

**UNIVERSITY OF COLORADO DENVER DEPARTMENT OF PSYCHIATRY  
BIOGRAPHICAL SKETCH  
DO NOT EXCEED FOUR PAGES.**

NAME Douglas K. Novins, M.D.	CURRENT POSITION Director, Native American and Telehealth Programs
CURRENT ACADEMIC RANK Associate Professor	

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)*

INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Columbia University, New York, NY	A.B	1983	History/Pre-medical
Columbia University, New York, NY	M.D.	1987	Medicine
New York University, New York, NY		1988	Internship (Rotating)
New York University, New York, NY		1991	Psychiatry (General)
University of Colorado, Denver, CO		1994	Psychiatry (Child)
University of Colorado, Denver, CO		1995	Research Fellowship

**A. ACADEMIC APPOINTMENTS, PROFESSIONAL POSITIONS, AND HONORS**

**Key Academic Appointments**

- 1990-1991 Clinical Instructor, Department of Psychiatry, New York University School of Medicine
- 1994-1995 Instructor/Research Fellow, Department of Psychiatry, University of Colorado School of Medicine
- 1995-2001 Assistant Professor, Department of Psychiatry, University of Colorado School of Medicine
- 1997-2000 Affiliated Assistant Professor, Doctoral Program in Health and Behavioral Sciences, University of Colorado at Denver
- 2001-Present Associate Professor with Tenure (2003), Department of Psychiatry, University of Colorado School of Medicine
- 2009-Present Associate Professor with Tenure, Department of Community and Behavioral Sciences, Colorado School of Public Health [secondary academic appointment]

**Key Professional Positions**

- 1997-Present Director, Circles of Care Evaluation Technical Assistance Center
- 2000-Present Postdoctoral Research Faculty, Developmental Psychobiology Research Group
- 2002-2004 Consultant (Cultural/Community Issues), National Academy of Sciences/Institute of Medicine, Committee on Developing a Strategy to Reduce and Prevent Underage Drinking
- 2006-Present Chair, Continuing Medical Education Committee, Colorado Mental Health Institute at Pueblo.
- 2006-Present Chair, Faculty Practice Committee, Department of Psychiatry
- 2008 Acting Chair, Department of Psychiatry and Behavioral Sciences, The Children's Hospital (Denver; January-June)
- 2008 Acting Head, Division of Child and Adolescent Psychiatry (January-June)
- 2009-Present Director, Native American and TeleHealth Programs
- 2009-Present Chair, Department of Psychiatry Self-Study Committee

**Selected Honors/Awards**

- 1993 Presidential Scholar Award, Innovative Service Systems Category, American Academy of Child and Adolescent Psychiatry.
- 1995 Scientist Development Award for Clinicians (K-20), National Institute of Mental Health.
- 1997 Robinson-Cunningham Award, American Academy of Child and Adolescent Psychiatry.
- 2004 Appointed to Editorial Board, Journal of the American Academy of Child and Adolescent Psychiatry.
- 2006 Dane Prugh Award for "Outstanding and Inspirational Teaching in Child and Adolescent Psychiatry," Division of Child and Adolescent Psychiatry, Department of Psychiatry, University of Colorado at Denver and Health Sciences Center.

## B. SELECTED TEACHING ACTIVITIES

- Co-Course Director, Introduction to Telepsychiatry, 2009-Present.
  - A six session, asynchronous, web-based course reviewing the use of videoconferencing to provide mental health services with a particular emphasis on serving children and adolescents.
- Evaluation Technical Assistance, Circles of Care Evaluation Technical Assistance Center, 1998-Present
  - A \$37,500,000 initiative funded by the Federal Center for Mental Health Services, Circles of Care funds 31 American Indian communities to develop strategic plans for improving their mental health services for their children and adolescents
  - Technical Assistance Presentations/Workshops at Circles of Care Bidders Conferences, Grantee and Evaluator Meetings, Webinars, and Conference Calls (3-6 hours each presentation/workshop; with
  - Technical Assistance Site Visits (1½ day visits to grantees for intensive, individualized evaluation technical assistance)

## C. SELECTED CLINICAL ACTIVITIES

- Psychiatric assessment, psychopharmacologic management, and clinical supervision, Ernie Turner Center, Cook Inlet Tribal Council, Anchorage, AK (4 hours per week)
- Clinical supervision for practitioners serving Alaska Native adolescents and adults, 2009-Present
  - Ongoing supervision of non-psychiatric substance abuse and mental health professionals (1-2 hours per week).

## D. SCHOLARSHIP AND PUBLICATIONS

### Peer Review Publications (Selected; 61 Total)

1. **Novins DK**, Harman CP, Mitchell CM, Manson SM (1996) Factors Associated with the Receipt of Alcohol Treatment Services Among American Indian Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*. 35:110-117.
2. **Novins DK**, Bechtold DW, Sack WH, Thompson J, Carter DR, Manson SM (1997) The DSM-IV Outline for Cultural Formulation: A Critical Demonstration with American Indian Children. *Journal of the American Academy of Child and Adolescent Psychiatry*. 36:1244-1251.
3. **Novins DK**, Mitchell CM (1998) Factors Associated with Marijuana Use Among American Indian Teenagers. *Addiction*. 93:1693-1702.
4. **Novins DK**, Duclos CW, Martin C, Jewett CS, Manson SM (1999) Utilization of Alcohol, Drug, and Mental Health Treatment Services Among American Indian Adolescent Detainees. *Journal of the American Academy of Child and Adolescent Psychiatry*. 38:1102-1108.
5. **Novins DK**, Beals J, Roberts RE, Manson SM (1999) Factors Associated with Suicidal Ideation Among American Indian Adolescents: Does Culture Matter? *Suicide and Life-Threatening Behavior*. 29:332-346.
6. **Novins DK**, Beals, J, Sack, WH, Manson, SM (2000) Unmet Needs for Substance Abuse and Mental Health Services Among Northern Plains American Indian Adolescents. *Psychiatric Services*. 51:1045-1047.
7. **Novins DK**, Beals J, Mitchell CM (2001) Sequences of Substance Use Among American Indian Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 40:1168-1174.
8. Spicer P, Beals J, Mitchell CM, **Novins DK**, Manson SM (2003) The Prevalence of Alcohol Dependence in Two American Indian Reservation Communities. *Alcoholism: Clinical and Experimental Research*, 27:1785-1797.
9. **Novins DK**, Barón A (2004) Indian Adolescent Substance Use: The Hazards for Progression for Adolescents Ages 14 to 20. *Journal of the American Academy of Child and Adolescent Psychiatry*, 43:316-324.
10. **Novins DK**, Beals J, Moore L, Spicer P, Manson SM (2004) Use of Biomedical Services and Traditional Healing Options Among American Indians: Sociodemographic Correlates, Spirituality, and Ethnic Identity. *Medical Care*, 42:670-679.
11. Freeman B, Iron Cloud-Two Dogs E, **Novins DK**, LeMaster PL (2004) Contextual Issues for Strategic Planning and Evaluation of Systems of Care for American Indian and Alaska Native Communities: An Introduction to Circles of Care. *American Indian and Alaska Native Mental Health Research*, 11(2):1-29.
12. **Novins DK**, LeMaster PL, Jumper Thurman P, Plested B (2004) Describing Community Needs: Examples from the Circles of Care Initiative. *American Indian and Alaska Native Mental Health Research*. 11(2):42-58.
13. Beals J, **Novins DK**, Spicer P, Orton HD, Manson SM (2004) Challenges in operationalizing the DSM-IV clinical significance criteria. *Archives of General Psychiatry*, 61:1197-1207.

14. Beals J, **Novins DK**, Whitesell NR, Spicer P, Mitchell CM, Manson SM (2005) Mental Health Disparities: Prevalence of Mental Disorders and Attendant Service Utilization of Two American Indian Reservation Populations in a National Context. *American Journal of Psychiatry*. 162:1723-32
15. Gnanadesikan M, **Novins DK**, Beals J (2005) Gender, Trauma Characteristics, and Posttraumatic Stress Disorder in a Community Sample of American Indian Adolescents and Young Adults. *Journal of Clinical Psychiatry*. 66:1176-83
16. Fickenscher A, **Novins DK**, Beals J (2006) A Pilot Study of Motivation and Treatment Completion Among American Indian Adolescents in Substance Abuse Treatment. *Journal of Addictive Behaviors*, 31:1402–1414.
17. **Novins DK**, Fickenscher A, Manson SM (2006) American Indian Adolescents in Substance Abuse Treatment: Psychiatric Diagnostic Status. *Journal of Substance Abuse Treatment*, 30:275-84.
18. Deters P, **Novins DK**, Fickenscher A, Beals J (2006) Trauma and Post Traumatic Stress Disorder Among American Indian Adolescents in Residential Substance Abuse Treatment. *American Journal of Orthopsychiatry*, 76:335–345.
19. Whitesell NR, Beals J, Mitchell CM, **Novins DK**, Spicer P, O'Connell J, Manson SM (2007) Marijuana Initiation in two American Indian Reservation Communities: Comparison to a National Sample. *American Journal of Public Health*, 97:1311-1319.
20. **Novins DK**, Beals J, Croy C, Manson SM (2008) Methods for Measuring Utilization of Mental Health Services Among American Indians. *International Journal for Methods in Psychiatric Research*, 17:159-173.

#### **Manual (Selected)**

1. **Novins DK**, Boyd M, Brotherton D, Smith S, Goldsmith K, Fickenscher A, Morse B, Hughey DR, O'Connell J, Spicer, P Fisher M (2009) *Walking On Manual of Clinical Procedures (Version 1.0)* [Clinical manual for an intervention for traumatized American Indian adolescents with substance use problems. Developed jointly with the Cherokee Nation through funding from NIMH.]

#### **Multimedia Publication (Selected)**

1. **Novins DK**, Shore J, Brooks E, Dick R (2009) Telemental Health Guide: A Resource for Developing, Implementing, and Using Mental Health Services Delivered Through the Use of Videoconferencing [interactive website]. [www.tmhguide.org](http://www.tmhguide.org)

### **E. GRANTS AND CONTRACTS**

#### **Ongoing Grants and Contracts (Selected)**

280-06-0135 (DK Novins, PI)

6/01/2009-7/15/2010

SAMHSA/Walter R McDonald and Associates

#### **Circles of Care Evaluation Technical Assistance Center**

The goals of this contract are as follows: 1) develop and coordinate the cross-site evaluation for all grantees funded through the Circles of Care IV program; 2) provide direct evaluation technical assistance to individual Circles of Care IV grantees; and 3) work cooperatively with the program technical assistance provider to coordinate evaluation technical assistance.

R01 DA022239 (DK Novins, PI)

5/15/2008-2/28/2012

NIDA

#### **Evidence-Based Practices and Substance Abuse Treatment for Native Americans**

The specific aims of this project are as follows: 1) to describe the use of specific Evidence-Based Practices (EBPs) in substance abuse treatment programs serving AI/AN communities; 2) to describe the factors associated with the decision to implement EBPs in these programs; and 3) to identify methods for more effective dissemination of EBPs to substance abuse treatment programs serving AI/AN communities.

**Role: Principal Investigator**

63078618 (DK Novins, PI)

07/01/2007-12/31/2009

SAMHSA/ Human Resources Research Organization

**Telemental Health: A Resource Guide for Policymakers, Administrators, and Consumers and Service Demonstration Program**

The deliverables for this program are as follows: 1) To develop, test, and disseminate the results of a project demonstrating the innovative use of TeleHome Care for the delivery of services to targeted rural American Indian communities; and 2) To construct and maintain a "TeleMental Health Development Guide" that addresses the needs of clinicians, program administrators, and especially consumers.

CITCIPSY (DK Novins, PI)

10/01/2006-9/30/2010

UPI Contract – Cook Inlet Tribal Council, Inc.

**TelePsychiatry Consultation and Treatment Service**

The objectives of this service are to provide psychiatric services to patients being treated at the Ernie Turner Center, a residential substance abuse treatment program for Alaska Natives, and to provide ongoing consultation and supervision of the behavioral health clinicians at this treatment program.

R34 MH077872 (DK Novins, PI)

9/21/2006-6/30/2010

NIMH

**Intervention Development for Traumatized American Indian Adolescents**

Goals are to: 1) assess the relevance, feasibility, and sustainability of potential interventions for traumatized adolescents with comorbid substance use problems who are served by the Jack Brown Center; 2) target the highest ranked interventions for subsequent development and pilot testing; and 3) describe and analyze this investigative process itself so that the methods that emerge can be used for similar intervention development efforts in AI and non-AI communities.

**Role: Principal Investigator**

05 AIH 002 (M. Sarche, PI)

9/1/2005-8/31/2010

HHS/ACF

**The National Center for American Indian and Alaska Native Head Start Research**

This project seeks to develop community-based participatory research in early childhood education in American Indian and Alaska Native communities.

**Role: Associate Director for Research Methods**

**Completed Grants and Contracts (Selected)**

K20 MH01253 (DK Novins, PI)

1/1/1995-12/31/2001

NIMH

**Comorbidity and Treatment Paths for American Indian Adolescents**

The major goals of this project are 1) Determine the effects of comorbid psychiatric disorders as well as individual, social network and service system characteristics on treatments received and treatment pathways for American Indian adolescents who receive residential substance abuse treatment. 2) Determine the effects of types of treatment received, treatment pathways, and the characteristics listed above (diagnostic, individual, social network, and organizational) on treatment outcome for this population.

**Role: Principal Investigator**

R01 AA013800 (DK Novins, PI)

9/1/2002 – 7/31/2006

NIAAA

**Alcohol Health Disparities in 2 Indian Populations**

The goal of this project was to describe disparities in the epidemiology of alcohol use and alcohol use disorders across 2 AI population-based samples of 15-54 year-olds as well as between these 2 AI samples and samples representative of the US general population.

**Role: Principal Investigator**