

# **Christopher D. Schneck, M.D.**

## **Associate Professor of Psychiatry**

**Current Position:** **Medical Director**, University of Colorado Depression Center  
**Mental Health Director**, HIV Clinic, University of Colorado Hospital

13199 East Montview Blvd, Suite 330  
Aurora, CO 80045  
O: (303) 724-4984  
Fax: (303) 724-4698  
[christopher.schneck@ucdenver.edu](mailto:christopher.schneck@ucdenver.edu)

---

### **Education**

<b>B.A.</b>	<b>Stanford University, Palo Alto</b> English Literature	1979-83
<b>M.D.</b>	<b>University of Colorado School of Medicine, Denver</b>	1986-1990
<b>Intern</b>	<b>Yale University School of Medicine, New Haven</b> Norwalk Hospital, Norwalk, CT Internal Medicine	1990-91
<b>Resident</b>	<b>Yale University School of Medicine, New Haven</b> Psychiatry	1991-94
<b>Fellow</b>	<b>Yale University School of Medicine, New Haven</b> Psychodynamic Psychotherapy/Outpatient Psychiatry	1994-95

---

### **Academic Appointments**

<b>Instructor, Psychiatry</b>	Department of Psychiatry University of Colorado School of Medicine Denver, CO	1995-97
<b>Assistant Professor, Psychiatry</b>	Department of Psychiatry	1997-2004

University of Colorado School of Medicine  
Denver, CO

<b>Associate Professor, Psychiatry</b> Department of Psychiatry University of Colorado School of Medicine Denver, CO	2004-present
<b>Associate Professor, Medicine</b> Department of Medicine University of Colorado School of Medicine Denver, CO	2011-present
<b>Associate Professor-Adjunct, Psychology</b> Department of Psychology and Neuroscience University of Colorado Boulder, CO	2010-present

---

## Hospital or Other Professional Positions

<b>Chief Resident</b> Yale New Haven Hospital, New Haven Consultation-Liaison Service/Adult Crisis Inpatient Unit Yale University School of Medicine, New Haven	1993-94
<b>Staff Psychiatrist</b> University of Colorado Hospital, Medication Clinic Denver, CO	1995-99
<b>Psychiatric Consultant</b> Internal Medicine, Primary Care Program University of Colorado Hospital/High Street Internal Medicine	1997-99
<b>Psychiatric Consultant</b> Colorado Board of Medical Examiners	ad hoc since 2002
<b>Medical Director</b> Psychiatric Acute Care Services University of Colorado Hospital	1998-99
<b>Medical Director</b> Inpatient Psychiatric Services University of Colorado Hospital	1995-2008

<b>Supervising Inpatient Attending</b> University of Colorado Hospital	1995-2008
<b>Supervising Outpatient Attending Psychiatrist</b> Psychiatry Resident Clinic University of Colorado Hospital	2002-present
<b>Associate Medical Director</b> Colorado Access/Access Behavioral Care Denver, CO	2003-09
<b>Director of Outpatient Consultation Services</b> University of Colorado Depression Center	2008-13
<b>Mental Health Team Director</b> Infectious Disease Group Practice/HIV Clinic University of Colorado Hospital	2011-present
<b>Medical Director</b> University of Colorado Depression Center	2013-present

---

## **Honors, Special Recognitions & Awards**

<b>Laughlin Foundation Resident Award</b> Outstanding Clinical Care and Scholarly Excellence Department of Psychiatry, Yale University	1994
<b>Nancy C. A. Roeske Award for Medical Education</b> Medical Student Education Award American Psychiatric Association	2000
<b>Outstanding Instructor</b> Medical Student Education Award University of Colorado School of Medicine	2002
<b>NIMH Career Development Fellowship</b> Western Psychiatric Institute and Clinic, Pittsburgh	2002
<b>Outstanding Clinical Research Poster</b> Department of Psychiatry, University of Colorado	2003

<b>World Class Care Award</b> Inpatient Psychiatry, University of Colorado Hospital	2006
<b>Distinguished Fellow</b> American Psychiatric Association	2009
<b>Eleanor A Steele Award</b> Presented by the Residency Class of 2010 in recognition of inspirational teaching and supervision Department of Psychiatry, University of Colorado	2010
<b>Psychiatry Residency Faculty Award</b> for outstanding service and education, Department of Psychiatry, University of Colorado	2012
<b>Best Doctor for Executives</b> by <i>ColoradoBiz Magazine</i>	2013
<b>Top Doctor</b> <i>5280 Magazine</i> , as selected by Denver metro physicians	2004,2005, 2009-15
<b>Best Doctors in America</b> National database of top 5% of doctors recognized by their peers	2015-16

---

## Membership in Professional Organizations

<b>American Psychiatric Association</b>	1990-present
<b>Connecticut Psychiatric Association</b>	1991-95
<b>Wilderness Medical Society</b>	1994-2005
<b>Colorado Psychiatric Association</b>	1996-present
<b>Junior Trustee</b>	2007
<b>Senior Trustee</b>	2008
<b>Secretary</b>	2009
<b>President</b>	2010

---

## Major Committee and Service Responsibilities

### National

**Board Examiner** 1997; 1999  
American Board of Psychiatry and Neurology

**Governance Task Group** 2008  
National Network of Depression Centers

**Research Domain Committee Member** 2009  
National Network of Depression Centers

**Independent Review Panel Member** 2010  
*Practice Guidelines for the Treatment of Patients with Major Depression. 3<sup>rd</sup> edition.*  
American Psychiatric Association

**Board of Directors** 2015-present  
National Network of Depression Centers

**Program Committee** 2015-present  
National Network of Depression Centers

### State

**Reviewer** 2006  
Colorado Clinical Collaborative Depression Guidelines, Medication Review Committee

**Executive Steering Committee Member** 2009-11  
Colorado Medical Society/Colorado Health Foundation overseeing dissemination grant to educate Colorado physicians about Patient Centered Medical Homes

### Departmental

**Committee Member** 1996-2001  
Hospital Training Subcommittee (oversees PGY-2 inpatient resident training)  
University of Colorado Department of Psychiatry

**UPI Department Committee** 2005-present  
University of Colorado Department of Psychiatry

## **School of Medicine**

**Committee Member** 2015-present  
Clinical Leadership Council, University of Colorado Hospital

## **Hospital**

**Committee Member** 1996-present  
Credentials Committee, University of Colorado Hospital

**Vice Chair** 2002-03  
Credentials Committee, University of Colorado Hospital

**Committee Member** 2002; ad hoc  
Nominating Committee, University of Colorado Hospital

**Committee Member** 2002; ad hoc  
Medical Staff Bylaws committee

---

## **Licensure and Board Certification**

**Diplomat, American Board of Psychiatry and Neurology**  
Certification 1995  
Recertification 2005  
Recertification 2015

**Connecticut Medical License** 1993-96

**Colorado Medical License** 1996-present

---

## **Review and Referee Work**

**Ad Hoc Reviewer**  
*The American Journal of Psychiatry* 2007-present  
*Primary Psychiatry* 2010  
*Current Psychiatry* 2011  
*Bipolar Disorders* 2013  
*Acta Psychiatrica Scandinavica* 2014  
*European Psychiatry* 2014  
*Journal of Stroke and Cerebrovascular Disease* 2014

## Invited Extramural Lectures and Presentations

### National

**What is the Best treatment for Rapid Cycling? Data from STEP-BD** 2005  
 American Psychiatric Association Annual Meeting  
 Atlanta, GA

**The Role of Medications in Adolescent Bipolar Disorder: Treating the Patient Treating the Family** 2013  
 166<sup>th</sup> Annual American Psychiatric Association Meeting  
 Symposium 133: Family Treatment of Bipolar Disorder—  
 Benefits and Barriers  
 San Francisco, CA

**Strategies for Choosing and Switching Antidepressants** 2014  
*Prescriber's Letters Voices*. Live national broadcast webinar panel discussion.

**A Pharmacologic Algorithm for Adolescents at Risk for Bipolar Disorder** 2015  
 National Network of Depression Centers Annual Meeting  
 Ann Arbor, MI

### Regional

**Psychotherapy of Chronic Depression** 2000  
 Department of Psychiatry Annual  
 Aspen Meeting, Aspen

**Current Therapies in the Treatment of Depression** 2002  
 Colorado Pharmacists Association Winter Meeting  
 Breckenridge, CO

**Newer Treatments in Rapid Cycling Bipolar Disorder** 2004  
 Nevada Psychiatric Society Meeting  
 Las Vegas, NV

**Antidepressants: The Good, the Bad and the Ugly** 2006  
 Western Colorado Area Health Education Center  
 Winter School  
 Grand Junction, CO

<b>Treating Depression in Primary Care Settings</b>	2007
Spanish Peaks Medical Conference Walsenburg, CO	
<b>Do They Really Differ? Choosing Antidepressants</b>	2007
<b>Distinguishing Between Bipolar, Unipolar &amp; Anxiety Disorders</b>	
43 <sup>rd</sup> Annual Internal Medicine Review Estes Park ,CO	
<b>New Treatment Strategies in Depression</b>	2009
Keynote Speaker, Aspen Mental Health Convocation Aspen, CO	
<b>Identifying Bipolar Disorder in Primary Care</b>	2009
<b>When the First Antidepressant Fails, What Next?</b>	
45 <sup>th</sup> Annual Medicine Review Department of Medicine, University of Colorado Estes Park, CO	
<b>Treatment of Depression in 2009</b>	2009
Keynote Speaker, Department of Psychiatry Annual Aspen Meeting, Aspen	
<b>Multiple Small Feedings for the Mind: Psychiatry Update</b>	2012
American College of Physicians Annual Meeting Colorado Springs, CO	
<b>Newer Strategies for Treating Depression</b>	2012
<b>Bipolar Disorder in Primary Care</b>	
48 <sup>th</sup> Annual Medicine Review Department of Medicine, University of Colorado Estes Park, CO	
<b>Bipolar Disorder in Primary Care</b>	2014
2014 Spring Symposium on Mental and Behavioral Health St. Mary's Hospital, Grand Junction, CO	
VA Hospital, Denver	2010
Family Practice Review Annual Meeting, Denver	2006
Pri-Med Lecture Series, Portland OR	2006
Pri-Med Lecture Series, St. Louis	2006
Family Practice Review, Estes Park, CO	2006
<b>Psychiatry Update—Insomnia, Depression, Bipolar Disorder and ADHD</b>	2015



American College of Physicians Annual Meeting  
Colorado Springs, CO

**Local**

<b>Understanding Severe Depression</b>	1997
National Alliance for the Mentally Ill Annual Meeting Colorado Chapter, Denver, CO	
<b>Understanding Bipolar Disorder</b>	1999
National Alliance for the Mentally Ill Annual Meeting Colorado Chapter, Denver, CO	
<b>Rapid Cycling Bipolar Illness</b>	2003
Fort Logan Mental Health Center Denver, CO	
<b>Update on Psychotropic Agents</b>	2004
50 <sup>th</sup> Family Practice Review Denver, CO	
<b>Current Concepts in the Diagnosis and Treatment of Bipolar Disorder</b>	2004
University of Denver, Department of Psychology Denver, CO	
<b>Understanding Bipolar Illness</b>	2005
Independent Educational Consultants Association Meeting Denver, CO	
<b>The Complex Bipolar Patient: How Rational are Adjunctive Antipsychotics?</b>	2005
Englewood, CO	
<b>Identifying Bipolar Disorder in Primary Care Settings</b>	
Rose Hospital	2009
Aurora South Hospital, Aurora, CO	2009
Presbyterian St. Luke's Hospital, Denver, CO	2009
St Mary's Hospital, Grand Junction, CO	2010
Rose Hospital, Denver	2012
<b>Treatment of Depression in 2009</b>	
Keynote Speaker, Colorado Psychiatric Society Annual Meeting Denver, CO	2009
<b>New Treatments in Bipolar Disorder</b>	2009
1 <sup>st</sup> Annual University of Colorado Depression Center Symposium	

Denver, CO

**When Depression Isn't Depression: Identifying Bipolar Disorder and Other Mood Disorders in Primary Care** 2010

American Academy of Family Physicians Scientific Assembly  
Denver, CO

**Debate: Have We Over-Sold the Effectiveness of Antidepressants** 2012

With Dr. Jonathan Shedler  
Colorado Psychiatric Society Spring Meeting  
Denver, CO

**The Neurobiology of Psychiatric Disorders: Depression** 2014

Neurology and Neuropsychiatry Conference  
Denver, CO

**Depression and Epilepsy** 2014

Epilepsy and Stroke Conference  
Denver, CO

**Deciphering Teen Behavior: Understanding the Landscape** 2014

Presentation and panel Discussion  
Denver, CO

**Media Appearances**

**Interview on bipolar disorder.** May 7, 2011

KMGH-TV, Denver, CO.

**Interview on adolescent bipolar disorder** Oct. 11, 2013

KUSA-TV, Denver, CO

**The Depression symptom you might miss.** Dec, 2013

Online article in *Men's Health* magazine, by Rachel Schultz, from an interview with **Schneck CD**.

---

**Teaching** (all lectures 1 hour unless otherwise indicated)

**Grand Rounds**

**Sexual Side Effects of Antidepressants** 1997

Department of Psychiatry, University of Colorado

<b>Rapid Cycling Bipolar Disorder</b>	2003
Department of Psychiatry, University of Colorado	
<b>Jeopardy Grand Rounds</b> (annual event)	2004-2014
Residents vs Attendings	
Department of Psychiatry, University of Colorado	
<b>The Prospective Course of Rapid Cycling: Data from STEP-BD</b>	2008
Department of Psychiatry, University of Colorado	
<b>Debate: Have We Oversold the Effectiveness of Antidepressants?</b>	2012
With Dr. Jonathan Shedler	
Department of Psychiatry, University of Colorado	
<b>Treatment of Depression in ALS and Glioma</b>	2013
Department of Neurology Grand Rounds, University of Colorado	
<b>Treatment Strategies for Adolescents at-Risk for Bipolar Disorder</b>	2015
Co-presenter Dr. Aimee Sullivan	
Department of Psychiatry	
Denver, CO	
<b><u>Medical Student Lectures</u></b>	
<b>Introduction to Mood disorders</b>	2009-present
2 <sup>nd</sup> Year Medical Student Nervous System block series	
<b>Antidepressants, anti-manic agents and mood stabilizers</b>	2009-present
2 <sup>nd</sup> Year Medical Student Nervous System block series	
<b><u>High School Students</u></b>	
<b>Disorders in Mood</b>	2015
Camp Neuro (a 1 week course for high school students interested in careers in medicine, which takes place across the country)	
<b><u>Internal Medicine Lectures</u></b>	
<b>Treating the Difficult Patient</b>	1999
Internal Medicine Residents	
<b>Anxiety Disorders in the Primary Care Setting</b>	1999
Internal Medicine Residents	
<b>Depression in the Primary Care Setting</b>	1998-99

Internal Medicine Residents

**Neurology Residents**

**Mood Disorders in Neurologic Illness** 2002  
Neuropsychiatry Course for Neurology Residents

**Other Graduate Student Lectures**

**What a Clinical Psychologist Needs to Know about Pharmacotherapy  
for Common Mental Disorders** 2015  
Professional Issues in Clinical Psychology Course  
CU Department of Psychology and Neuroscience  
Boulder, CO

**The Neurobiology of Depression** 2008; 2010; 2012;2014  
Neurobiology of Psychiatric Disorders  
Neuroscience Graduate Program

**Psychiatry Resident Lectures** (UC School of Medicine, Department of Psychiatry)

**PGY-1**

**Introduction to bipolar disorders** 2003- present

**Treatment of Insomnia** 2003-present

**PGY-2**

**Introduction to Antipsychotics** 1997-2007

**Psychiatric Inpatient Emergencies** 1997-2007

**Inpatient Treatment of Depression** 1997-2005

**Phenomenology of Depression** 1997-98

**Inpatient Management of Eating Disorders** 1999-2005

**Mood Disorders Due to Neurologic Causes** 2004

**PGY-3**

**Introduction to Psychotherapy/Psychopharmacology** 2000- 2003

**Bipolar Depression (2 hours)** 2001-2007

**Bipolar Disorder and Pregnancy** 2001-2005

<b>Antidepressant Use (2 hours)</b>	2001-2007
<b>Antidepressants in the Outpatient Setting (2 hours)</b>	2000-2005
<b>Sexual Side Effects and Anti-depressants</b>	2000-2006
<b>Mood Stabilizers (3 hours)</b>	2000-2007
<b>Advanced Psychopharmacology Course (5- hours)</b> Bipolar Depression, Treatment Refractory Depression, Medical Marijuana, Big Pharma: Method to their Madness	2008-present
<b><u>PGY-4</u></b> <b>Understanding Maintenance of Certification</b>	2012-present
<b><u>Child Fellows</u></b> <b>On Teaching</b> Lecture to Child Fellows on Teaching techniques	2013-4
<b>Bipolar Disorder: Phenomenology in Children and Adolescents</b>	2016
<b><u>Course Directorships</u></b>	
<b>PGY-2 Psychiatry Resident Friday Inpatient Conference</b>	1997- 2001
<b>PGY-2 Hospital Psychiatry Course</b>	1998-2007
<b>Co-Director, PGY-3 Psychotherapy/Psychopharmacology Course</b>	2000-02
<b>PGY-3 Advanced Psychopharmacology Course</b>	2008-present
<b><u>Ward/Clinic Attending Duties</u></b>	
<b>PGY-2 Inpatient Resident Supervision, 24 hours/week</b>	1995-2008
<b>Medical Student Supervision Inpatient Unit, 24 hours/week</b>	1995-2008
<b>PGY-2, -3 &amp; -4 Outpatient Clinic Supervision, 16 hours/week</b> Also supervise 3 <sup>rd</sup> and 4 <sup>th</sup> year Medical Students, Social Work Interns	2004-present
<b>PGY-4 Individual Weekly supervision, 1 hour/week</b>	1995-2001
<b>PGY-3 Individual Supervision, 1 hour/week</b>	2008-present

**PGY-3/4 Research Elective Supervision, 4 hours/week** 2008-present  
Research elective on NIMH R01 Study examining Family-Focused  
Therapy in youth with bipolar disorder

**PGY-3 Elective in the UCH ID/HIV Clinic, 4 hours/week** 2010-present  
3<sup>rd</sup> Year elective working with HIV patients with comorbid psychiatric  
illness

### **Mentorship**

Dissertation committee member for **Christopher Hawkey, MA** (PhD expected 2016) at  
CU Boulder, Department of Psychology and Neuroscience.

Dissertation committee member for **Andrea Pelletier-Baldelli, MA** (Phd expected 2016)  
CU Boulder, Department of Psychology and Neuroscience

---

### **Clinical Trials**

**Relapse rates in outpatients treated with Risperdal versus Haldol** 1996  
Co-Investigator  
Janssen Pharmaceuticals

**Double-blind, placebo controlled study of M100907I in schizophrenic and  
schizoaffective patients** 1997  
Site Principal Investigator  
Hoescht Marion Roussel

**Aripiprazole in schizophrenic and schizoaffective patients** 1997  
Co-investigator  
Otsuka Corporation

**Suicide risk in patients taking Clozaril/Leponex vs. olanzapine** 1998  
Co-Investigator  
Eli Lilly Research Laboratories

**Olanzapine added to mood stabilizers in the treatment of bipolar disorder** 1998  
Co-Investigator  
Eli Lilly Research Laboratories

**Iloperidone for schizophrenia** 1999  
Co-Investigator

Novartis Pharmaceuticals Corporation

<b>Aripiprazole vs. Perphenazine in the treatment of patients with treatment-resistant Schizophrenia</b>	2000
Co-Investigator Bristol-Myers Squibb	
<b>Safety and efficacy of Depakote as combination therapy in the treatment of psychosis associated with schizophrenia</b>	2000
Co-Investigator Abbott Labs	
<b>Efficacy of rapid initial dose escalation of olanzapine to treat acute behavioral agitation in schizophrenia and bipolar disorder</b>	2000
Co-Investigator Eli Lilly Research Laboratories	
<b>Aripiprazole in treatment-resistant schizophrenia</b>	2001
Co-Investigator Bristol-Myers Squibb	
<b>Risperidone vs. Placebo or divalproex sodium in the treatment of manic or mixed episodes associated with bipolar I disorder</b>	2001
Co-Investigator Janssen Pharmaceuticals	
<b>9-week, open-label, multi-center trial of risperidone in the treatment of manic or mixed episodes associated with bipolar I disorder</b>	2001
Co-Investigator Janssen Pharmaceuticals	
<b>Efficacy of long-acting Risperdal injection</b>	2001
Co-Investigator Janssen Pharmaceuticals	
<b>A double-blind, randomized study comparing IM olanzapine depot with placebo in the treatment of schizophrenia</b>	2004
Co-Investigator Eli Lilly Research Laboratories	
<b>Cataractogenic potential of quetiapine and risperidone in the long-term treatment of patients with schizophrenia or schizoaffective disorder</b>	2004-06
Co-investigator Astra-Zeneca	

**Multi-center, randomized, double-blind placebo controlled study of aripiprazole in the treatment of acutely manic patients with bipolar I disorder** 2005-07

Co-Investigator  
Bristol-Myers Squibb

---

## **Grant Support**

### **Current Funding**

#### **Family-Focused Therapy as Early Intervention for Youth at-Risk Bipolar Disorder**

Principal Investigators: Miklowitz DJ, Chang KD

5-year, 3-site (UCLA, Stanford, Colorado) randomized controlled trial examining the efficacy of FFT for youth at-risk for bipolar disorder vs. treatment-as-usual condition.

Role: Site Principal Investigator (Colorado); effort 15%

NIMH 1 R01 MH093676

Direct Costs \$ 665,924

3-Site NIMH R01 Study

Dates: 3/2012-12/2016

#### **Crown Family Philanthropies Foundation grant to study families with bipolar Disorder**

Principal Investigator: **Schneck, CD**

Funding to study bipolar patients and their family needs, in order to improve care in our clinic and in the community.

Role: Principal Investigator; effort 5-10%

Direct Costs: \$150,000

2012-2015

#### **Ryan White/Denver Office of HIV Resources Mental Health Service Grant**

Yearly clinical-care grant to deliver mental health care to uninsured HIV patients with comorbid psychiatric illness.

Role: Mental health director/Psychiatrist; effort 10-20%

Ryan White/Denver Office of HIV Resources

Direct costs \$59,447 (partial award for 2015)

Dates: 2014-2015

### **Prior Funding**

#### **Bristol-Myers Squibb unrestricted educational grant**

This grant was given to me after BMS had initially agreed to fund my investigator-initiated study of buspirone in the treatment of SSRI-induced sexual side effects, but later pulled the study-funding due to patent-expiration issues.



Direct Costs: \$5000

Date: 1997

### **Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD)**

Principal Investigator: Sachs, G

5-year, national, multi-site NIMH effectiveness study of bipolar patients.

Role: Investigator; 10-20% effort

National Institute of Mental Health (N01MH800001 & MH62555)

Dates: 2001-05

### **Family-Focused Psychoeducation for Bipolar Adolescents**

Principal Investigator: Miklowitz, DJ

Treatment development study to develop and standardize a version of FFT that is sensitive to developmental requirements of adolescents with bipolar disorder.

Role: Co-Investigator; 15% effort

National Institute of Mental Health (NIMH R21-MH62555-02)

Direct costs: \$375,000

Dates: 7/2001-6/2005

### **Family-Focused Therapy (FFT) for Bipolar Adolescents**

Principal Investigator: Miklowitz, DJ

A 3-site (Colorado, Pittsburgh, Univ of Cincinnati), randomized controlled trial examining the efficacy of FFT + medications vs. enhanced care + medications for adolescent bipolar disorder.

Role: Co-Investigator; effort 20%

National Institute of Mental Health (NIMH R01-MH073871-02)

3-site R01 study (Colorado, Pittsburgh, Univ of Cincinnati)

Dates: 7/2006-4/2011

### **Family-Focused Therapy as Early Treatment for Youth at Risk for Bipolar Disorder**

Principal Investigator: Miklowitz DJ

Co-investigator; effort 15%

National Institute of Mental Health (NIMH 1-R34 MH077856-01)

2-Site R34 Study (Stanford, Colorado); Miklowitz & Chang PIs

Dates: 4/2007-2/2010

### **Ryan White/Denver Office of HIV Resources Mental Health Service Grant**

Yearly clinical-care grant to deliver mental health care to uninsured HIV patients with comorbid psychiatric illness.

Role: Mental health director/Psychiatrist; effort 10-20%

Ryan White/Denver Office of HIV Resources

Direct costs 2011: \$70,909

Direct costs 2012: \$85,692

Direct costs 2013: \$92,863  
Direct costs 2014: \$84,915

---

## Bibliography

### Peer-Reviewed Articles

1. **Schneck CD**. St. John's Wort and hypomania. *J Clin Psychiatry* 1998; 59:12; p 689.
2. **Schneck CD**, Thomas MT, Gundersen D. Sexual side effects from valproate: a report of 4 cases. *Journal of Clinical Psychopharmacology*, vol 22, No. 5, 2002; pp 532-534.
3. **Schneck CD**, Miklowitz DJ, Calabrese JR, Allen MH, Thomas MR, Wisniewski SR, Miyahara S, Shelton MD, Ketter TA, Goldberg JF, Bowden CL, and Sachs GS. Phenomenology of Rapid Cycling Bipolar Disorder: Data from the First 500 Participants in the Systematic Treatment Enhancement Program for Bipolar Disorder. *Am J Psychiatry*, 2004; 161:10; 1902-1908.
4. Miklowitz DJ, George EL, Axelson DA, Kim EY, Birmaher B, **Schneck CD**, Beresford C, Craighead WE, and Brent DA. Family-Focused Treatment for Adolescents with Bipolar Disorder. *J Affective Disorders* 2004 82S; S113-S128.
5. **Schneck CD**, Miklowitz DJ, Miyahara S, Araga M, Wisniewski SR, Gyulai L, Allen MH, Thase ME, Sachs GS. The Prospective Course of Rapid Cycling Bipolar Disorder. *Am J Psychiatry*, 2008; vol 165(3): 370-77.
6. Miklowitz DJ, Axelson DA, Birmaher B, George EL, Taylor DO, **Schneck CD**, Beresford CA, Dickinson M, Craighead WE & Brent DA. Family-focused treatment for adolescents with bipolar disorder: results of a 2-year randomized trial. *Archives of General Psychiatry*, vol 65 (no. 9): 1053-1061, 2008.
7. Miklowitz DJ, Axelson DA, George EL, Taylor DO, **Schneck CD**, Sullivan AE, Dickinson LM, Birmaher B. Expressed Emotion Moderates the Effects of Family-Focused Treatment for Bipolar Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 48(6): 648-51, 2009.
8. Miklowitz DJ, Chang KD, Taylor DO, George EL, Singh MK, **Schneck CD**, Dickinson LM, Howe ME, Garber J. Early psychosocial intervention for youth at risk for bipolar I or II disorder: a one-year treatment development trial. *Bipolar Disorders*, 2011, 13: 67-75.

9. Miklowitz, DJ, **Schneck, CD**, Singh, MK, Taylor, DO, George, EL, Cosgrove, VE, Howe, ME, Dickinson, LM, Garber, J, & Chang, KD. Early intervention for symptomatic youth at risk for bipolar disorder: a randomized trial of family-focused therapy. *Journal of the American Academy of Child and Adolescent Psychiatry*, vol 52, no.2, 2013: 121-131.
10. Miklowitz, DJ, **Schneck, CD**, George, EL, Taylor, DO, Sugar, CA, Birmaher, B, Kowatch, RA, DelBello, MP and Axelson, DA. A 2-Year Trial of Pharmacotherapy and Family Focused Treatment for Adolescents with Bipolar I and II Disorders. *Am J Psychiatry*, 2014; 171: 658-667.
11. Shore, J, Vo, A, Yellowlees, P, Waugh, M, **Schneck, CD**, Nagamoto, H, Thomas, M. Antipsychotic Induced Movement Disorder: Screening Via Telemental Health. *Telemedicine and E Health*, 2015; in press.

### **Book Chapters**

1. Thomas MT, **Schneck CD**. Treatment resistant depression. In *Psychiatric Secrets*, 2<sup>nd</sup> edition. Jacobsen and Jacobsen, eds. Hanley and Belfus, Inc, Philadelphia, 2000.
2. Rothberg B & **Schneck CD**. Anxiety and Depression. In *Textbook of Family Medicine, 8<sup>th</sup> Edition*, Chapter 47, p 1060-1077. Rakel R and Rakel D. Elsevier Press, Philadelphia, 2011.
3. Rothberg B & **Schneck CD**. Anxiety and Depression. In *Textbook of Family Medicine, 9<sup>th</sup> Edition*, Chapter 47. Rakel R and Rakel D. Elsevier Press, Philadelphia, In Press.

### **Invited Articles**

1. **Schneck CD**, Buzan R. Mood disorders in Neurological Illness. *Current Treatment Options in Neurology*, vol 2, No. 2, 2000; pp 151-168.
2. Buzan RD, Shore JH, O'Brien C, **Schneck CD**. Obsessive-Compulsive Disorder and Tourette's Syndrome. *Current Treatment Options in Neurology*, vol 2, No. 2, 2000; pp 125-139.
3. **Schneck CD**. Bipolar disorder in neurological illness. *Current Treatment Options in Neurology*. Vol 4 (6), 2002; pp 477-486.

4. **Schneck CD**, Allen MH, Shelton MD, Calabrese JR. Current concepts in rapid cycling bipolar disorder. *Current Psychosis and Therapeutics Reports: Bipolar disorders*. Vol. 1 (2), 2003: pp 72-8.
5. Altman LS and **Schneck CD**. Draw a bead on rapid cycling with specific therapies. *Current Psychiatry*. November, 2004 Vol. 3, no. 11, pp 13-22.
6. **Schneck CD**. STEP-BD—A Clinical View. Treatment of Rapid Cycling Bipolar Disorder. *J Clin Psych*. 67; Supplement 11; pp 22-27 2006

### **Reviews**

1. Gelenberg AJ, Freeman MP, Markowitz JC, Rosenbaum JF, Thase ME, Trivedi MH, Van Rhoads RS. Independent Review Panel: Reus VI, DePaulo, Jr. JR, Fawcett JA, **Schneck CD**, Silbersweig DA. *Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition*. Work Group: *American Journal of Psychiatry*, 167 (10), 2010.

### **Editorials**

1. **Schneck, CD**. Mixed depression: the importance of re-discovering sub-types of mixed mood states. *Am J Psychiatry* 166 (2): 127-130, 2009.
2. **Schneck, CD**. Bipolar phenomenology: Have We Learned All We Can Learn? Editorial, *Am J Psychiatry* 168 (1) :4-6, 2011.

### **Letters to the Editor**

1. **Schneck CD**, Miklowitz DJ & Allen MH. Response letter to Drs. Benazzi and Goldberg. *Am J Psychiatry* 165(8): 1049, 2008.
2. **Schneck CD**, Miklowitz DJ & Allen MH. Response letter to Dr. Bhattacharyya and colleagues. *Am J Psychiatry* 166 (3): pp 370-371, 2009.
3. Miklowitz DJ, **Schneck CD**, Birmaher B, DelBello MP & Axelson DA. Response letter to Dr. Parikh. *Am J Psychiatry*, 2014; 171: 1335-36.

### **Scientific Abstracts/Posters (Competitive)**

1. Miklowitz DJ, George EL, Kim EY, Mullen K, **Schneck CD**, Beresford C, Axelson D and Birmaher B. Treating the Family of the Bipolar Adolescent: Results from an Open Trial of Family-Focused Psychoeducation. November, 2003. (Poster) [need meeting]
2. **Schneck CD**, Miklowitz DJ, Calabrese JR, Allen MH, Thomas MR, Wisniewski SR, Miyahara S, Shelton MD, Ketter TA, Goldberg JF, Bowden CL, and Sachs GS. Phenomenology of Rapid Cycling Bipolar Disorder: Data from the First 500

Participants in the Systematic Treatment Enhancement Program for Bipolar Disorder. *Bipolar Disorders* 2003: Suppl 1, vol. 5. (Poster)

3. Kim, EY, Miklowitz, DJ, George, EL, Taylor, D, Mullen, K, Goldstein, T, **Schneck, C**, Beresford, C, Axelson, D, & Birmaher, B. Family educational treatment of adolescent bipolar disorder. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology, 2003, Oct. Toronto, Canada. (Poster)
4. Kim, EY, Miklowitz, DJ, George, EL, Taylor, D, Mullen, K, Goldstein, T, **Schneck, C**, Beresford, C. Life stress and the course of early-onset bipolar disorder. Poster presented at the 37<sup>th</sup> Annual Association for the Advancement of Behavior Therapy conference, Nov. 2003, Nov. Boston, MA. (Poster)
5. **Schneck CD**, Miklowitz DJ, Miyahara S, Wisniewski SR and Sachs GS. A Prospective Study of Bipolar Patients from the STEP-BD Project. American Psychiatric Association Annual Meeting, May, 2005. Atlanta, GA. (Poster)
6. Allen MH, Goldberg JF, **Schneck CD**, Bowden CL, Dickinson M, Swann A & Sachs GS. Outcome of antidepressant treatment for bipolar depression under open versus randomized double-blind conditions in STEP-BD. American Psychiatric Association Annual Meeting, May, 2008. Washington, DC. (Poster)
7. **Schneck CD**, DelBello MP, Axelson DA, Kowatch RA & Miklowitz DJ. Physician Concordance with a Medication Treatment Algorithm for Adolescent Bipolar Disorder. 9<sup>th</sup> Annual International Conference On Bipolar Disorders. June, 2011. Pittsburgh, PA. *Bipolar Disorders*, vol 13, Supp. 1, 2011, p. 86. (Poster)
8. Taylor DO, Millman ZB, Hawkey CB, **Schneck CD**, Miklowitz DJ. Response to Stress: Associations with Mood Symptoms in Youth at risk for Bipolar Disorder. 10<sup>th</sup> Annual International Conference on Bipolar Disorders, June, 2013. Miami, FL. (Poster)
9. **Schneck CD**, Singh MK, Chang KD, DelBello MP, Miklowitz DJ. A pharmacologic algorithm for youth at risk for bipolar disorder. 17<sup>th</sup> Annual Conference of the International Society for Bipolar Disorders, June, 2015. Toronto, Canada. (Poster)

### **Other Products of Scholarship**

1. **Schneck CD.** Current concepts in diagnosing and treating rapid cycling bipolar disorder. Web-based CME lecture. *Journal of Clinical Psychiatry*, 2005.