program
October 2018	Society of Hospital Medicine Leadership Academy: Mastering Teamwork

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### **Licensure/Certification**

American Nurses Credentialing Center, Adult-Geriatric Acute Care Nurse Practitioner; Certification #2016034509  
American Nurses Credentialing Center, Family Nurse Practitioner; Certification #2011001731  
Advanced Practice Nurse; Colorado. License # APN.0990126-NP  
Prescriptive Authority; Colorado. License # 0100427-NP  
DEA # mb2639067  
Registered Nurse; State of Colorado, License # R193666  
Basic Life Support for Healthcare Providers

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### **Invited Speaking**

“Subjective Reality: The Impact of Cognitive Biases in Hospital Medicine.” University of Colorado Division of Hospital Medicine Grand Rounds. September 2015.

“Building a Successful Advanced Practice Workforce in Hospital Medicine: How Implementation of an NP/PA Fellowship can Increase Retention, Improve Provider Satisfaction, and Save Money” Didactic Session at the Society of Hospital Medicine National Meeting, March 2019

“The Academic NP/PA: Innovative Approaches to Development and Utilization of NP/PAs in Academic Hospitalist Groups.” Didactic Session at the Society of Hospital Medicine National Meeting, March 2019

“Infectious Disease Updates in Internal Medicine” – Didactic Session at the National Nurse Practitioner Symposium, July 2019

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### Teaching and Mentorship

2012-2013	Advanced Practice Fellowship Oversight Committee
2014-2016	Interprofessional Education Course Facilitator
2014-2016	Internal Medicine Residency Program Wednesday Education Program, Guest Lecturer: ‘Working with APPs’
2015	Preceptor, Colorado Collegiate Health Professions Development Scholars
2017	ICC Small Group Session Facilitator. Topic: Notes and Oral Presentations
2018	ICC Small Group Session Facilitator. Topic: Handoffs
2018	Faculty Facilitator, APF Case Report
2012-Present	Core Faculty – University of Colorado Advanced Practice Fellowship Bedside and didactic teaching for Advanced Practice Fellows. Current lectures include: Cirrhosis, CHF, Alcoholic Hepatitis, Professionalism, METS/Emergencies *2017-2018: Submitted proposal to program director, division head, and the director of the Office of Advanced Practice for total redesign of the fellowship. This proposal led to creation of 2 new leadership roles for APPs, and built the framework to prepare to expand the fellowship to a system-wide program.
2012-Present	FNP, AG-ACNP Student Preceptor, Precepted >20 students to date
2016-Present	DHM MD Orientation: Working with APPs

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### Grant Funded Research

**2016. Co-Principal Investigator. Clinical Effectiveness and Patient Safety Grants. University of Colorado.** “Care Transitions Program for Hospitalized Patients with Sickle Cell Disease.” \$25,000 grant awarded. Co-Principal Investigator: Amira Del Pino-Jones.

**2018 (current funding). Co-Investigator.** “Data-driven innovations to improve discharge for the medically complex hospitalized patient.” D2V Pilot Grants Program. \$75,000 grant awarded. Principal Investigator: Marisha Burden.

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### Peer Reviewed Scholarly Publications

1. **Bowden K**, Fitzgerald S, Piamjariyakul U, Smith CE. “Patient self-report of depression compared to nurse assessments of depression in heart failure,” *KUMC Journal of BSN Honors Nursing Research*, Aug 2009.
2. **Bowden K**, Fitzgerald S, Piamjariyakul U, Smith CE. “Comparing patient and nurse specialist reports of causative factors of depression related to heart failure,” *Perspectives in Psychiatric Care*. 2011 Apr; 47(2): 98-104. Published online Nov 3, 2010.

3. Wannamaker E, **Bowden K**, Cumbler E, Price L, Tad-y D. Improving Transitions of Care Through Follow-Up Phone Calls for Hospitalized, Elderly Patients. *Mentored Medical Student Scholarly Activity Capstone Presentation*. March 3, 2015. **Adler Mentored Scholarly Activity Scholarship Finalist**.
  4. Cumbler E, **Bowden K**, Scott S, Vestal R, Harry E, Ngov L, Patel H. In the Literature: Physician Reviews of Hospital Medicine-Related Literature. *The Hospitalist* 2015; 19:9-11.
  5. Del Pino-Jones, A, Nogar, C, Wolfe, B, Cumbler, E, **Bowden, K**, Rosenthal, L, Wimmer, K, Furfari, K. Physician Perceptions of Advanced Practice Providers on Hospitalist Teams. Accepted for publication in the *Journal of Nurse Practitioners*. Aug 2018.
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### Poster/Abstract Presentations

1. **Bowden K**, Fitzgerald S, Piamjariyakul U, Smith CE. "Patient self-report versus CNS assessment of depression in heart failure." University of Kansas Medical Center Continuing Medical Education Spring Symposium. April 2009.
2. Olson, A., **Bowden, KB**. "Under 'PRES'sure" A Case Report of PRES. Poster Presentation. Presented at Rocky Mountain Hospital Medicine Symposium. October 2014.
3. Wolfe B, **Bowden K**, Furfari K. "The Advanced Practice Fellowship, design and outcomes." Presented at the University of Colorado Academy of Medical Educators Educational Scholarship and Innovation Symposium, February 2015.
4. Cumbler E, **Bowden K**, Scott S, Vestal R, Hary E, Ngov L, Patel H. In the Literature: Physician Reviews of Hospital Medicine-Related Literature. *The Hospitalist* 2015;19:9-11.
5. **Bowden K**, Ngov L. "An Unexpected Viral Syndrome." Presented at the Society of Hospital Medicine Annual Conference, March 2015.
6. Del Pino Jones A, **Bowden, K**, Jones, C, Misky G. "Transitions program for hospitalized patients with sickle cell disease." Presented at Rocky Mountain Hospital Medicine Symposium, November 2016.
7. Del Pino Jones A, Nogar C, Furfari K, **Bowden K**, Wolfe B, Rosenthal L, Wimmer K, Cumbler E. "Physician perceptions of nurse practitioners and physician assistants on hospitalist teams." Presented at Rocky Mountain Hospital Medicine Symposium, November 2017.
8. Lorenzi F, Hassanin A, Olson A, **Bowden K**. "Creating peer-peer specific case report for advanced practice fellows." Presented at Rocky Mountain Hospital Medicine Symposium, November 2017.
9. **Bowden K**, Wolfe B. "Impact of an advanced practice fellowship on APP growth and retention rates in an academic hospital medicine group." Presented at CAP 2 Conference, November 2017.
10. Del Pino-Jones A, **Bowden K**, Jones C, Misky G. "Experiences of hospitalized patients with sickle cell disease." Society of General Internal Medicine Annual meeting, April 2018

11. Lorenzi F, Hassanin A, Olson A, **Bowden K**. "Creating peer-peer specific case report for advanced practice fellows." Presented at the Society of Hospital Medicine Annual Conference, April 2018.
12. Del Pino Jones A, Nogar C, Furfari K, **Bowden K**, Wolfe B, Rosenthal L, Wimmer K, Cumbler E. "Physician perceptions of nurse practitioners and physician assistants on hospitalist teams." Presented at the Society of Hospital Medicine Annual Conference, April 2018.
13. **Bowden K**, Wolfe B. "Impact of an advanced practice fellowship on growth and retention of faculty APPs in an academic hospital medicine group." National Nurse Practitioner Symposium, July 2018.
14. Schmidt, D, **Bowden, K**. 'Fungbelievable' – an atypical presentation of pneumonia. Presented at the Rocky Mountain Hospital Medicine Symposium, October 2018.
15. Keniston, A, Pell, J, **Bowden, K**, McBeth, L, Anthony, A, Bookman, K, Patel, H, Rodgers, J, Wimmer, K, Zwink, J, Burden, M. "Data-driven innovations to improve discharge for the medically complex hospitalized patient: development of an HER discharge readiness tool using stakeholder engagement tactics." Accepted for presentation at the Society of Hospital Medicine Annual Meeting, March 2019
16. Del Pino-Jones, A, Burden, M, Lleras, L, Campbell, S, **Bowden, K**. "Improving diversity, equity, and inclusion: a division wide program to improve diversity, equity, and inclusion in hospital medicine." Accepted for presentation at the Society of Hospital Medicine Annual Meeting, March 2019.
17. **Bowden, K**, Gallant, A, Wimmer, K, Burden, M. "Creation of APP-Physician beta practices: a necessary tool for the growing APP workforce." Accepted for presentation at the Society of Hospital Medicine Annual Meeting, March 2019.
18. Gallant, L, **Bowden, K**, Wimmer, K, Keniston, A, Burden, M. "Measuring advanced practice provider value: can advanced practice providers affect physician burnout?" Accepted for presentation and *selected as finalist for judging* at the Society of Hospital Medicine Annual Meeting, March 2019.
19. Maniates, A, **Bowden, K**. "Improving transition to practice: creation of a competency based onboarding program for hospital medicine APPs." Accepted for publication at the American Association of Physician Assistants Annual Meeting, May 2019.

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## Community Outreach

Douglas County AIDS Project Dec 2005-Dec 2007

"39<sup>th</sup> Street Crew," After school reading program volunteer Aug 2008- May 2009

KUMC World AIDS Day Awareness Activities, Program Chair December 2008

Medical Volunteer, Dominican Republic Medical Mission Trip, March 2009

Medical Volunteer, Kiseerian Clinic in Nairobi, Kenya. Jun-July 2009

9 Health Fair, Volunteer Nurse Practitioner. Various sites. 1/2011-7/2012

9 Health Fair UC Health Medical Site Coordinator. University of Colorado. 2014-2017

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