

**UNIVERSITY OF COLORADO DENVER DEPARTMENT OF PSYCHIATRY
BIOGRAPHICAL SKETCH
DO NOT EXCEED FOUR PAGES.**

NAME Yager, Joel		CURRENT POSITION Professor of Psychiatry	
CURRENT ACADEMIC RANK Professor			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
College of the City of New York, New York City, NY	BS	1957-1961	Pre-med / Biology
Albert Einstein College of Medicine, Bronx, NY	MD	1961-1965	Medicine
Bronx Municipal Ctr. AE College of Medicine	Residency	1966-1969	Psychiatry

A. ACADEMIC APPOINTMENTS, PROFESSIONAL POSITIONS, AND HONORS

Positions and Employment

1969-1971	Major, U.S. Army Medical Corps, Staff Psychiatrist U.S. Army Hospital, Fort Ord, California
1971-1972	Medical Director, University Psychiatric Clinic (University and Fifth), San Diego
1971-1973	Staff Psychiatrist, University Hospital, San Diego
1971-1973	Staff Psychiatrist, Veterans Administrative Hospital, San Diego
1971-1973	Assistant Professor of Psychiatry in Residence, University of California, San Diego
1973-1995	Staff Psychiatrist, Brentwood VA Medical Center
1973-1995	Staff Psychiatrist, UCLA Neuropsychiatric Institute
1973-1995	Director of Residency Education, UCLA (Neuropsychiatric Institute and Brentwood VA Medical Center)
1973-1977	Assistant Professor of Psychiatry in Residence, University of California, Los Angeles
1977-1983	Associated Professor Psychiatry in Residence, University of California, Los Angeles
1978-1995	Associate Chief of Staff/Residency Education, Brentwood VAMC
1981-1988	Director, UCLA Eating Disorders Clinic
1983-1995	Professor of Psychiatry in Residence, University of California, Los Angeles
1989-1995	Associate Chair for Education, Depart. of Psychiatry & Biobehavioral Sciences, UCLA School of Medicine
1995-Present	Professor Emeritus, Department of Psychiatry and Biobehavioral Sciences, UCLA School of Medicine
1995-2003	Professor & Vice Chair for Education, Department of Psychiatry, University of New Mexico School of Medicine
2003-6/2008	Professor and Vice Chair for Education and Academic Affairs, Department of Psychiatry, University of New Mexico School of Medicine
7/2008-Present	Professor Emeritus, Department of Psychiatry, University of New Mexico School of Medicine
9/2008-Present	Professor of Psychiatry, University of Colorado at Denver School of Medicine

HONORS

1958	Ward History Medal, College of the City of New York
1960	Phi Beta Kappa
1961	Jonas Salk Medical Scholarship, City of New York
1964	Alpha Omega Alpha
1968-70	Ginsburg Fellow, Group for the Advancement of Psychiatry
1982	Fellow, American Psychiatric Association
1988	American Psychiatric Association: Distinguished Psychiatrist Lecture
1989	Joseph B. Goldberger Award in Clinical Nutrition, American Medical Association
1989	George Saslow Lecturer, University of Oregon

April 1990 Distinguished Lecturer, Department of Psychiatry & Behavioral Sciences, Northwestern Univ. Med. School

1991 ANAD Award - National Association for Anorexia Nervosa and Related Disorders

1991 Hippocratic Oath Speaker, UCLA School of Medicine

Oct. 1992 Visiting Professor, Department of Psychiatry, Oregon Health Sciences University

1993 S.R. Slavson Memorial Lecturer, American Group Psychotherapy Association

1995 Southern California Psychiatric Society Outstanding Achievement Award

1995 Outstanding Achievement Award. Southern California Psychiatric Society

1995 Hall-Mercer Visiting Scholar, Institute of the Pennsylvania Hospital

1996 American Psychiatric Association- National Institute of Mental Health Vestermark Award

Mar. 1996 Visiting Professor, Department of Psychiatry, University of Hawaii School of Medicine

Apr 1997 Pfizer Visiting Professor, Department of Psychiatry, Allegheny University of the Health Sciences

1998-current Best Doctors in America – yearly listings

Nov. 1998 Distinguished Visiting Professor, Department of Psychiatry, University of California at Davis

2002 Distinguished Service Award, Academy for Eating Disorders

2001-2002 Leonard H. Weisskopf Faculty Award, Department of Psychiatry, University of New Mexico School of Medicine

Feb. 2004 Janssen Visiting Professor, Department of Psychiatry, Ohio State University

Apr. 2005 Roy T. Brophy Visiting Professor, Department of Psychiatry and Behavioral Sciences UC Davis School of Medicine

Sept.2005 Keynote Speaker. Association for Academic Psychiatry

May 2006 Marvin Miller Lifetime Achievement Award; American Association for Technology in Psychiatry

Sept 2006 Association for Academic Psychiatry, Inaugural Distinguished Life Fellow

Sept 2008 Lifetime Achievement Award, National Eating Disorders Association

Sept 2008 Visiting Professor, Brigham and Women's/Faulkner-VA Boston, Harvard University

Oct 2009 Lifetime Achievement Award, Association for Academic Psychiatry

B. TEACHING ACTIVITIES (Current at University of Colorado)

- Clinical teaching, supervision and mentoring, University of Colorado Outpatient Psychiatry Clinic
- PGY 2 core seminar – Introduction to Psychotherapy and Interpersonal Psychotherapy
- PGY 4 core seminar – History of Psychiatry
- Occasional Lectures – Cross Cultural Psychiatry
- Ph.D. Student committee: Loren Giannini, University of New Mexico

C. CLINICAL ACTIVITIES

- Staff Psychiatrist, University of Colorado Outpatient Psychiatry Clinic
- Private patients via U Colorado program- University Physicians Inc.

D. SCHOLARSHIP AND PUBLICATIONS

- **Selected peer-reviewed publications (in chronological order – from more than 200).**
- Yager J, Elliott RL, Smith N, Strauss GD, Templeton B, Thompson JW: The quality of psychiatric residency programs: The assessment of programs and options for distributing psychiatric residents in the service of health care reform. Academic Psychiatry 23:61-70, 1999.
- Yager J, Siegfried SL, DiMatteo TL: Use of alternative remedies by psychiatric patients: Illustrative vignettes and a discussion of the issues. American Journal of Psychiatry 156:1432-1438, 1999.
- Yager J: Nocturnal Eating Syndromes: To Sleep, Perchance to Eat. JAMA: 282: 689-690, 1999 citation.(Abstracted in Current Awareness in Biomedicine Biorhythms, 1999; Sheffield Academic Press, Sheffield, UK)
- Yager J, Gitlin M: Clinical manifestations of psychiatric disorders. Chapter for Kaplan H, Sadock B (eds) Comprehensive Textbook of Psychiatry VII Williams and Wilkins, Chapter 8; pp 789-823, 2000.
- Yager J (Chairperson for American Psychiatric Association work group on eating disorders practice uidelines). Practice guidelines for eating disorders - Revised. American Journal of Psychiatry January Supplement 157:1-39, 2000

- Katzman DK, Golden NH, Neumark-Sztainer D, Yager J, Strober M: From prevention to prognosis: Clinical research update on adolescent eating disorders. Pediatric Research 47: 709-12, 2000
- Rorty M, Yager J, Buckwalter JG, Rossotto E, Guthrie D: Development and validation of the parental intrusiveness rating scale (PIRS) among bulimic and comparison women. International Journal of Eating Disorders 28: 188-201, 2000.
- Rorty M, Yager J, Rossoto E, Buckwalter JG: Parental intrusiveness in adolescence recalled by women with a history of bulimia nervosa and comparison women. International Journal of Eating Disorders 28:202-208, 2000
- Rao N, Keitel A, Berman SS, Yager J, et al. Preparation, conduct, follow-up and evaluation of a department retreat. Academic Psychiatry 24:23-24, 2000.
- Yager J: Charlie. American Journal of Psychiatry 157:1753-1754, 2000.
- Escalona PR, Lewis SL, Yager J: A psychiatry primary care clinic for chronic mentally ill patients. Psychiatric Services 52:536, 2001.
- Yager J: E-Mail as a therapeutic adjunct in the outpatient treatment of anorexia nervosa: Illustrative case material and a discussion of the issues. International Journal of Eating Disorders 29:125-138, 2001.
- Yager J. Implementing the revised American Psychiatric Association practice guideline for the treatment of patients with eating disorder. Psychiatric Clinics of North America 24:185-199, 2001.
- Yager J: Using e-mail to support outpatient treatment. In Hsiung R (ed). e-Therapy: Case Studies, Guiding Principles, and the Clinical Potential of the Internet New York, W.W. Norton, 2001.
- Yager J. Preparing psychiatrists to do educational research Academic Psychiatry 25:17-27, 2001.
- Yager J, Lauriello J. Images of the mind. Seminars in Clinical Neuropsychiatry 6:79-81, 2001 (in special issue Seminars in Clinical Neuropsychiatry 6(2): Emerging neuropsychiatry of brain-behavior relationships, edited by J Yager and J Lauriello, W.B. Saunders, 2001
- Yager J. Psychotherapy for eating disorders. Encyclopedia of Psychotherapy New York Elsevier Science, 2002.
- Bailey RA, Yager J, Jenson J. The psychiatrist as clinical computerologist in the treatment of adolescents: Old barks in new bytes. American Journal of Psychiatry 159:8, 1298-1304, 2002.
- Yager J. The 2002 psychologist prescribing law in New Mexico: The psychiatrist's perspective. Maryland Medicine 3: 21-25, 45, 2002.
- Yager J, Bienenfeld D. How competent are we to assess psychotherapeutic competence in psychiatric residents? Academic Psychiatry 27:3, 174-181, 2003.
- Yager J, Kay J. Assessing psychotherapy competence in psychiatric residents: Getting real. Harvard Rev Psychiatry 11:109-112, 2003.
- Yager J. E-mail therapy for anorexia nervosa: Prospects and limitations. Eur Eat Dis Rev 11: 1-12, 2003.
- Silk KR, Yager J. Suggested guidelines for e-mail communication in psychiatric practice Journal of Clinical Psychiatry 64:799-806, 2003.
- Yager J, Bienenfeld D. How competent are we to assess psychotherapeutic competence in psychiatric residents? Academic Psychiatry 27:174-181, 2003.
- Yager J, Kay J, Mellman L. Assessing psychotherapy competence: A beginning Academic Psychiatry 27:3; 125-127, 2003.
- Yager J, Kay J. Assessing psychotherapy competence in psychiatric residents: Getting real, Harvard Rev Psychiatry 11:109-112. 2003.
- Yager J. E-mail therapy for anorexia nervosa: Prospects and limitations. Eur Eat Dis Rev 11: 1-12, 2003.
- Sierles FS, Yager J, Weissman SH. Recruitment of U.S. medical graduates into psychiatry: Reasons for optimism, sources of concern. Academic Psychiatry 4:252-259, 2003.
- Yager J. Monitoring patients with eating disorders by using e-mail as an adjunct to clinical activities. Psychiatric Services 54:1586-1588, 2003.

- Duran BM, Sanders M, Skipper, B, Waitzkin H, Malcoe LH, Paine S, Yager J: Prevalence and correlates of mental disorders among American Indian women in primary care. American Journal of Public Health 94:71-77, 2004.
- Escalona R, Achilles G, Waitzkin H, Yager J. PTSD and somatization in a women's health primary care sample. Psychosomatics 45:4; 291-296, 2004.
- Yager J, Mellman L, Ruben E, Tasman A. Should the RRC continue to mandate that residency programs demonstrate that residents have achieved competency in psychodynamic psychotherapy? A debate. Academic Psychiatry 29: 1-11, 2005. (Sept-Oct issue)
- Yager J, Andersen AE. Clinical practice. Anorexia nervosa. N Engl J Med. 2005 Oct 6 353:1481-8.
- Schindler B, Novack DH, Cohen DG, Yager J, Wang D, Shaheen NJ, Guze P, Wilderson L, Drossman DA. The impact of the changing health care environment on the health and well-being of faculty at four medical schools. Academic Medicine 2006 Jan;81:27-34.
- Yager, J., Waitzkin, H., Parker, T., & Duran, B.. Educating, training, and mentoring minority faculty and other trainees in mental health services research. Acad Psychiatry, 2007 March-Apr 31, 146-151.
- Bienenfeld D, Yager J. Issues of Spirituality and Religion in Psychotherapy Supervision. Israel Journal of Psychiatry, 2007; 44: 178-186.
- Yager J. Binge Eating Disorder: The search for better treatments. Am J Psychiatry. 2008 Jan;165:4-6.
- Rabjohn PA, Yager J. The Effects of Resident Work-Hour Regulation on Psychiatry. Am J Psychiatry. 2008 ;165:308-11.
- Manejias-Parke SG, Yager J, Apfeldorf W. Severe eating disorder initially diagnosed in a 72-year-old man. Int J Eat Disord. 2008 May; 41:376-9.
- Young T, Knepper J, Apfeldorf W, Yager J. Severe Eating Disorders in a Case of Williams Syndrome. Am J Psychiatry. 2009;166(1):25-31.
- Freedman R, Lewis DA, Michels R, Pine DS, Schultz SK, Tamminga CA, Andreasen NC, Brady KT, Brent DA, Brzustowicz L, Carter CS, Eisenberg L, Goldman H, Javitt DC, Leibenluft E, Lieberman JA, Milrod B, Oquendo MA, Rosenbaum JF, Rush AJ, Siever LJ, Suppes P, Weissman MM, Roy MD, Scully JH Jr., and Yager J. Conflict of Interest—An Issue for Every Psychiatrist. American J Psychiatry 2009 March: 166(3): 274-277.

BOOKS:

- Segal D, Yager J, Sullivan JL III (Eds.): Foundations of Biochemical Psychiatry Butterworth Publishers, 1976.
- Yager J (Ed.) Teaching Psychiatry and Behavioral Science, New York, Grune and Stratton, 1982.
- Yager J (Ed) The Future of Psychiatry as a Medical Specialty American Psychiatric Press, Inc. 1989.
- Goldston SE, Yager J, Heinicke CM, Pynoos RS, (Eds). Preventing Mental Health Disturbances in Childhood. Washington, DC: American Psychiatric Press, 1989.
- Yager J, Gwirtsman HE, Edelman CK (Eds). Special Problems in Managing Eating Disorders. American Psychiatric Press, Inc. 1992.
- Liberman RL, Yager J eds. Stress in Psychiatry, New York, Springer Pub, 1994.
- Yager J, Powers P (eds). Clinical Manual of Eating Disorders, published by American Psychiatric Press, Inc, 2008.

E. GRANTS AND CONTRACTS (Current)

NIMH 2 R25MH60288-06 Waitzkin (PI) 07/2004-07/2009 (based at the University of New Mexico)
 New Mexico Mental Health Mentorship and Education Program (MEP)
 Role: Co-Principal Investigator