

**UNIVERSITY OF COLORADO DENVER DEPARTMENT OF PSYCHIATRY
BIOGRAPHICAL SKETCH
DO NOT EXCEED FOUR PAGES.**

NAME Kelsay, Kimberly	CURRENT POSITION		
CURRENT ACADEMIC RANK			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
University of Oregon, Eugene, OR	B.S. with honors	1982-1986	Molecular Biology
McGill University, Montreal Quebec	M.D.	1988-1992	Medicine
Tufts University, Boston, MA	triple board program	1992-1995	Pediatrics and Psychiatry
Brown University, Providence, RI	triple board program	1995-1997	Pediatrics and Psychiatry
University of Colorado Health Sciences Center, Denver, CO	Clinical Fellowship	1997-1999	Infant Mental Health
University of Colorado Health Sciences Center, Denver, CO	Research Fellowship	1997-1999	DPRG Fellowship

A. ACADEMIC APPOINTMENTS, PROFESSIONAL POSITIONS, AND HONORS

Professional Experience:

1996-1997	Chief Resident Triple board Program, Brown University, Providence, RI
1997-1999	Developmental Psychobiology Research Fellow, University of Colorado Health Sciences Center, Denver, CO
1997- 1999	Clinical Instructor and Harris Fellow, University of Colorado Health Sciences Center, Denver, CO
1999-2005	Assistant Professor, Department of Psychiatry, University of Colorado Health Sciences Center, Denver, CO
1999-2005	Assistant Professor, National Jewish Medical and Research Center, Denver, CO
2005-present	Associate Professor, Department of Psychiatry, University of Colorado, Denver Associate Professor, National Jewish Health
1999-2009	Co-Director, Pediatric Day Treatment Program, National Jewish Medical and Research Center, Denver, CO
2009-present	Medical Director, Mood and Thought Disorders Program, The Children's Hospital, Denver
1999-2005	Assistant Professor, University of Colorado Health Sciences Center, Denver, CO National Jewish Health and Research Center
2005-present	Associate Professor, University of Colorado, Denver National Jewish Health

Honors, and Awards

2003	Clinician of the Year Award Department of Pediatrics, National Jewish Medical and Research Center
2004	Charles Kaufman I Award for Best Poster by Junior Faculty, Developmental Psychobiological Research Group
2009	Denver Top Doctors, 5280 Magazine

Membership in Professional Organizations

1992-1999	Member, American Academy of Pediatrics
1994-present	Member, American Academy of Child and Adolescent Psychiatry
1999-present	Member, Colorado Child and Adolescent Psychiatry Society (CCAPS)
1999-2001	Junior Counselor at Large, (CCAPS)
2001-2003	Secretary and Treasurer, (CCAPS)
2003-2004	President, (CCAPS)
2004-2005	Representative of CCAPS to Colorado Medical Society

Board Certificates

1997	Diplomate American Board of Pediatrics
2000	Diplomate American Board of Psychiatry and Neurology, Psychiatry
2000	Diplomate American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry

Major Committee and Service Responsibilities

Institutional and Departmental Committees

2001-2003	Member, Institutional Review Board, National Jewish Medical and Research Center
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C. National Service

2001-2007	Psychotherapy Committee, American Academy of Child and Adolescent Psychiatry Key responsibilities: Chair Psychotherapy Institute 2004 Annual meeting of the American Academy of Child and Adolescent Psychiatry
2005	Chair Rieger Award Judging Committee
2009-present	Vignette and Video Committee, American Board of Psychiatry and Neurology

B. TEACHING ACTIVITIES

Course Director

2000-present, Harris Infant Mental Health Fellowship Core Reading Seminar, University of Colorado Health Sciences Center. Each year this course is revised to reflect current state of knowledge across a wide range of topics in Infant Mental Health.

Grand Rounds and Faculty Lectures

1998, "Early Childhood Narratives: Collaborative Research and Prospects for Clinical Assessment"; Grand rounds, Department of Psychiatry, University of Colorado Health Sciences Center

2000, "Preschoolers in Therapy and the Stories they Tell: Engagement in Therapy and Internal Models." Developmental Psychobiological Research Group

2003, "How do Emotions get into the Airways?" Airways Forum, National Jewish Medical and Research Center.

2004, "A Critical Review of the Controversy Regarding Antidepressants and Youth: Information for All Care Providers." Grand rounds, Department of Psychiatry, University of Colorado Health Sciences Center

2004, "A Critical Review of the Controversy Regarding Antidepressants and Youth: Information for All Care Providers." Airways Forum, National Jewish Medical and Research Center

2005 "Clinical Applications of Story Stem Narratives" Grand rounds, Department of Psychiatry, University of Colorado Health Sciences Center

2006 "Early Influences and Chronic Illness: The Model of Asthma" Grand Rounds, Department of Psychiatry, Cambridge Health Alliance.

Postdoctoral Supervision:

2009-present Attending, Child Fellows in Mood and Thought Disorders Clinic

2009-present, Attending, University of Colorado, Denver Child and Adolescent Psychiatry Clinic

2002-present, Clinical Supervisor for Child Psychiatry Fellow

1999-2009 Assist in Clinical Teaching and supervision of Allergy Fellows
2003, Part of Team of Supervisors for Allergy Fellow research project
2002-2003, Clinical Supervisor, Child Psychology Clinical and Research Fellow
2002-2003, Clinical Supervisor, Child Psychology Clinical Post Doctoral Fellow
2000, Research supervisor, Masters of Social Work Student
1999, Research Supervisor, 2 Child Psychiatry Fellows

C. CLINICAL ACTIVITIES

1999-present Co-Director, Pediatric Care Unit, responsible for managing psychosocial needs of Pediatric Care Unit patients.

2003-2009 Sole Child and Adolescent Psychiatrist at National Jewish Medical and Research Center.

1999-2009 Responsible for Child and Adolescent Psychiatry consults to Pediatric Allergy/Immunology and Pediatric Pulmonary.

2002-2009 Co-Director, Anxiety and Stress and Anxiety Center. Responsible for co-running cognitive behavior therapy exposure based multifamily groups for anxious children and follow-up care.

2005-2009 Director, Program for children and adolescents with asthma and obesity. Responsible for setting up pilot program.

2009-present Medical Director, Mood and Thought Disorders Program, The Children's Hospital, Denver

D. SCHOLARSHIP AND PUBLICATIONS

Review and Referee Work

2005-present Associate Editor, *Infant Mental Health Journal*

2003-present Reviewer, *Journal of Allergy and Clinical Immunology*

1999-present Reviewer, *Journal of the American Academy of Child and Adolescent Psychiatry*

A. Refereed Journals:

- 1) von Klitzing, K., Kelsay, K., Emde, R., Schmitz, S. (2000) Gender specific characterizations of five-year-olds' play narratives and associations with behavior ratings. *Journal of the American Academy of Child and Adolescent Psychiatry*. 39 (8).
- 2) Wamboldt, M. Z., Laudenslauger, M., Wamboldt, F.S., Kelsay, K., & Hewitt, J. (2003) Adolescents with atopic disorders have an attenuated response to stress. *Journal of Allergy and Clinical Immunology*, 111, 509-14.
- 3) Kelsay, K., Hazel, N.A., & Wamboldt, M.Z. (2005). Predictors of body dissatisfaction in boys and girls with asthma. *Journal of Pediatric Psychology*, 30, 522-531.
- 4) Kean, E., Kelsay, K., Wamboldt, F.S., & Wamboldt, M.Z. (2006). Posttraumatic stress in adolescents with asthma and their parents. *Journal of the American Academy of Child and Adolescent Psychiatry*. 45(1) 78-86.
- 5) Boguniewicz M, Nicol N, Kelsay K, Leung DY. A multidisciplinary approach to evaluation and treatment of atopic dermatitis. *Semin Cutan Med Surg*. 2008 Jun;27(2):115-27. PMID: 18620133
- 6) Carel, K., Bratton, D. L., Miyazawa, N., Gyorkos, E., Kelsay, K., Bender, B., Strand, M., Atkins, D., Gelfand, E. W., Klinnert, M. D. (2008) The Atopic Dermatitis Quickscore (ADQ):

validation of a new parent-administered atopic dermatitis scoring tool. *Ann Allergy Asthma Immunol* 101(5) 500-5007.

- 7) Kelsay, K. (2009) Assessing risk: Data from montelukast clinical trials. *Ann Allergy Asthma Immunol*. 124(4) 697-698.

B. Chapters, Reviews and Invited Papers

- 1) Kelsay, K. (1998) Book Review of DC:0-3 Casebook, A Guide to the use of Zero to Three's Diagnostic Classification of mental health and Developmental Disorders of Infancy and Early Childhood in Assessment and Treatment Planning. *Infant mental Health Journal* 19(4).
- 2) Kelsay, K., and Wamboldt, M., (2001) Stress, sneeze, and wheeze-what is the relationship of asthma, allergies and depression. *Advance*, June
- 3) Kelsay, K. (2002). Utilisation clinique du jeu narratif. *Devenir*. 14, 415-24.
- 4) Robinson, J.A., Kelsay, K. (2002). Le complement d'histoires de MacArthur: un nouvel outil clinique d'evaluation. *Devenir*,14, 401-414.
- 5) von Klitzing, K., Kelsay, K., Emde, R.N. (2003) The structure of five- year- old children's play narratives within the MacArthur story stem methodology. Emde, R. N. Wolf, D., and Oppenheim, D. (Eds.), *Revealing the Inner Worlds of Young Children. The MacArthur Story Stem Battery and Parent-child Narratives*. (pp. 106-128). New York: Oxford University Press.
- 6) Kelsay K (2003) Psychological aspects of food allergy. *Current Allergy Asthma Reports*, 3(1):41-46.
- 7) Gaensbauer, T., Kelsay, K. (2008) Situational and story-stem scaffolding in psychodynamic play therapy with very young children.
- 8) Robinson, J., Bender, B., Kelsay, K. (2008) Psychological Sequella in Pediatric Asthma: Identification and Intervention.

C. Published Abstracts and papers presented at meetings. (peer review)

International

- 1) Kelsay K. (1999) The assessment of Narratives in Normal and Clinical Preschoolers. European society for Child and Adolescent Psychiatry. Paper presented at 11th International Congress, Hamburg Germany.

National

- 1) Kelsay K., von Klitzing, K. (1999) "Preschoolers Play Narratives: themes and structure across stories identifies children who may be at risk." Poster presented at Society of Research in Child Development, Albuquerque, New Mexico
- 2) Bihum, J. Wamboldt, MZ. O'lonergan, T. Kelsay, K. (2001) Test-Retest Reliability of Perception in a Resistance Load Paradigm. Proceedings of the American Thoracic Society. poster presented at American Thoracic Society Annual Meeting, San Francisco

- 3) Kelsay, K. and Wamboldt, M. (2002) Relationship between body image, anxiety, and depression in asthmatic children. Scientific Proceedings American Academy of Child and Adolescent Psychiatry. Poster presented at 49th Annual Meeting of the American Academy of child and Adolescent Psychiatry, San Francisco.
- 4) Kelsay, K., Robinson, J., Wamboldt, M. (2002) Cortisol response to acute psychological stress in children/adolescents with asthma: a pilot study. Poster presented at Developmental Psychobiology Research Group Biennial Retreat, Estes Park, Colorado.
- 5) Robinson, J., Kelsay, K., Wamboldt, M. (2002, April). Childhood anxiety disorders: The efficacy of a multifamily group, cognitive/behavioral intervention. Paper presentation at the Great Lakes Regional Meeting on Child Health Psychology. Milwaukee, Wisconsin.
- 6) Wamboldt, M., Wamboldt, F., Kelsay, K., and Kean, E. (2004) Stress, anxiety and cortisol in adolescents with asthma. Paper presented at International society for the advancement of respiratory psychophysiology annual meeting. Princeton, N.J.
- 7) Kelsay, K., Hazel, N.A., Spindler, C., and Wamboldt, M.Z. (2004) Predictors of body image in youth with asthma. Poster presented at Developmental Psychobiology Research Group Biennial Retreat, Estes Park, Colorado.
- 8) Kelsay, K., (2004) Multifamily CBT Group: A model for treating childhood anxiety disorders. Scientific Proceedings American Academy of Child and Adolescent Psychiatry. Seminar presented as part of institute, American Academy of Child and Adolescent Psychiatry Annual Meeting, Washington, DC
- 9) Kelsay, K., Aper, T. N., Klinnert, M. D., (2005) Psychosocial function and cortisol response to stress in youth at risk for atopy. Poster presented at Psychoneuroimmunology Research Society Annual Meeting, Denver, Colorado.
- 10) Kelsay, K., Carel, K., Bratton, D., Gefand E., Klinnert, K. (2006) Functional status following treatment of children with atopic dermatitis. Poster presented at American Academy of Asthma and Allergy Annual Meeting, Miami Florida.

E. GRANTS AND CONTRACTS

Grants:

“Family Focused Therapy Treatment for Bipolar Adolescents”

P.I. David Miklowitz 10% Effort

Primary objective is to compare mood episodes for adolescents receiving FFT vs. control group.

“Changing Health through Activity and Nutrition Group Education (project CHANGE)”

P. I. Kimberly Kelsay

Pilot group intervention that incorporates hands on cooking and nutrition offered by operation frontlin, with physical therapy and behavioral therapy.

Completed

“Asthma and Obesity in Underserved Youth” The obesity youth and asthma study (O-YA)

P. I. Kimberly Kelsay

Funding Source: Jessie Ball duPont Fund

The primary objective is to pilot a group intervention incorporating physical therapy, motivational interviewing techniques and nutritional education for obese, underserved youth with asthma.

“Symptom Perception in Critical Adolescent Asthma”,

P.I. Anthony Mansell 15% Effort

Funding source: NIH

The primary objective is to compare symptom perception of adolescents with critical asthma to those with non-critical asthma.

“Engagement in Therapy and Inner Models in a Traumatized Preschool Sample”

P. I. Kim Kelsay

Funding source: Developmental Psychobiological Endowment Fund.

The primary objective was to develop a tool to assess engagement in therapy in a preschool sample.

“Development in Children at Risk for Chronic Illness”

P.I. Kim Kelsay

Funding sources: Developmental Psychobiological Endowment Fund.

The primary goal was to compare parental representations of 4 year old children at risk for asthma to earlier observations of parent child interactions.

Contacts:

2009-present .33 FTE National Jewish Health