

Marc H. Grushan, M.D.

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WORK EXPERIENCE

Capstone Risk Adjustment Services (a subsidiary of Tabula Rasa Healthcare), Moorestown, NJ
Physician Consultant 10/2023 - present
I work within a team of physician consultants, providing continuing education on diagnosis, documentation and optimizing revenue to practices working within value based, risk adjustment models of care.

TRU PACE, Lafayette, CO 1/2021 – 9/2023
Medical Director 4/2021 – 9/2023
TRU PACE (Program of All Inclusive Care for the Elderly) is a not-for-profit Medicare Part C geriatric program. Their interdisciplinary team (IDT) provides primary care and social support to highly complex seniors. I led a primary care team, managing patients in the clinic, home, long term care and subacute rehab settings. I monitored resource utilization (ER visits, admissions, SNF use, pharmacy costs) and helped us adjust our delivery system design to reduce over-utilization without compromising quality of care and patient satisfaction. I also made certain our policies and procedures were compliant with CMS regulations.

InnovAge Thornton Pace, Thornton, CO 2014 – 2020
Center Medical Director 2018 - 2020
InnovAge is a geriatric program that serves the same population as TRU, but within a larger for-profit national enterprise.

Physician House Calls, Wheat Ridge, CO 2010 – 2014
I served as primary care physician to frail, elderly individuals, in the home and at assisted living facilities. Partnering with nurse practitioners, we coordinated all aspects of their home health care, maximizing their ability to remain at home, including at the end of life. During this tenure, from 2011-12 I served as assistant medical director for Sol Amor and Compassionate Hospice agencies.

University of Colorado Department of Family Medicine, Denver, CO 2005 – 2010
Rose Family Medicine Residency, Denver, CO
Assistant Professor and Associate Director for Education
Responsibilities included direct patient care, as well as resident teaching. I taught all aspects of family medicine, including diagnosis, treatment, safe prescribing, and working within the larger health care system. I was the faculty advisor to a subset of the residents. I also oversaw maintenance of the residency's curriculum, and created a novel chronic pain management curriculum, which became a national model.

People's Clinic, Boulder, CO 1995 – 2005
Medical Director 2004 – 2005
At this federally qualified community health center, my responsibilities included full spectrum primary care to underserved families. As Medical Director, responsibilities included supervision of three family practice teams, a laboratory, a mental health team and a homeless care team. I supervised our participation in chronic care collaboratives, peer review and the clinical QI committee. I worked within several other committees improving delivery system design and developing new programs.

TEACHING EXPERIENCE

University of Colorado Department of Geriatrics – Assistant Professor 2021- present
Teach geriatric fellows and introduce them to value based models of care.

Primary Care 123 at University of Colorado School of Medicine, Preceptor
Rose Family Medicine Residency, Outpatient preceptor

1995 – 2003
1995 – 2003

NATIONAL PRESENTATIONS

- *Effective Drug Optimization Habits to Reduce Program Cost While Maintaining Quality* – a presentation at the National PACE Association annual meeting Oct 12, 2022
- *A Curriculum in Chronic Pain Management* – AAFP Residency Program Solutions conference presentation, March 30, 2009.
- *Developing a Curriculum for Chronic Pain Management* – 2009 STFM workshop, April 30, 2009.
- *A Longitudinal Curriculum in Chronic Pain Management: Meshing the Chronic Care Model with the ACGME Competencies to Improve Patient Care and Resident Education.* Poster Presentation at the National Program Directors Workshop June 2009 (1st Place).

PUBLICATIONS and PEER REVIEW

- Grushan, M. and Rollins, V. “What question set is most effective at screening chronic pain patients for potential opioid abuse?” *Evidence Based Practice*, February 2008.
- Peer review for FPIN by Gianutsos, P. “Is There a Well Tested Tool to Detect Drug Seeking Behaviors in Chronic Pain Patients?” *The Journal of Family Practice*, Vol. 57, No. 9, September 2008.
- *Chronic Pain Management. Recommended Curriculum Guidelines for Family Medicine Residents*, AAFP Reprint No. 286, Published August 26, 2008

EDUCATION

University of Colorado Family Medicine Residency, Denver, CO 1992 – 1995
Degree: Board Certification in Family Medicine

New Jersey Medical School, Newark, NJ 1988 – 1992
Degree: Doctor of Medicine

McGill University, Montreal, Quebec, Canada 1984 – 1988
Degree: Bachelor of Science in Neurobiology

HONORS / AWARDS

Colorado Academy of Family Physicians *Teacher of the Year* 2007
Richard Patt Community Preceptor Award for excellence in resident 1997, 2001
Patient Education Award at Rose Residency (created in my honor) 1995
AOA Medical Honor Society 1991

MEMBERSHIPS

American and Colorado Academy of Family Physicians 1992 – present
American Academy of Home Care Physicians 2010 – 2012
Society of Teachers in Family Medicine 2009 – 2010

BOARDS and LICENSURE

Diplomat, American Board of Family Medicine, through 2026
Colorado Medical License #32743 / NPI # 1316032071

COMMUNITY SERVICE

At *Samaritan House*, operated by the *Colorado Coalition for the Homeless*. 2005 – 2010
I supervised the residency’s monthly participation at their evening health clinic.

FOREIGN LANGUAGES

Reading and basic conversation in Spanish